

Late-Breaking Clinical Trials and FDA Update

Moderator & Presenter

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Presenters & Discussants

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Late-Breaking Clinical Trials & FDA Update

Obesity

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ORIGINAL ARTICLE

Bariatric Surgery versus Intensive Medical Therapy for Diabetes — 3-Year Outcomes

Philip R. Schauer, M.D., Deepak L. Bhatt, M.D., M.P.H., John P. Kirwan, Ph.D.,
Kathy Wolski, M.P.H., Stacy A. Brethauer, M.D., Sankar D. Navaneethan, M.D., M.P.H.,
Ali Aminian, M.D., Claire E. Pothier, M.P.H., Esther S.H. Kim, M.D., M.P.H.,
Steven E. Nissen, M.D., and Sangeeta R. Kashyap, M.D.,
for the STAMPEDE Investigators*

ABSTRACT

BACKGROUND

In short-term randomized trials (duration, 1 to 2 years), bariatric surgery has been associated with improvement in type 2 diabetes mellitus.

METHODS

We assessed outcomes 3 years after the randomization of 150 obese patients with uncontrolled type 2 diabetes to receive either intensive medical therapy alone or intensive medical therapy plus Roux-en-Y gastric bypass or sleeve gastrectomy. The primary end point was a glycated hemoglobin level of 6.0% or less.

RESULTS

The mean (\pm SD) age of the patients at baseline was 48 ± 8 years, 68% were women, the mean baseline glycated hemoglobin level was $9.3\pm 1.5\%$, and the mean baseline body-mass index (the weight in kilograms divided by the square of the height in meters) was 36.0 ± 3.5 . A total of 91% of the patients completed 36 months of follow-up.

From the Bariatric and Metabolic Institute (P.R.S., S.A.B., A.A.), Lerner Research Institute (J.P.K.), Heart and Vascular Institute (K.W., C.E.P., E.S.H.K., S.E.N.), Urological and Kidney Institute (S.D.N.), and Endocrinology Institute (S.R.K.), Cleveland Clinic, Cleveland; and Brigham and Women's Hospital Heart and Vascular Center and Harvard Medical School — both in Boston (D.L.B.). Address reprint requests to Dr. Schauer at the Bariatric and Metabolic Institute, Cleveland Clinic, M61, 9500 Euclid Ave., Cleveland, OH 44195, or at schauep@ccf.org.

*The contributions of the authors and committee members in the Surgical Treatment and Medications Potentially Eradicate Diabetes Efficiently (STAMPEDE)

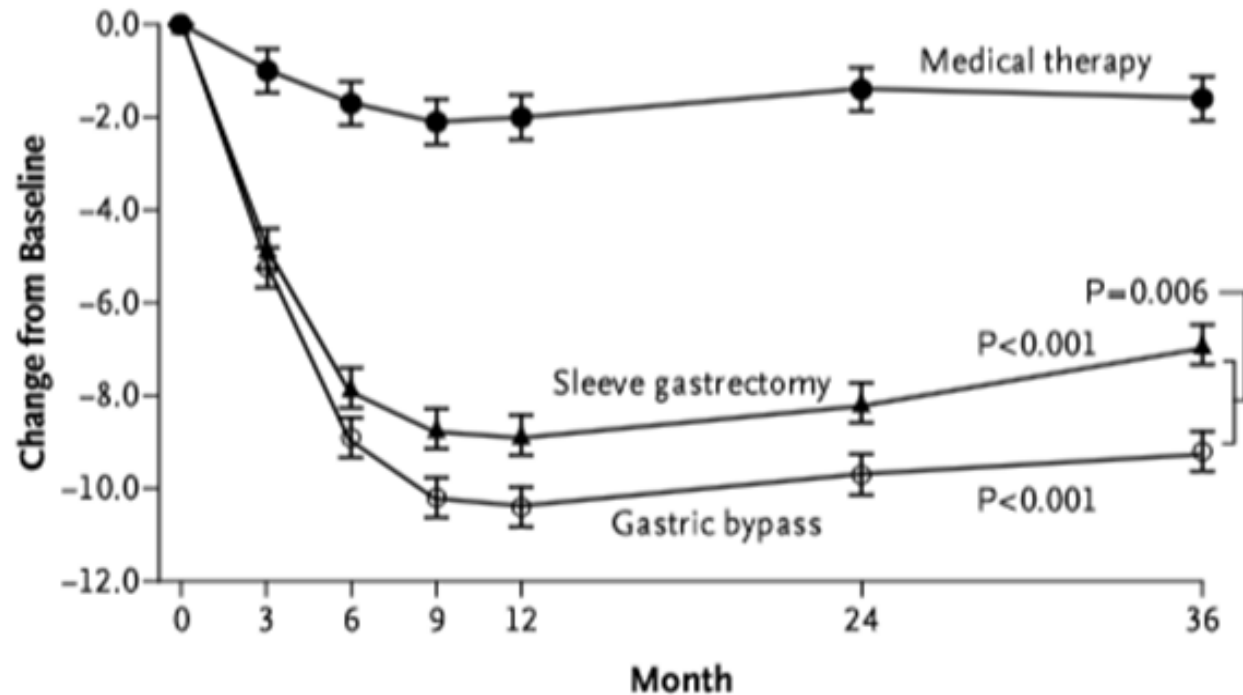
STAMPEDE:

Surgical Treatment and Medications Potentially Eradicate Diabetes Efficiently

- Primary Objective – To assess outcomes 3 years after the randomization of patients with uncontrolled T2DM ($A1c\ 9.3 \pm 1.5\%$) to either intensive medical therapy alone or intensive medical therapy + Roux-en-Y gastric bypass or sleeve gastrectomy.
 - $n = 150$ men (34%) and women (66%) at the Cleveland Clinic
 - Age: 48 ± 8 years
 - BMI: 36.0 ± 3.0 kg/m²
 - Primary endpoint: $A1c$ of $\leq 6.0\%$
 - Secondary outcomes – many

STAMPEDE:

Effect of Surgery vs. Medical Management of T2DM on BMI

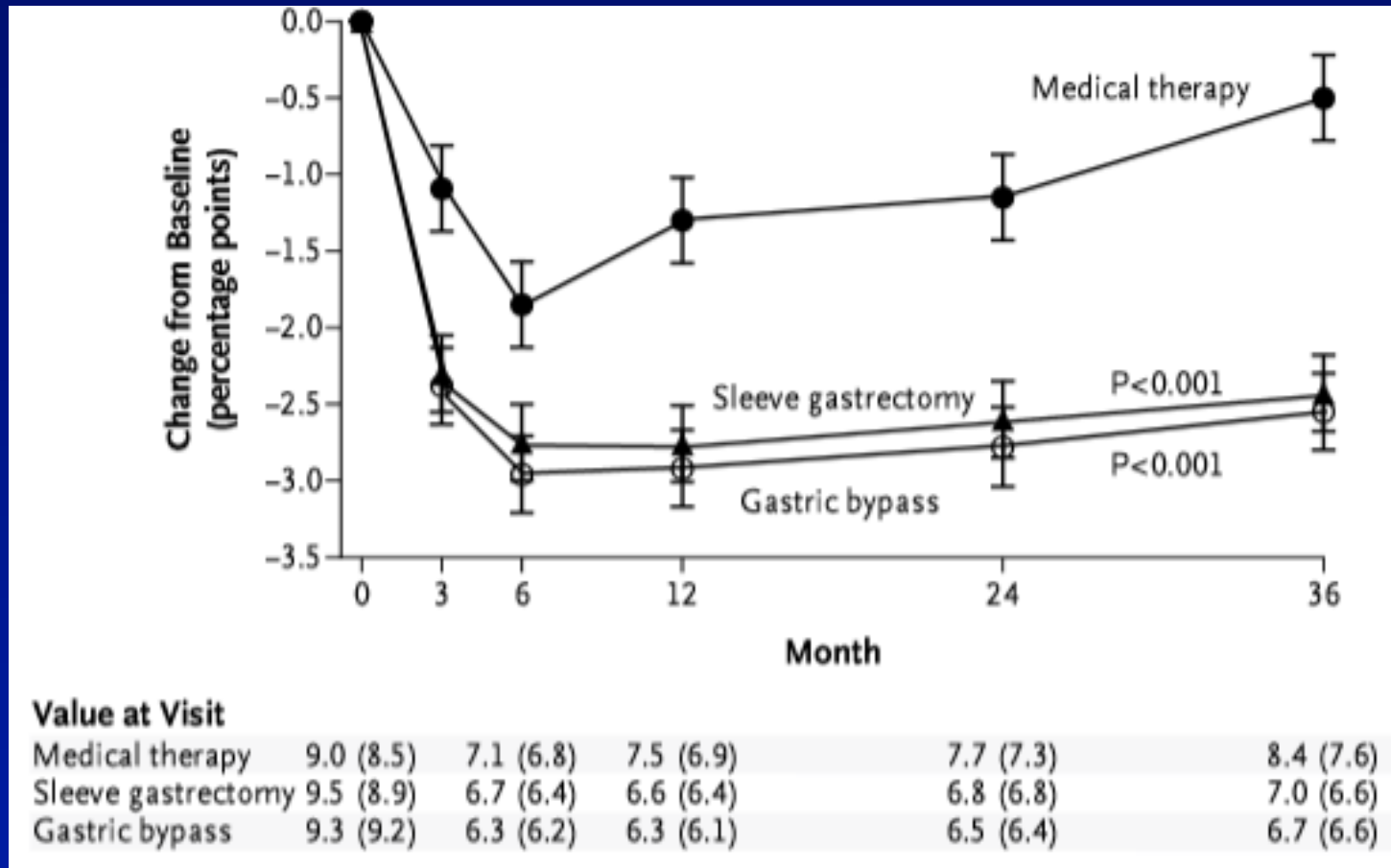


Value at Visit

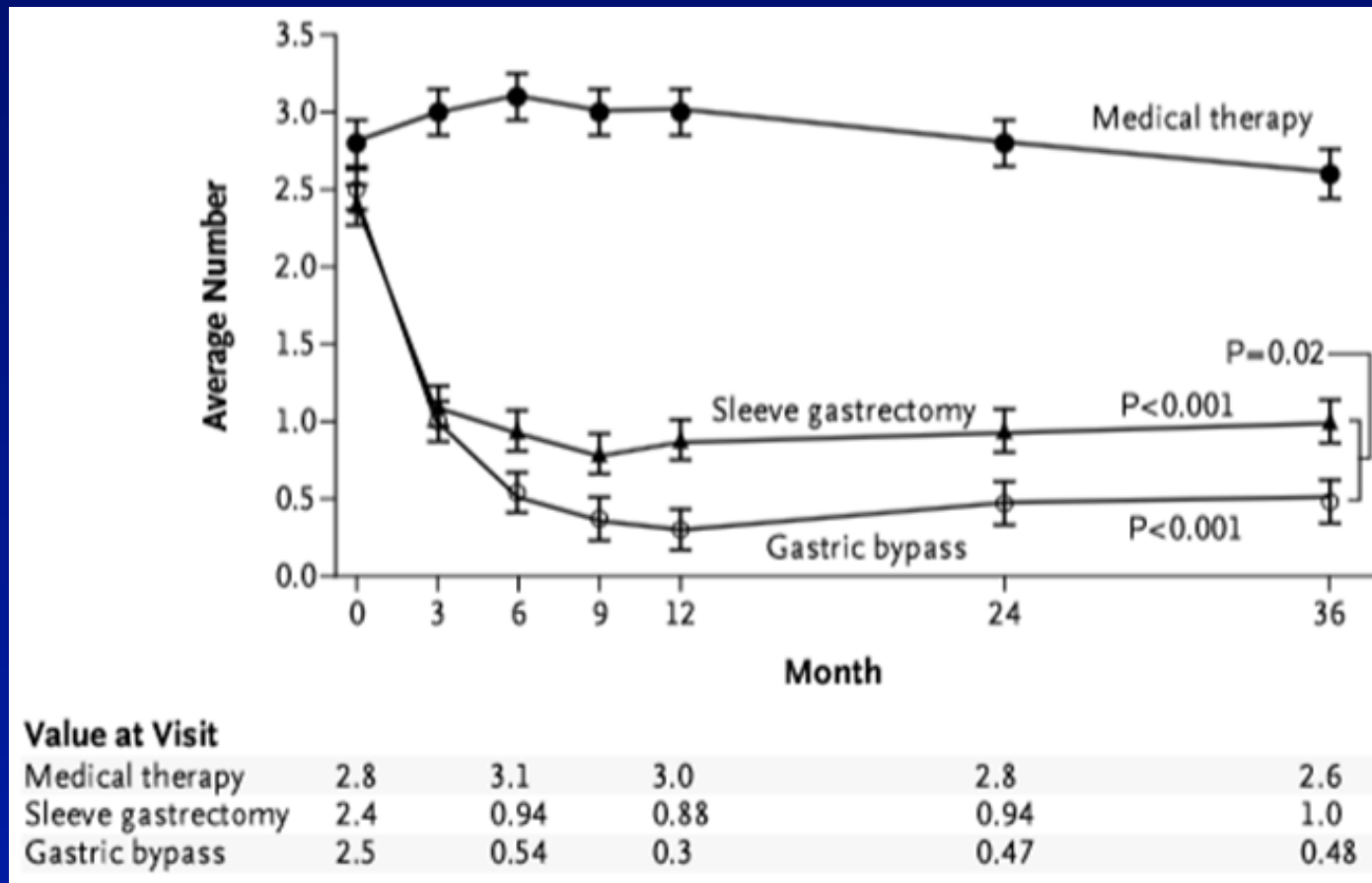
Medical therapy	36.4	34.6	34.2	35.0	34.8
Sleeve gastrectomy	36.1	28.3	27.1	27.9	29.2
Gastric bypass	37.1	28.2	26.7	27.3	27.9

STAMPEDE:


Effect of Surgery vs. Medical Management of T2DM on A1c



STAMPEDE: Effect of Surgery vs. Medical Management of T2DM on Medications



Anti-Obesity Drugs Currently Approved and Pending Approval

FDA-Approved Drug	Company	Mechanism of Action	Comments
Phentermine (Adipex, Suprenza)	Gates, Alpex	Noradrenaline/dopamine releasing stimulator	Schedule IV drug, approved 1973 for short-term use
Orlistat (Xenical) (Alli -OTC)	Roche, GSK	Pancreatic lipase inhibitor	Approved for long-term use in 1999
Phentermine/Topiramate (Qysmia) (formerly Qnexa)	Vivus	Noradrenaline releasing + modulator of γ aminobutyric acid (GABA)/ carbonic anhydrase inhibition	Approved July 2012
Lorcaserin (Belviq)	Arena Pharma	Selective 5-HT _{2C} receptor agonist	Approved June 2012
Bupropion/Naltrexone (Contrave) New!	Orexigen	Inhibitor of dopamine and noradrenaline reuptake + μ opiate antagonist	Approved September 2014
Anti-obesity Drug Pending Final Approval			
Liraglutide 	Novo Nordisk	GLP-1 agonist	Approved January 2010 for treatment of Type 2 DM; phase III for anti-obesity at higher doses Recommended for FDA Approval September 2014. Final decision is expected by Oct. 20

Novel Approaches to Weight Loss

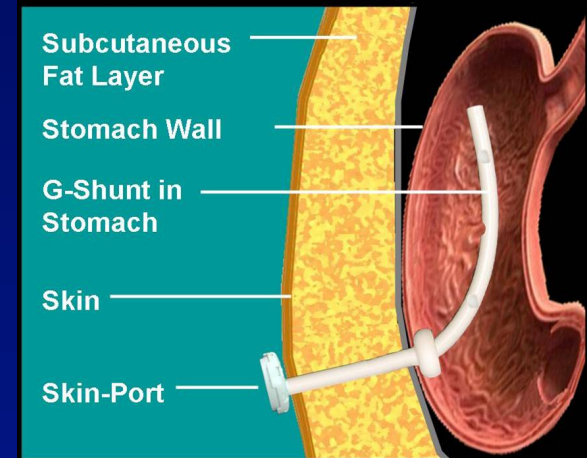
- Gastric aspiration
- Endoluminal barrier
- Gastric balloon
- Transoral gastric suturing

Novel Approaches to Weight Loss

- Gastric aspiration

Aspiration Therapy Overview

- ✓ A-shunt® implantation—outpatient 15-min endoscopic procedure, no general anesthesia
- ✓ 30 years experience with PEG tubes; 250,000/yr
- ✓ Provides “portion control” at the stomach
- ✓ Easy, aspirate stomach contents ~20-min after meal—takes ~ 5–10 minutes
- ✓ Removes 25%–30% of consumed calories
- ✓ **Lowers threshold for achieving successful weight loss, which empowers patients**
- ✓ Provides safe, gradual, and controlled weight loss, with the patient “in control”
- ✓ Counting device has limited number of aspiration cycles (115), forcing patient back to physician
- ✓ Reversible; does not preclude bariatric surgery



Clinical Experience Overview

- v Three trials to date, total of 24 obese patients (BMI 35.5–48.6 kg/m²) treated with Aspiration Therapy:
 - 3 in proof-of-principle trial in the US
 - 10 in pilot trial in Mexico
 - 11 in ongoing randomized controlled feasibility trial in the US
- v Safety confirmed by all three trials
 - Careful monitoring for electrolytes, kidney and liver function, vitamins, etc.
 - Only serious adverse event reported: buried bumper
- v Efficacy confirmed by all three trials
 - Percent of patients** losing $\geq 25\%$ excess weight loss (EWL*) at 52 wks = 94% (50% is FDA guideline)
 - Mean** %EWL* at 52 wks = 49.8% (25% is FDA guideline)
 - Mean** %WL at 52 weeks = 18.6%

US Pilot Study

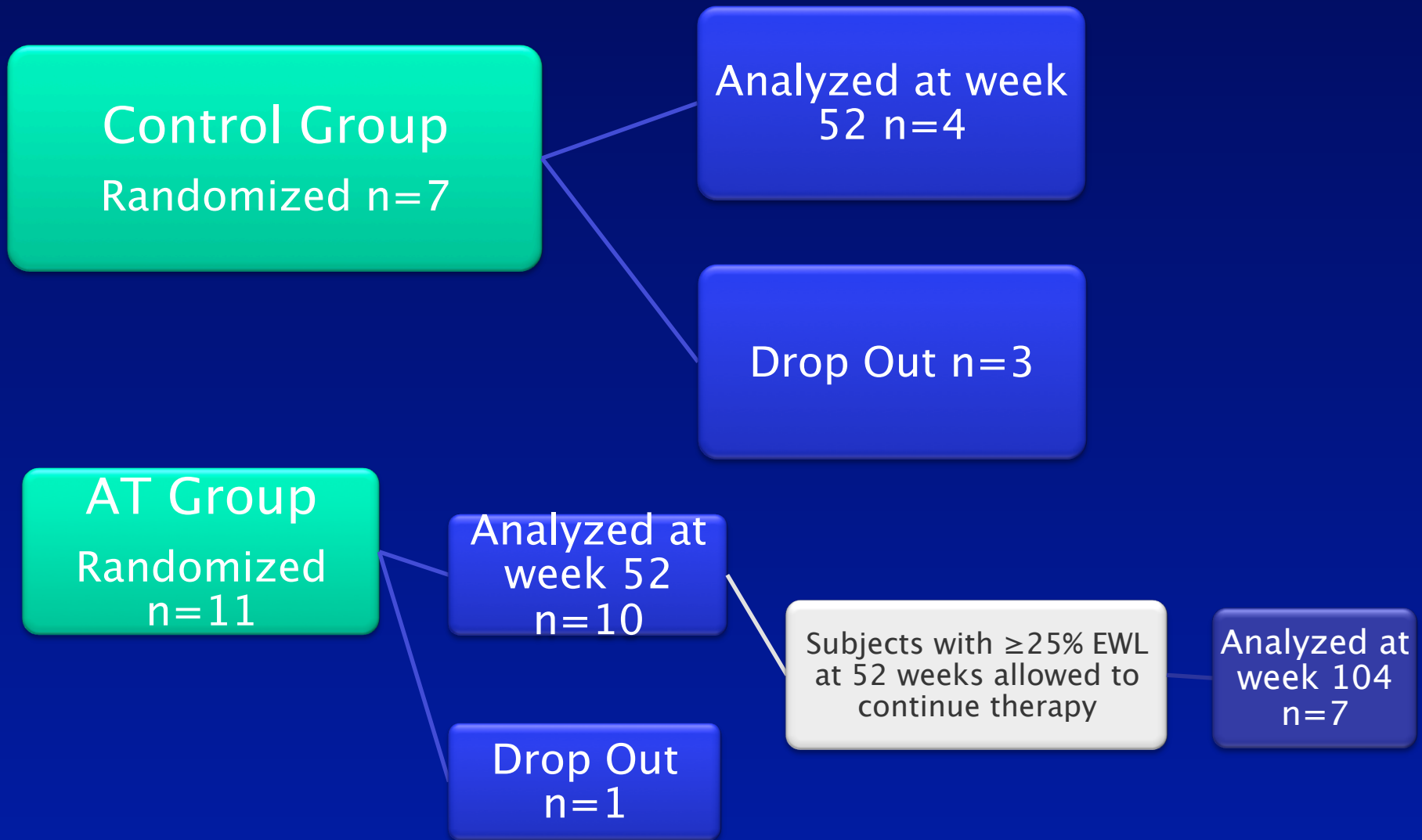
Control Group (12 months)

- 15-session diet and behavioral weight loss program
- Two Town Hall Meetings
- Multivitamin & mineral supplement

AT Group

- A-Tube placed endoscopically
- Tube conversion at 10–14 days post placement
- Subjects instructed on aspiration procedure
- Proton pump inhibitor & potassium
- 15-session diet and behavioral weight loss program
- Two Town Hall meetings
- Multivitamin & mineral supplement

US Pilot Study



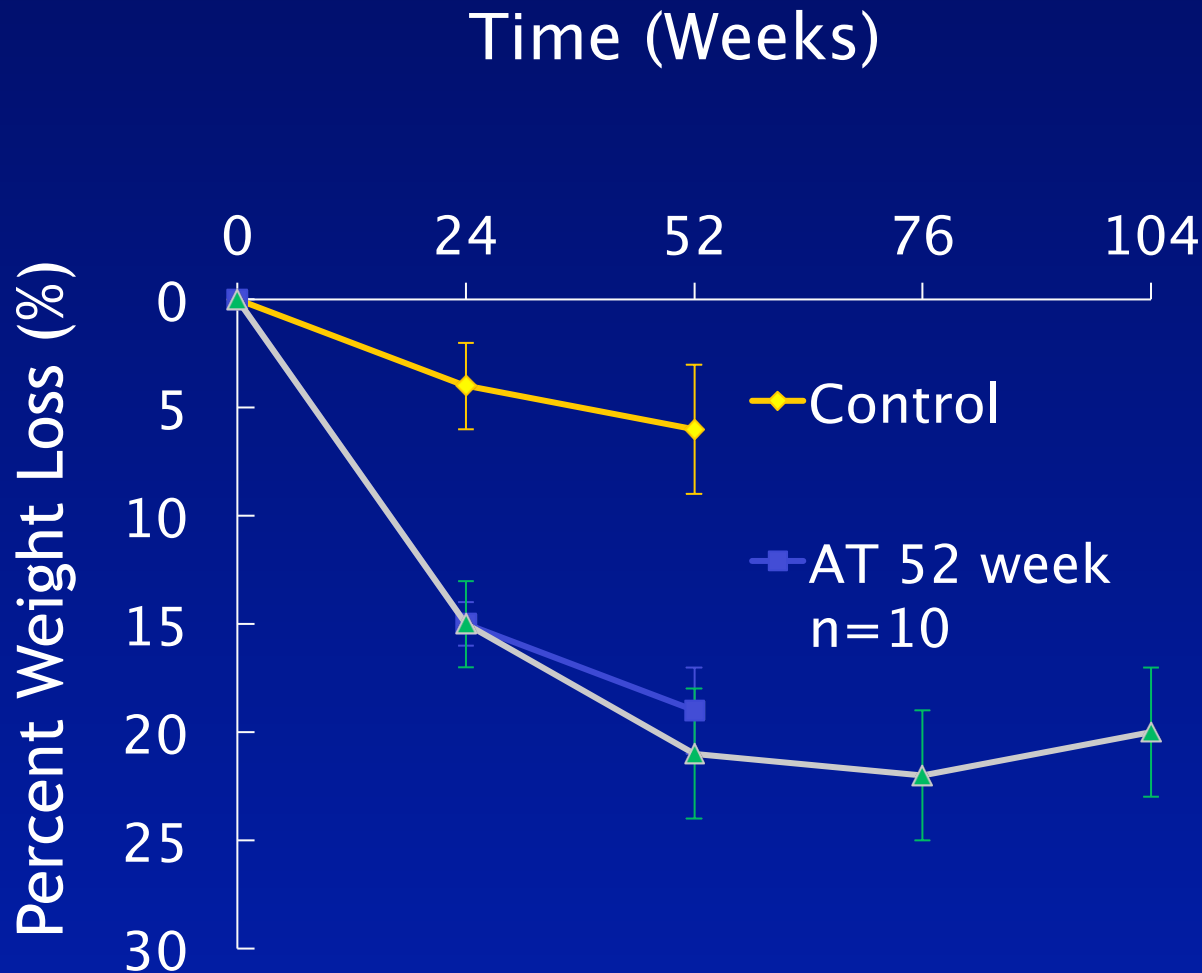
Baseline Characteristics

	Control Group	AT Group
Number (M/F)	4 (1/3)	10 (0/10)
Age (years)	45.3 \pm 2.8	38.7 \pm 2.3
Weight (kg)	105.3 \pm 2.5	112.2 \pm 4.6
BMI (kg/m ²)	39.3 \pm 1.1	42.0 \pm 1.4
Glucose (mg/dL)	86.8 \pm 3.4	83.9 \pm 1.9
HDL-C (mg/dL)	48.5 \pm 4.1	53.6 \pm 2.9
LDL-C (mg/dL)	116.0 \pm 13.0	112.8 \pm 6.9
Triglycerides (mg/dL)	139.3 \pm 12.8	113.4 \pm 18.8
ALT (IU/L)	26.8 \pm 7.3	20.6 \pm 2.6
Systolic BP (mmHg)	121.8 \pm 6.4	125.8 \pm 3.5
Diastolic BP (mmHg)	80.5 \pm 3.4	82.6 \pm 1.2

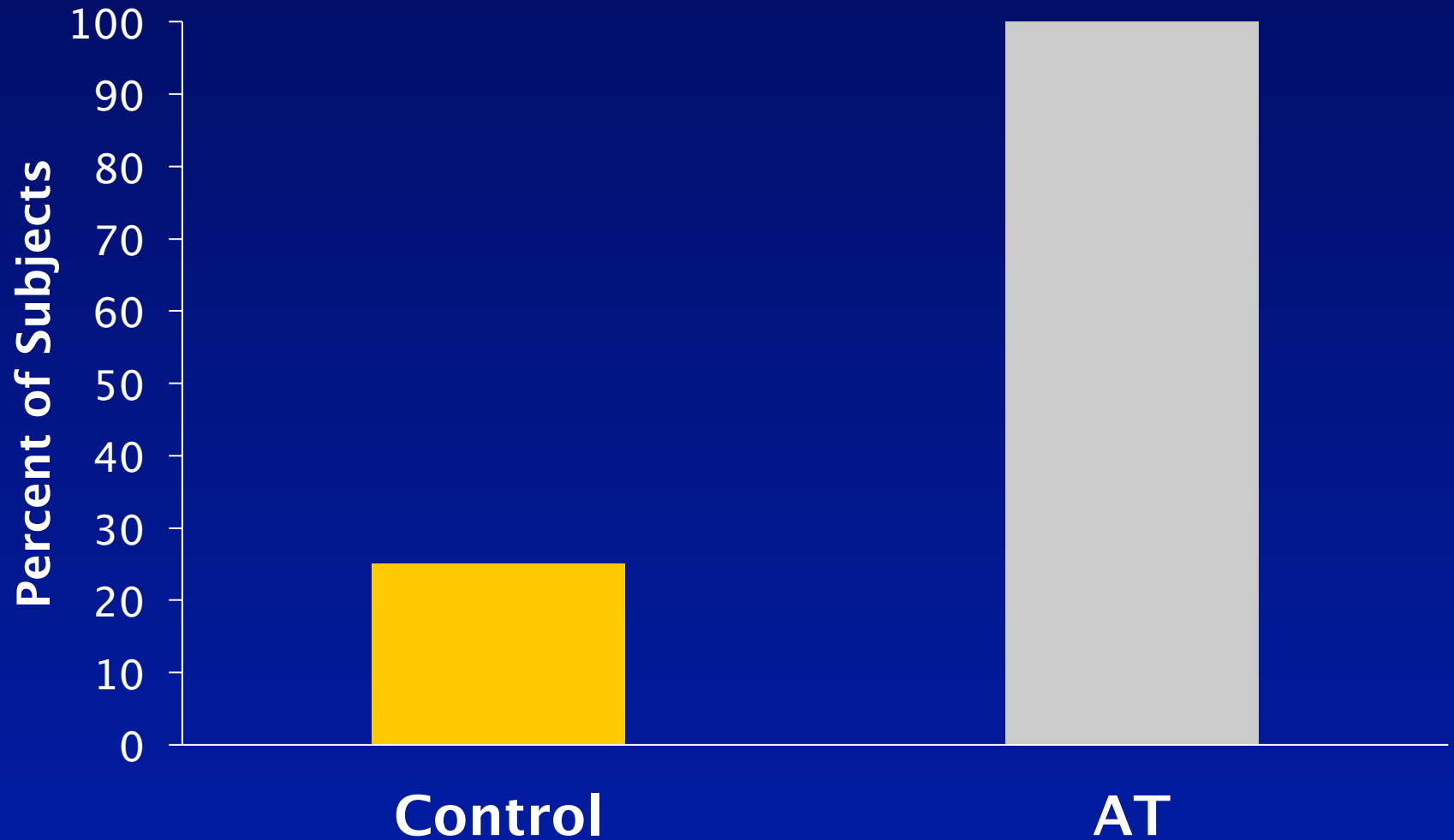
Aspiration Characteristics

Meal	Number of tests	Gastric Aspirate (gm)	Percent of Ingested Calories Aspirated	Aspiration Time (min)
450 kcal, 20 minute wait	6	1747 \pm 186	29 \pm 4	10.1 \pm 1.1
450 kcal, 60 min wait	6	1761 \pm 196	18 \pm 3	8.5 \pm 1.2
800 kcal, 20 min wait	7	2080 \pm 240	28 \pm 4	9.9 \pm 1.1
800 kcal, 60 min wait	7	2034 \pm 200	27 \pm 5	8.4 \pm 1.1

Effect of Aspiration Therapy on Body Weight



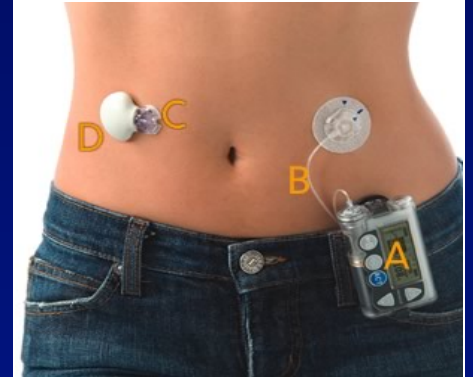
Percent of Subjects Who Achieved $\geq 25\%$ EWL at Week 52



Patient Acceptance

✓ AT overwhelmingly accepted by patients

- Able to eat normally
- Minimal invasiveness
- Reversibility and no anatomical rearrangement
- No general anesthesia
- Discreet/Private
- Clear mechanism of action



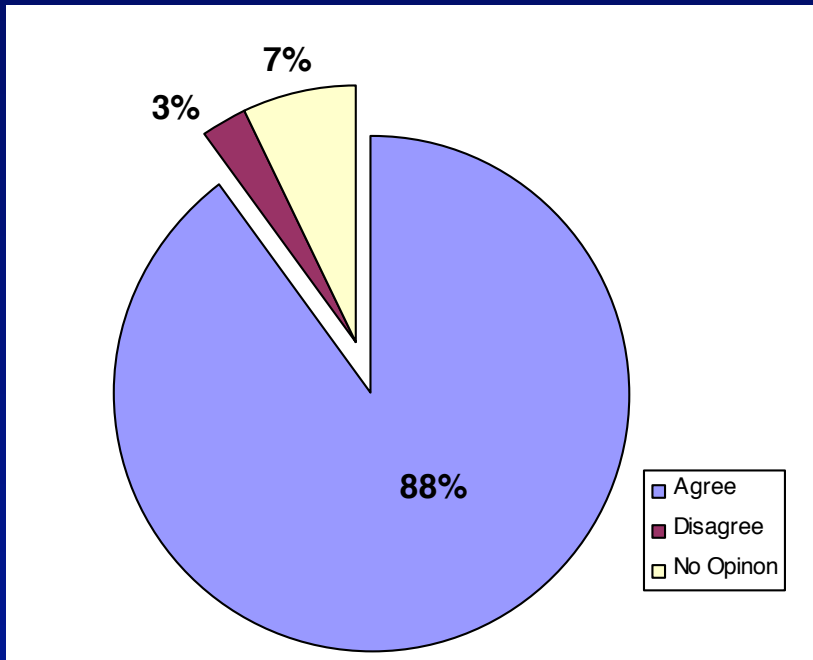
✓ Some people dislike having an object attached to their abdomen

✓ Some people fear criticism of therapy

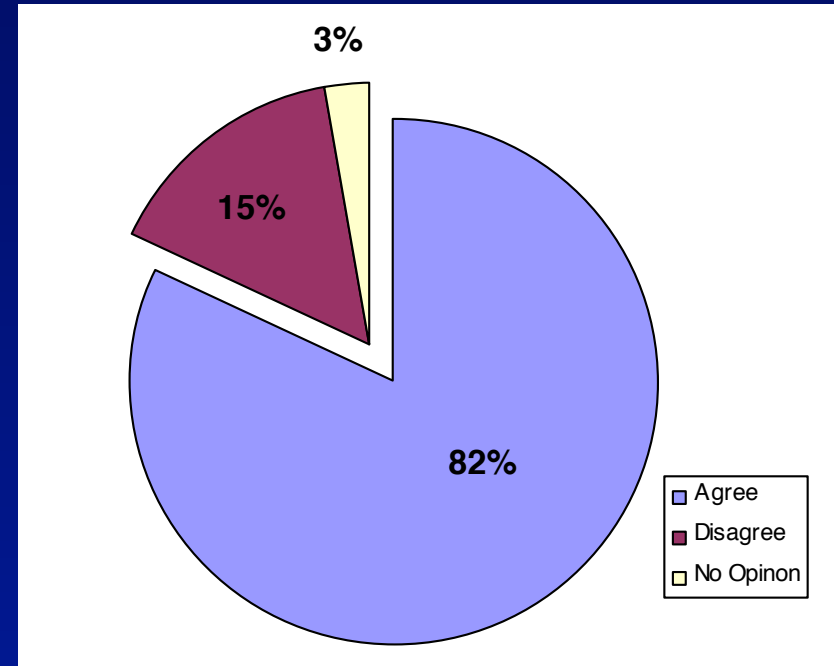
✓ Family acceptance increased over time after weight loss was achieved



Acceptability of AspireAssist™



Believe AT will help achieve weight loss

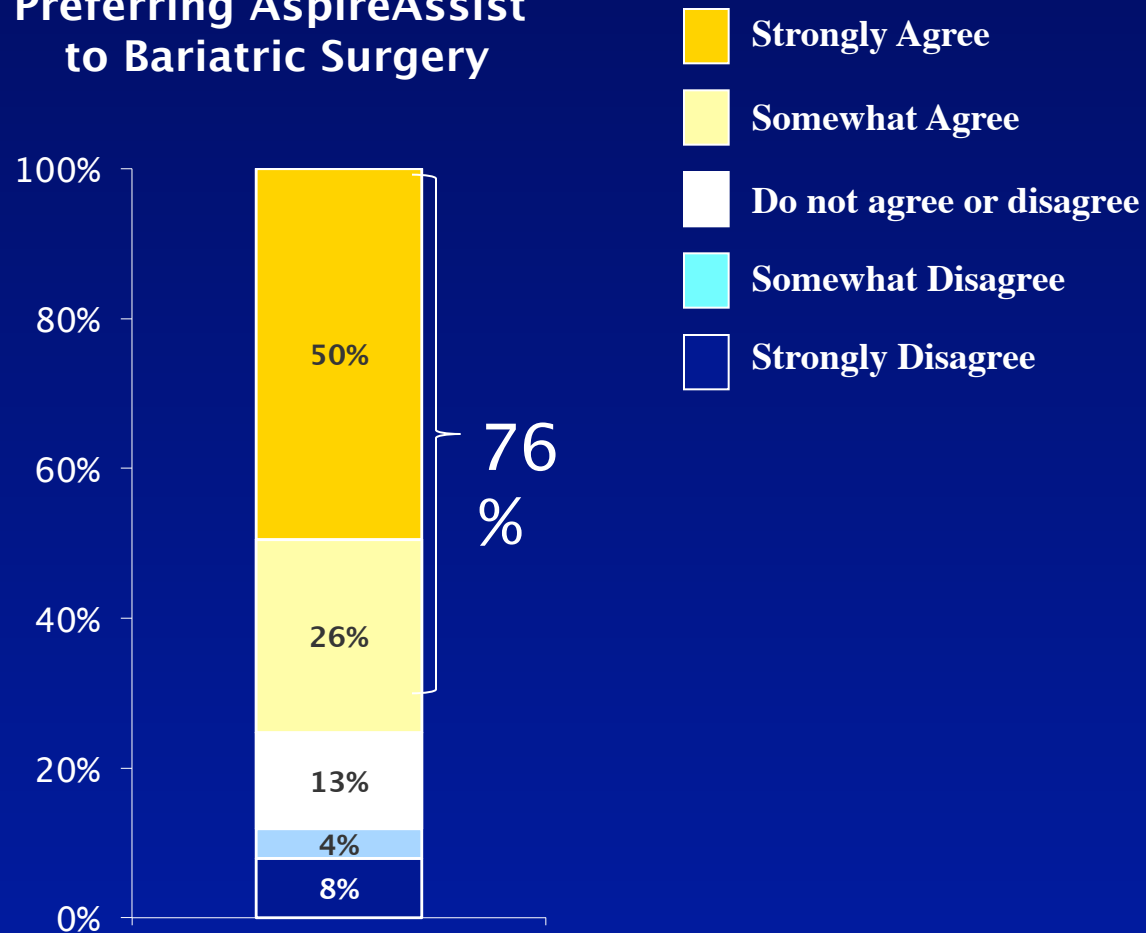


Want to participate in clinical trial

Anonymous survey obtained after
Information session in obese people
(N=78) interested in weight loss studies

AspireAssist™ vs. Bariatric Surgery

% of Obese People
Preferring AspireAssist
to Bariatric Surgery



Anonymous survey obtained after Information session in obese people (N=78) interested in weight loss studies

An aerial photograph of a city, likely Denver, Colorado. In the foreground, a large university campus is visible, featuring several large, multi-story brick and stone buildings, some with modern glass facades. There are parking lots with many cars and some green spaces. In the middle ground, a dense residential area with many trees and smaller houses is visible. In the background, the city skyline is prominent, with several tall skyscrapers. Beyond the city, a range of mountains with significant snow cover stretches across the horizon under a blue sky with scattered white clouds.

Thank You!

Late-Breaking Clinical Trials & FDA Update

Diabetes Update

Jay S. Skyler, MD, MACP

**Professor of Medicine, Pediatrics, & Psychology
Division of Endocrinology, Diabetes & Metabolism
University of Miami Miller School of Medicine
Deputy Director for Clinical & Academic Programs
Diabetes Research Institute
Miami, Florida**

FDA Diabetes Approvals 2014

Once Weekly GLP-1s

- Albiglutide
- Dulaglutide



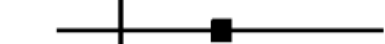



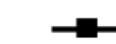

SGLT2s

- Dapagliflozin
- Empagliflozin

Insulin

- Human Insulin Inhalation Powder

ACCORD: Glycemia and Ischemic Heart Disease

	# Events (% Annual Incidence)				
Outcome	Intensive	Standard	Intensive to Standard Hazard Ratio (95% CI)		P Value
Fatal or Nonfatal MI					
Pre-Transition	220 (1.15)	267 (1.41)	0.80 (0.67, 0.96)		0.015
Full Follow-Up	304 (1.25)	355 (1.46)	0.84 (0.72, 0.97)		0.021
Fatal MI					
Pre-Transition	20 (0.10)	12 (0.06)	1.63 (0.80, 3.32)		0.178
Full Follow-Up	24 (0.09)	14 (0.05)	1.68 (0.87, 3.24)		0.121
Nonfatal MI					
Pre-Transition	207 (1.08)	257 (1.35)	0.78 (0.65, 0.94)		0.009
Full Follow-Up	287 (1.18)	344 (1.42)	0.81 (0.70, 0.95)		0.010
Coronary Revascularization					
Pre-Transition	469 (2.54)	517 (2.81)	0.89 (0.78, 1.01)		0.063
Full Follow-Up	565 (2.41)	658 (2.81)	0.84 (0.75, 0.94)		0.003

Gerstein et al. Lancet 2014 Jul 31. doi: 10.1016/S0140-6736(14)60611-5.

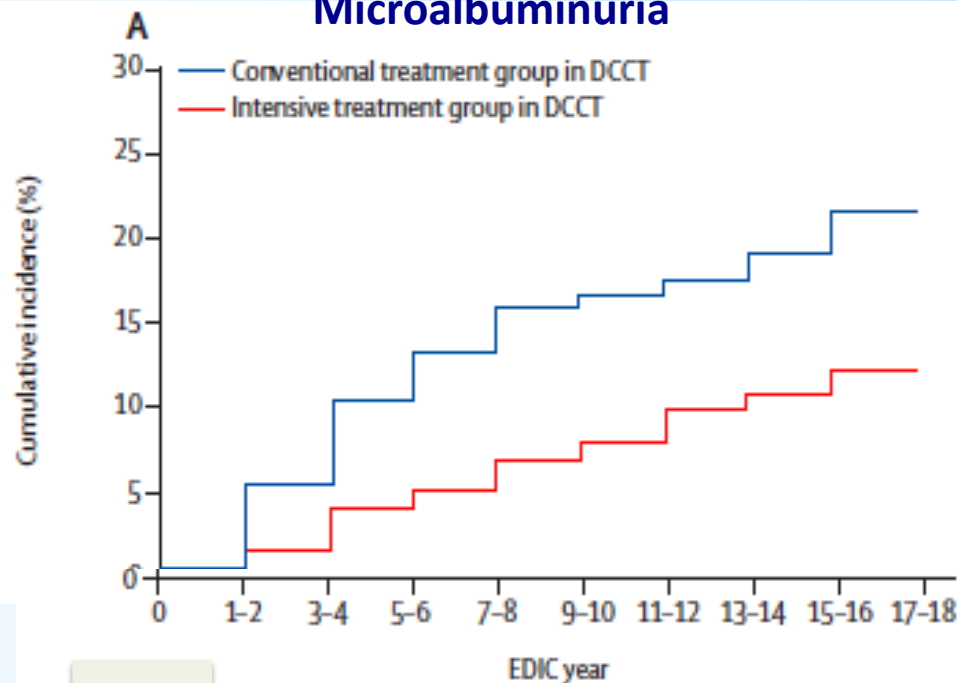
ACCORD: Glycemia and Ischemic Heart Disease

Unstable Angina					
Pre-Transition	168 (0.88)	199 (1.04)	0.83 (0.68, 1.02)		0.074
Full Follow-Up	202 (0.83)	245 (1.00)	0.81 (0.67, 0.97)		0.023
Any MI/Unstable Angina/Coronary Revascularization					
Pre-Transition	601 (3.31)	662 (3.66)	0.89 (0.79, 0.99)		0.031
Full Follow-Up	764 (3.32)	855 (3.74)	0.87 (0.79, 0.96)		0.006
Any MI/Unstable Angina					
Pre-Transition	333 (1.77)	408 (2.19)	0.79 (0.69, 0.92)		0.002
Full Follow-Up	454 (1.90)	535 (2.25)	0.83 (0.73, 0.94)		0.003
New-Onset Angina					
Pre-Transition	48 (0.25)	66 (0.34)	0.73 (0.50, 1.05)		0.092
Full Follow-Up	63 (0.25)	82 (0.33)	0.76 (0.55, 1.06)		0.110

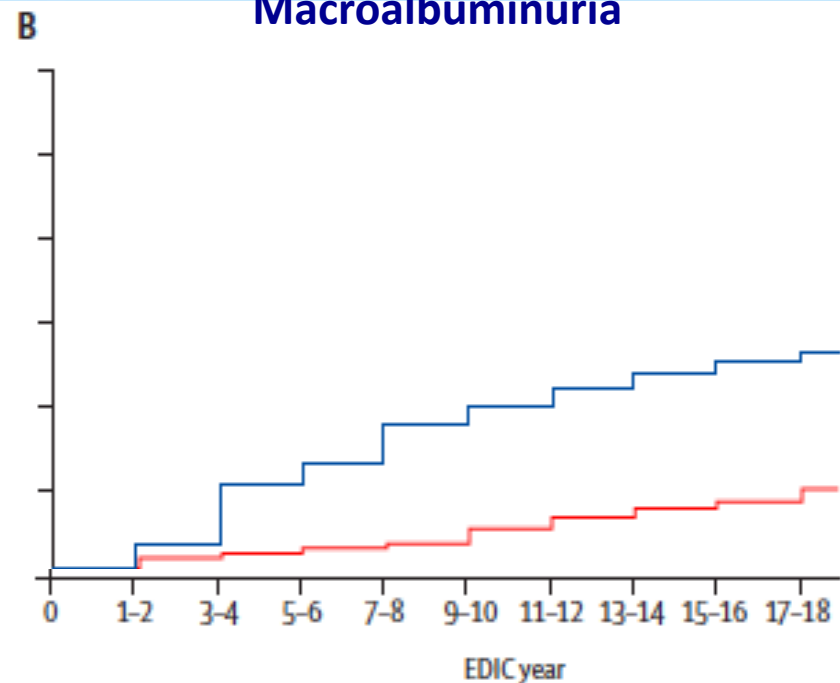
Gerstein et al. Lancet 2014 Jul 31. doi: 10.1016/S0140-6736(14)60611-5.

DCCT/EDIC – Long-Term Effects on Albuminuria

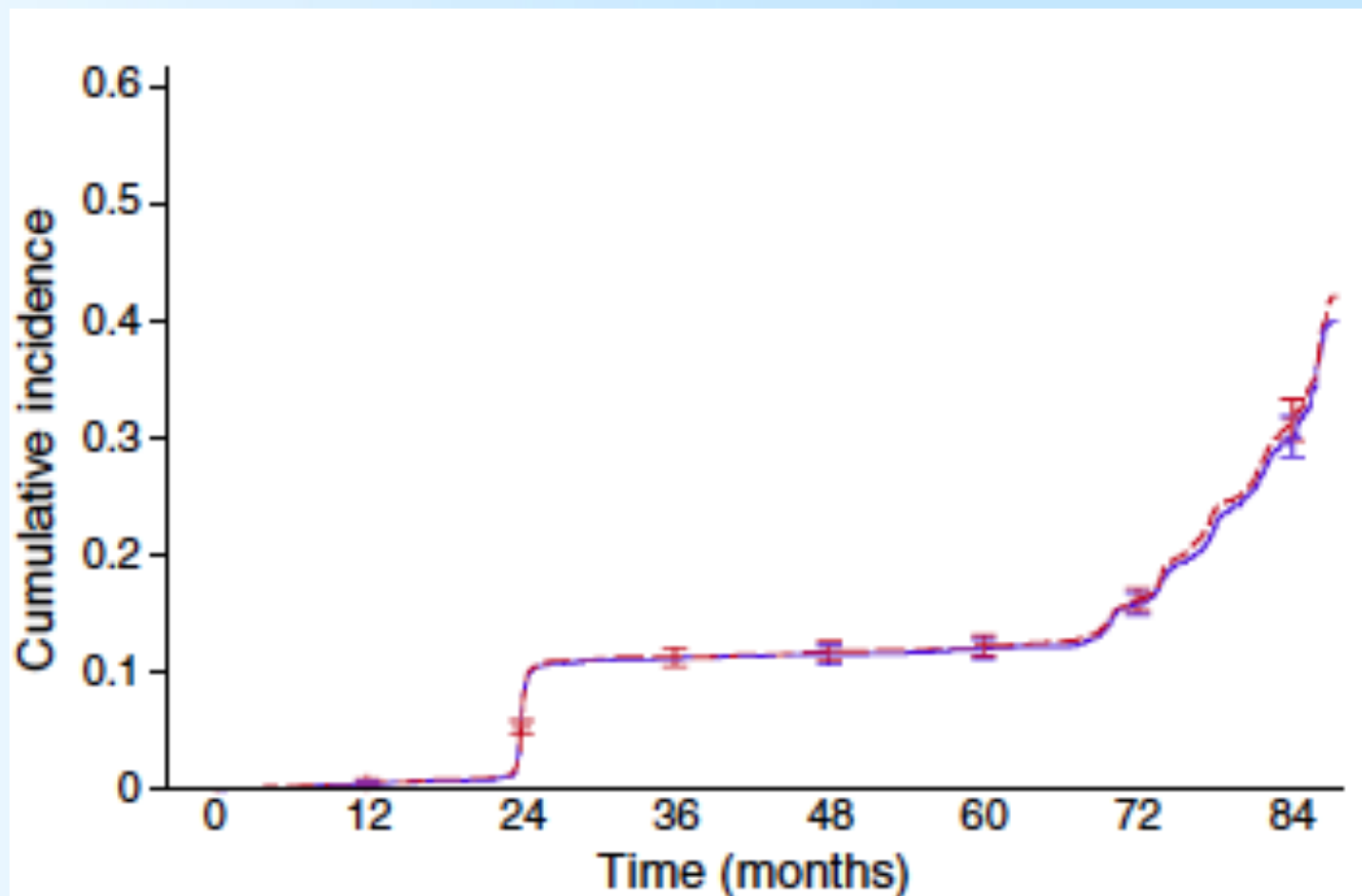
A Microalbuminuria



B Macroalbuminuria



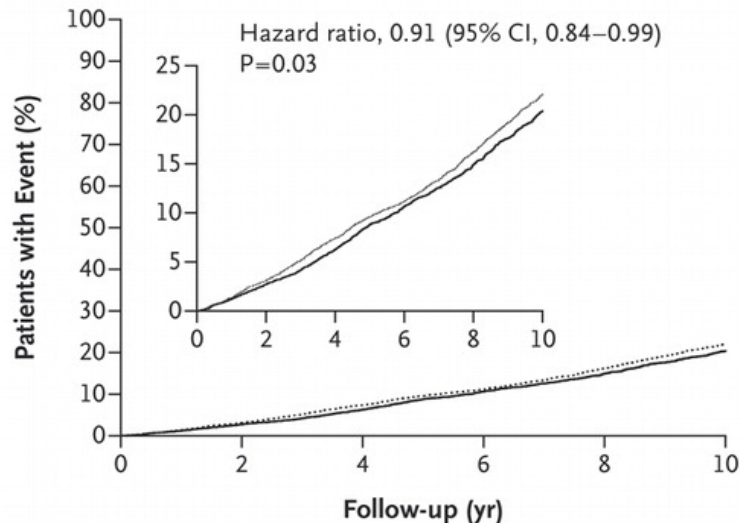
ORIGIN – Microvascular Outcomes



Gilbert et al. Diabetologia 2014; 57: 1325-31.

ADVANCE: Long-Term Effects of Blood Pressure

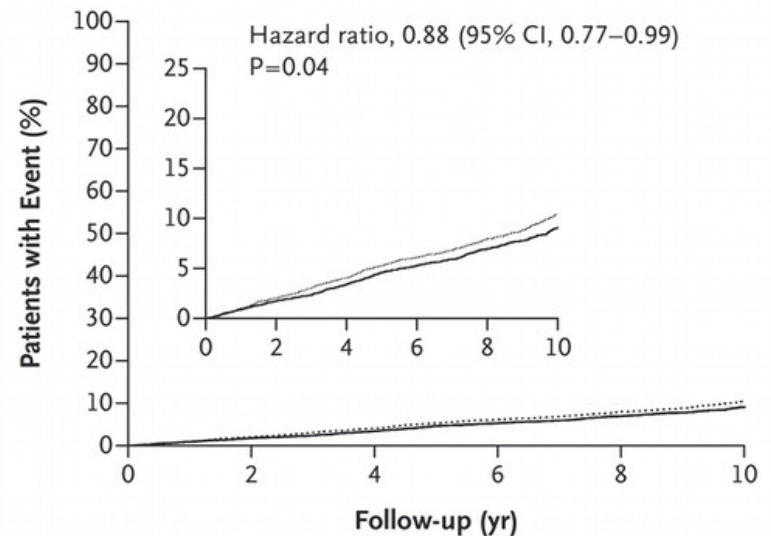
A Death from Any Cause



No. at Risk

Active	5569	5425	5229	4109	3784	2826
Placebo	5571	5401	5158	4066	3681	2693

C Death from Cardiovascular Causes

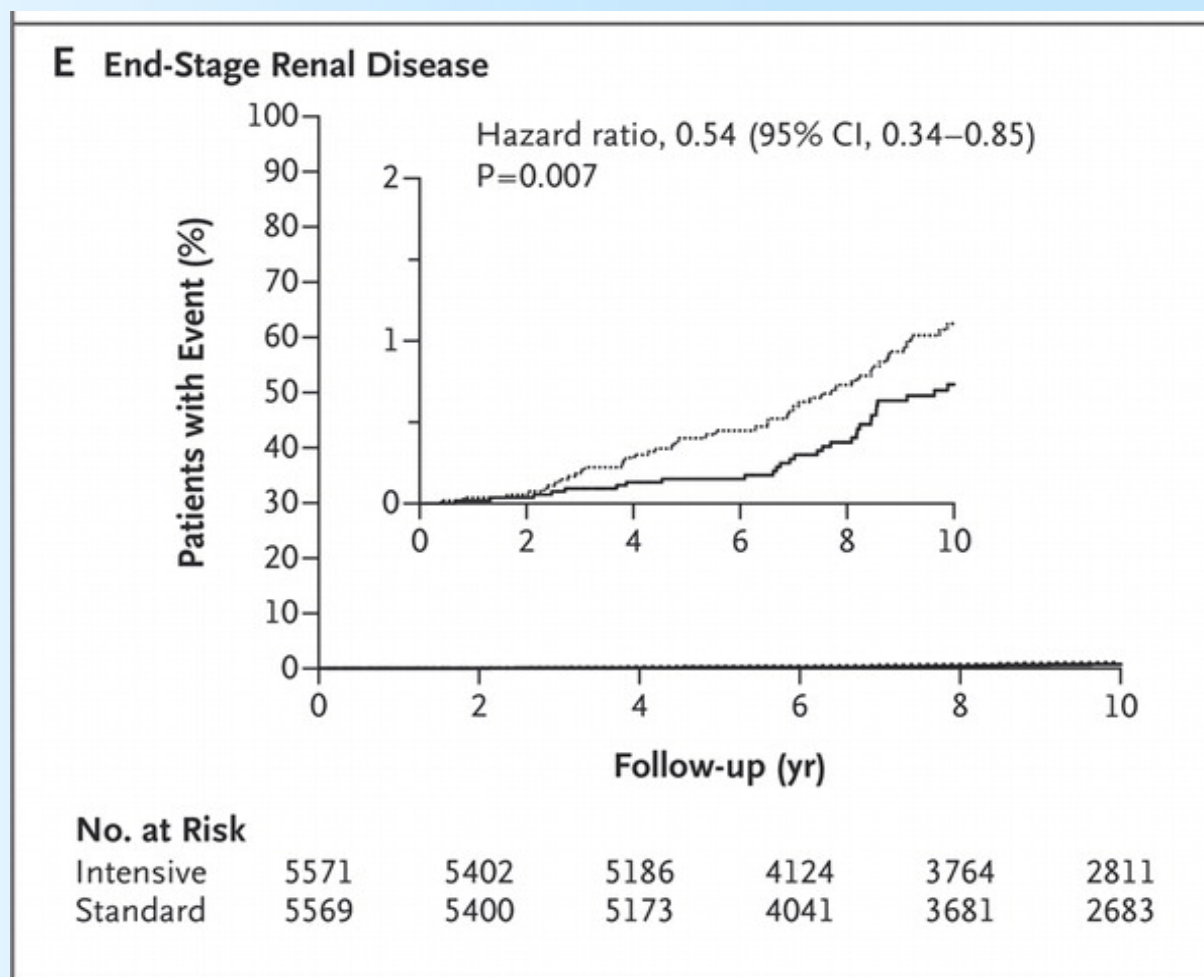


No. at Risk

Active	5569	5425	5229	4109	3784	2826
Placebo	5571	5401	5158	4066	3681	2693

Cumulative Incidence of Events, According to Blood-Pressure-Lowering Study Group.

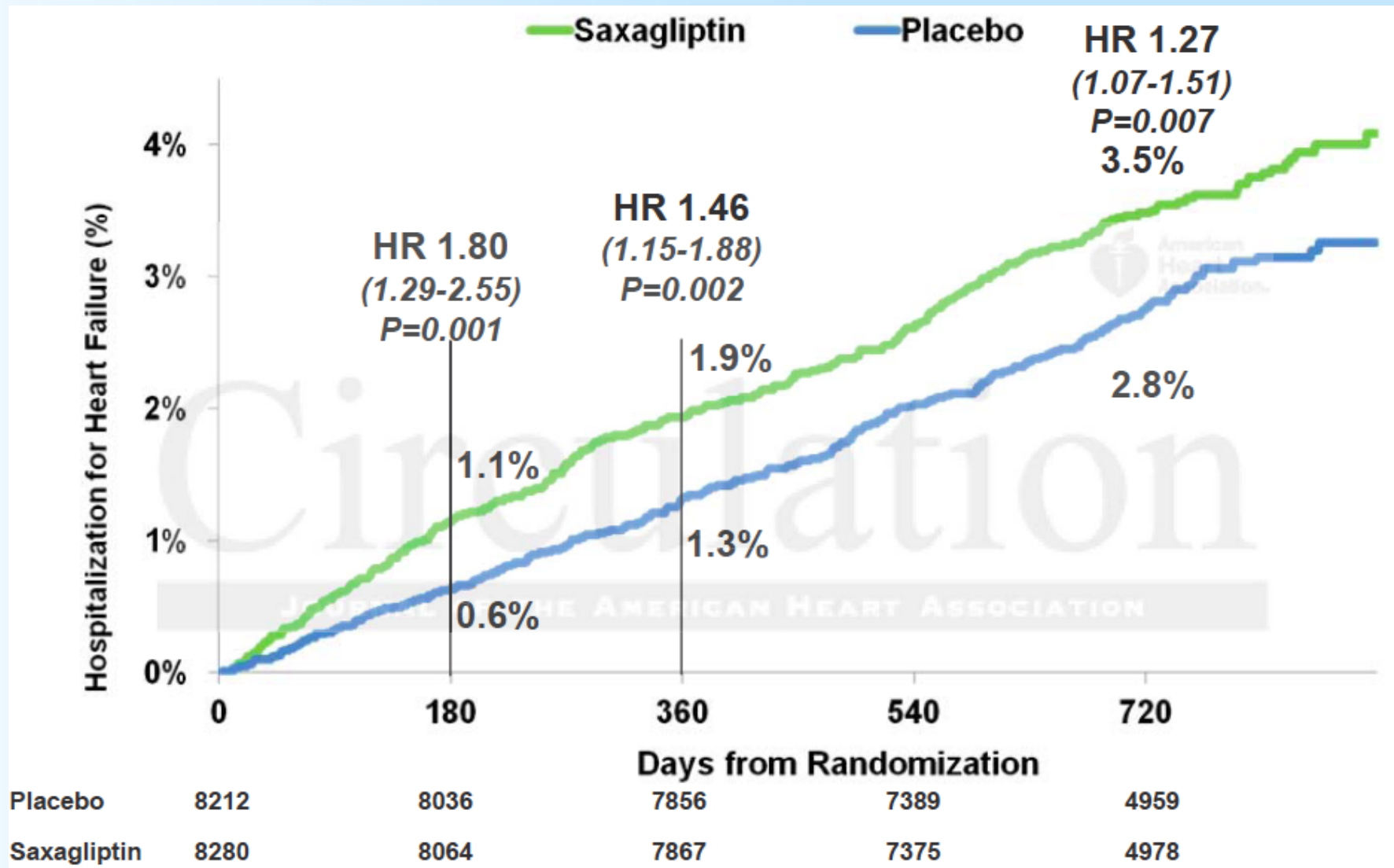
ADVANCE: Long-Term Effects of Glycemia



Cumulative Incidence of Events, According to Glucose-Control Study Group.

Zoungas et al N Engl J Med 2014; Sep 19. [Epub ahead of print]

SAVOR – Hospitalization for Heart Failure



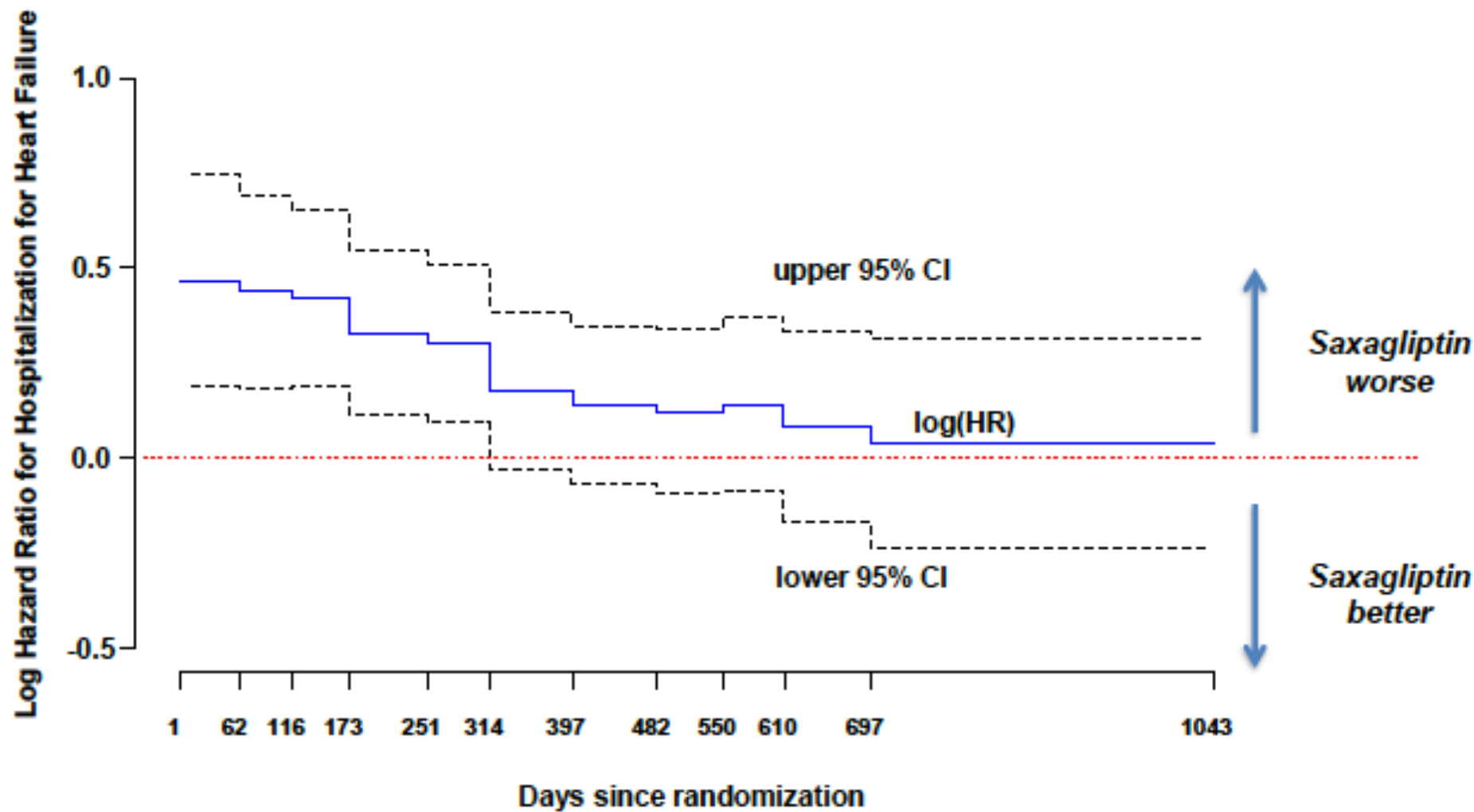
Scirica et al. Circulation 2014; Sep 4. pii: CIRCULATIONAHA.114.010389. [Epub ahead of print]

SAVOR – Hospitalization for Heart Failure

Increased risk highest among those with:

- **elevated levels of natriuretic peptide**
- **prior heart failure**
- **chronic kidney disease**

SAVOR – Hospitalization for Heart Failure



Scirica et al. Circulation 2014; Sep 4. pii: CIRCULATIONAHA.114.010389. [Epub ahead of print]

EXAMINE –Heart Failure

	Alogliptin	Placebo	HR	95% CI
Composite including HHF			0.98	0.86-1.12
HHF within composite	3.1%	2.9%	1.07	0.79-1.46
Post hoc CV death + HHF			0.98	0.82-1.21
CV death	3.5%	4.2%	0.84	0.64-1.10
HHF	3.9%	3.3%	1.19	0.90-1.58

Late-Breaking Clinical Trials & FDA Update

Hypertension

Keith C. Ferdinand, MD

Professor of Clinical Medicine

Tulane University School of Medicine

New Orleans, Louisiana

FDA Review of CV Risks for Diabetics Taking HTN Drug Olmesartan: 6/24/14



U.S. Food and Drug Administration
Protecting and Promoting Your Health

Drug Safety Communications

FDA Drug Safety Communication: FDA review of cardiovascular risks for diabetics taking hypertension drug olmesartan not conclusive; label updates required

This information is in follow-up to the [FDA Drug Safety Communication](http://www.fda.gov/Drugs/DrugSafety/ucm251268.htm): Safety Review Update of Benicar (olmesartan) and cardiovascular events [LINK TO <http://www.fda.gov/Drugs/DrugSafety/ucm251268.htm>]

Safety Announcement

[6-24-2014] The U.S. Food and Drug Administration (FDA) has completed its safety review and has found no clear evidence of increased cardiovascular risks associated with use of the blood pressure medication olmesartan in diabetic patients. As a result, our recommendations for use of olmesartan (Benicar, Benicar HCT, Azor, Tribenzor, and generics) will remain the same, but we will require information about some of the studies to be included in the drug labels. Patients should discuss any questions they have with their health care professionals.

FDA Review CV Risks: Diabetics Taking Olmesartan (OLM)

- ROADMAP (Randomized Olmesartan and Diabetes Microalbuminuria Prevention) unexpected finding of ↑risk of CV death. However, risk of non-fatal MI lower with OLM
- Also a large epidemiologic Medicare study suggested that high-dose OLM may ↑CV risk
- Data from all trials and studies not conclusive

FDA Review CV Risks: Diabetics Taking Olmesartan

- No clear evidence of ↑ CV risks associated with use of the BP medication OLM in diabetic patients
- FDA does not support changing recommendations for OLM use -- and
- Does not support recommending that its use be avoided in patients with diabetes.

FDA: Blood Pressure Monitoring Kiosks Aren't for Everyone



Consumer Health Information
www.fda.gov/consumer

FDA Warns BP Kiosks May Not Show Correct Results

- BP kiosks available in public places such as pharmacies and grocery stores may not show accurate results
- Cuff is too small or too large.
- “They are easily accessible and easy to use. But it’s misleading to think that the devices are appropriate for everybody. They are not one-size-fits-all.”

Original Investigation

Hypertension, Antihypertensive Medication Use, and Risk of Psoriasis

JAMA Dermatol. July 2, 2014

Shaowei Wu, MD, PhD; Jiali Han, PhD; Wen-Qing Li, MD, PhD; Abrar A. Qureshi, MD, MPH

IMPORTANCE Individuals with psoriasis have an elevated risk of hypertension, and antihypertensive medications, especially β -blockers, have been linked to psoriasis development. However, the association of prior existing hypertension and antihypertensive medications with risk of incident psoriasis has not been assessed using prospective data.

OBJECTIVE To evaluate the association of hypertension and antihypertensive medications with risk of psoriasis.

DESIGN, SETTING, AND PARTICIPANTS We performed a prospective cohort study (June 1, 1996, to June 1, 2008) of 77 728 US women from the Nurses' Health Study who provided biennially updated data on hypertension and antihypertensive medications.

MAIN OUTCOMES AND MEASURES Physician-diagnosed psoriasis.

RESULTS A total of 843 incident psoriasis cases were documented during 1 066 339 person-years of follow-up. Compared with normotensive women, women with a hypertension duration of 6 years or more were at a higher risk of developing psoriasis (hazard ratio [HR], 1.27; 95% CI, 1.03-1.57). In stratified analysis, the risk of psoriasis was higher among hypertensive women without medication use (HR, 1.49; 95% CI, 1.15-1.92) and among hypertensive women with current medication use (HR, 1.31; 95% CI, 1.10-1.55) when compared with normotensive participants without medication use. Compared with women who never used β -blockers, the multivariate HRs for psoriasis for women who regularly used β -blockers were 1.11 (95% CI, 0.82-1.51) for 1 to 2 years of use, 1.06 (95% CI, 0.79-1.40) for 3 to 5 years of use, and 1.39 (95% CI, 1.11-1.73) for 6 years or more of use (P for trend = .009). No association was found between use of other individual antihypertensive drugs and risk of psoriasis.

CONCLUSIONS AND RELEVANCE Long-term hypertensive status is associated with an increased risk of psoriasis. Long-term regular use of β -blockers may also increase the risk of psoriasis.

JAMA Dermatol. doi:10.1001/jamadermatol.2013.9957
Published online July 2, 2014.

← Invited Commentary

+ Supplemental content at
jamadermatology.com

+ CME Quiz at
jamanetworkcme.com and
CME Questions

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Corresponding Author: Abrar A. Qureshi, MD, MPH, Department of Dermatology, Warren Alpert Medical School, Brown University, Providence, RI 02909 (abrar_qureshi@brown.edu).

Original Investigation

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risk of psoriasis. Long-term regular use of β -blockers may also increase the risk of psoriasis.

Kaiser Permanente Southern California Treated Hypertension Study Cohort

JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY
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PUBLISHED BY ELSEVIER INC.

VOL. 64, NO. 6, 2014
ISSN 0735-1097/\$36.00
<http://dx.doi.org/10.1016/j.jacc.2014.04.065>

Impact of Achieved Blood Pressures on Mortality Risk and End-Stage Renal Disease Among a Large, Diverse Hypertension Population



John J. Sim, MD,* Jiaxiao Shi, PhD,† Csaba P. Kovesdy, MD,‡ Kamyar Kalantar-Zadeh, MD, PhD,§
Steven J. Jacobsen, MD, PhD†

JACC 2014;64(6):588–597

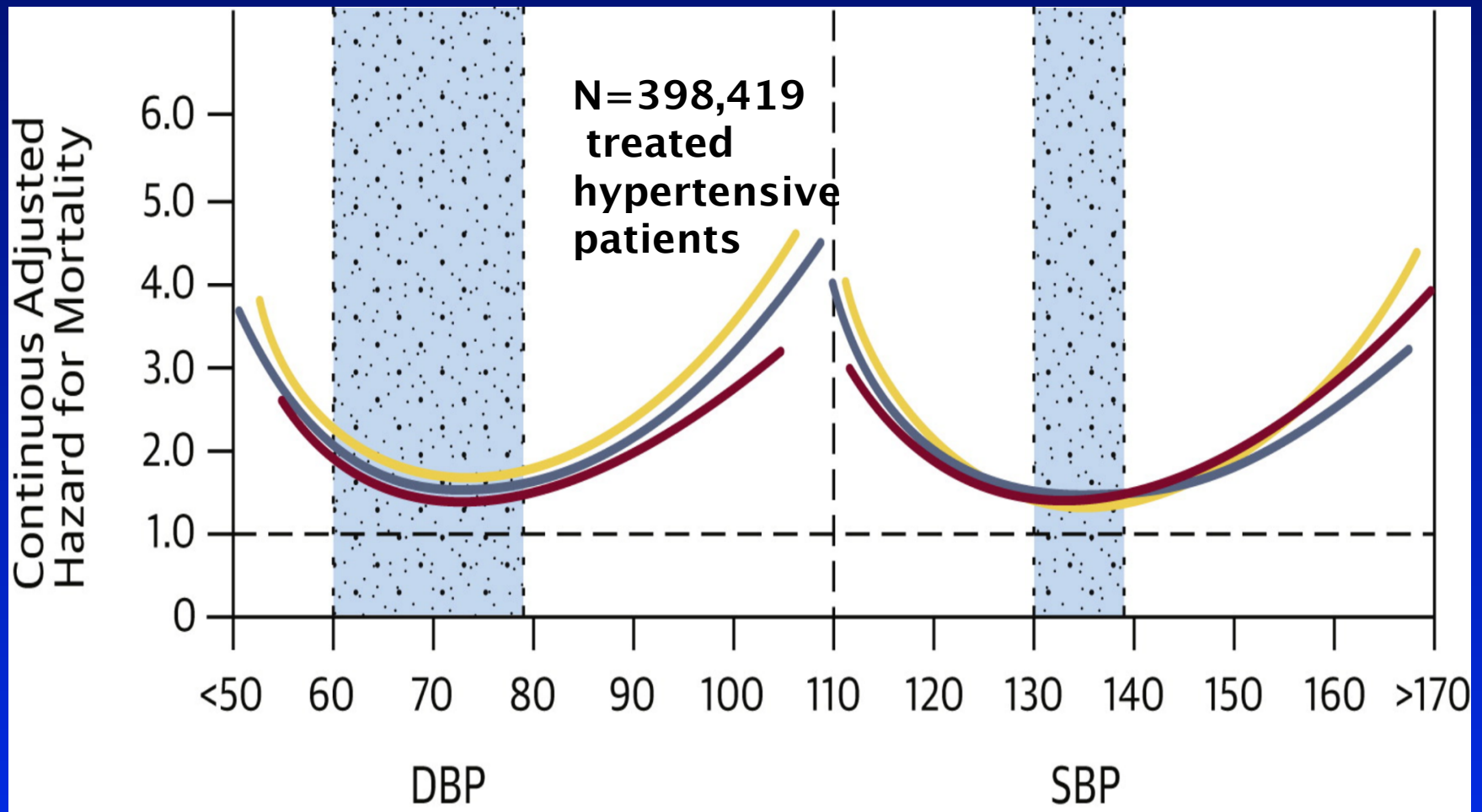
ABSTRACT

BACKGROUND Medical data or clinical guidelines have not adequately addressed the ideal blood pressure (BP) treatment targets for survival and renal outcome.

OBJECTIVES This study sought to evaluate ranges of treated BP in a large hypertension population and compare risk of mortality and end-stage renal disease (ESRD).

METHODS A retrospective cohort study within the Kaiser Permanente Southern California health system was performed from January 1, 2006, to December 31, 2010. Treated hypertensive subjects ≥ 18 years of age were studied. Cox proportional hazards regression models were used to evaluate the risks (hazard ratios) for mortality and/or ESRD among different BP categories with and without stratification for diabetes mellitus and older age.

Where Is Ideal BP in Treated



Mortality/ESRD HR across ranges of BP. **Achieved SBP range 130 to 139 and DBP range 60 to 79 mm Hg associated with best outcomes.**

The NEW ENGLAND JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

AUGUST 14, 2014

VOL. 371 NO. 7

Mente A et al. N Engl J Med

2014;371:601–611.

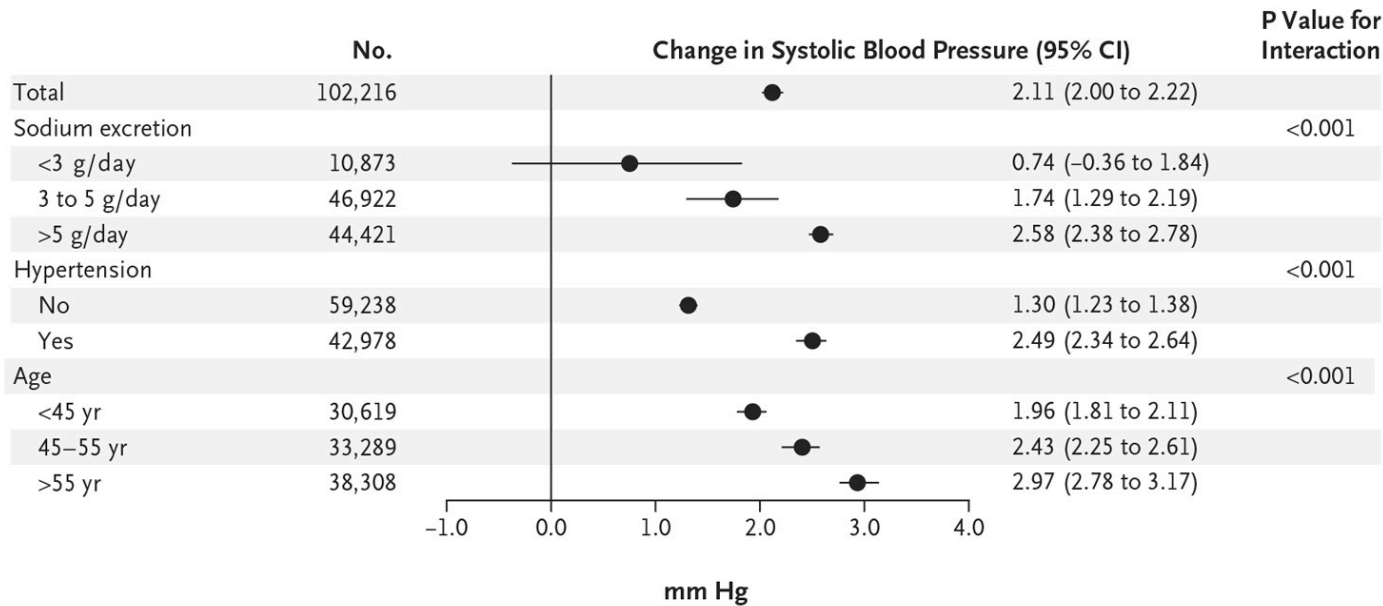
Association of Urinary Sodium and Potassium Excretion with Blood Pressure

Andrew Mente, Ph.D., Martin J. O'Donnell, M.B., Ph.D., Sumathy Rangarajan, M.Sc., Matthew J. McQueen, M.B., B.Ch., Paul Poirier, M.D., Ph.D., Andreas Wielgosz, M.D., Ph.D., Howard Morrison, Ph.D., Wei Li, Ph.D., Xingyu Wang, Ph.D., Chen Di, B.Sc., Prem Mony, M.D., Anitha Devanath, M.D., Annika Rosengren, M.D., Aytekin Oguz, M.D., Katarzyna Zatonska, M.D., Ph.D., Afzal Hussein Yusufali, M.D., Patricio Lopez-Jaramillo, M.D., Ph.D., Alvaro Avezum, M.D., Ph.D., Noorhassim Ismail, M.D., Ph.D., Fernando Lanas, M.D., Thandi Puoane, M.P.H., Ph.D., Rafael Diaz, M.D., Roya Kelishadi, M.D., Romaina Iqbal, Ph.D., Rita Yusuf, Ph.D., Jephath Chifamba, M.Phil., Rasha Khatib, M.H.S., Koon Teo, M.B., Ph.D., and Salim Yusuf, D.Phil., for the PURE Investigators*

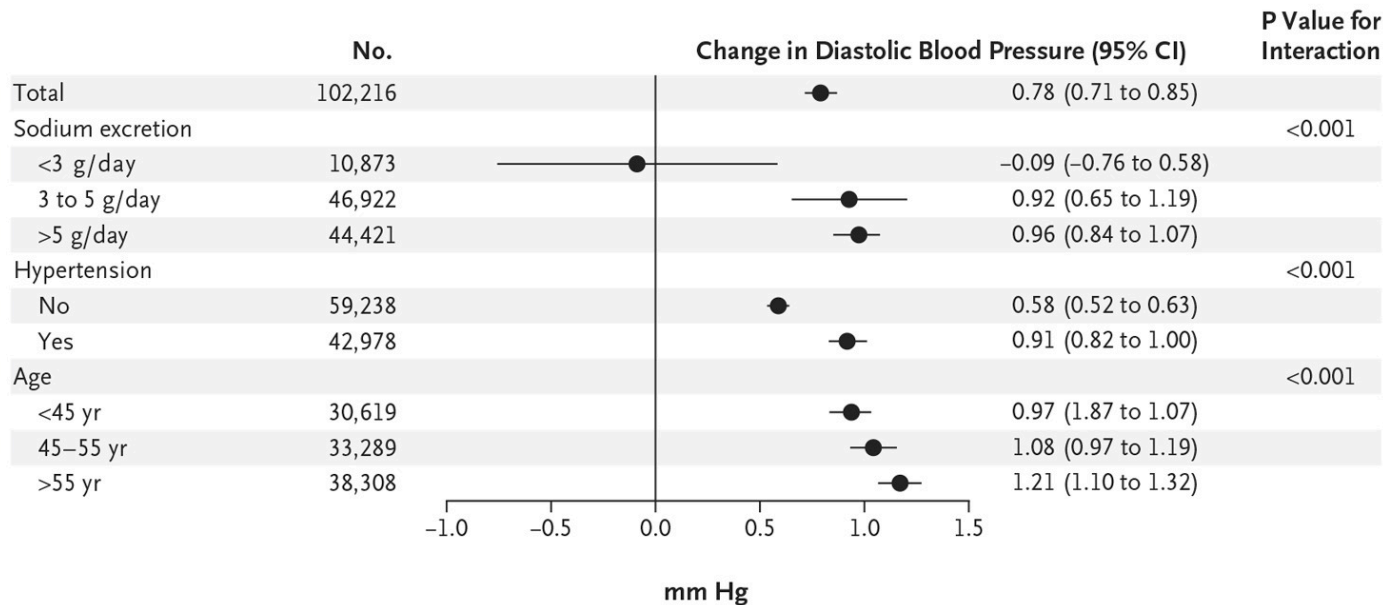
Study Overview

- In a large study in 18 countries, sodium and potassium intake were estimated from urine samples and correlated with BP.
- The correlations were nonlinear and were most pronounced among people with high sodium intake, those with hypertension, and older persons.

A



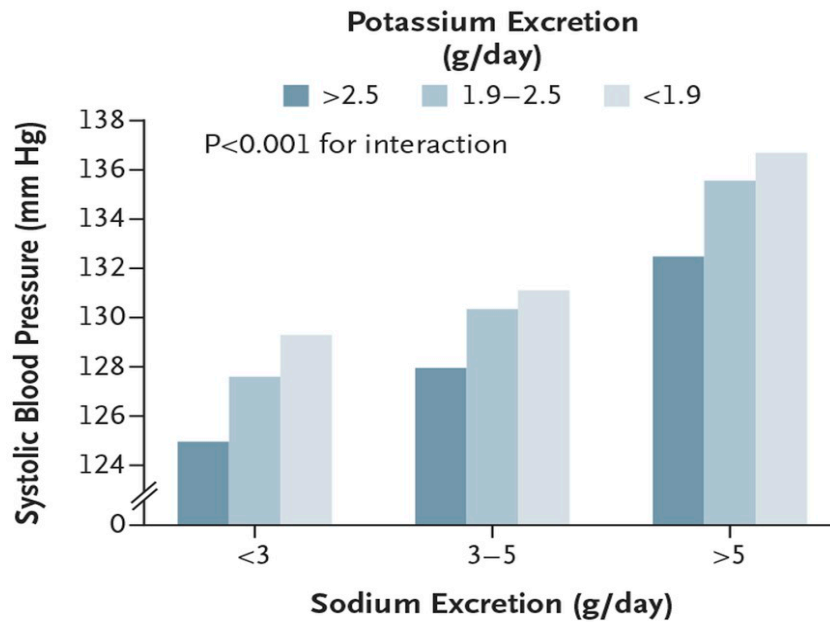
B



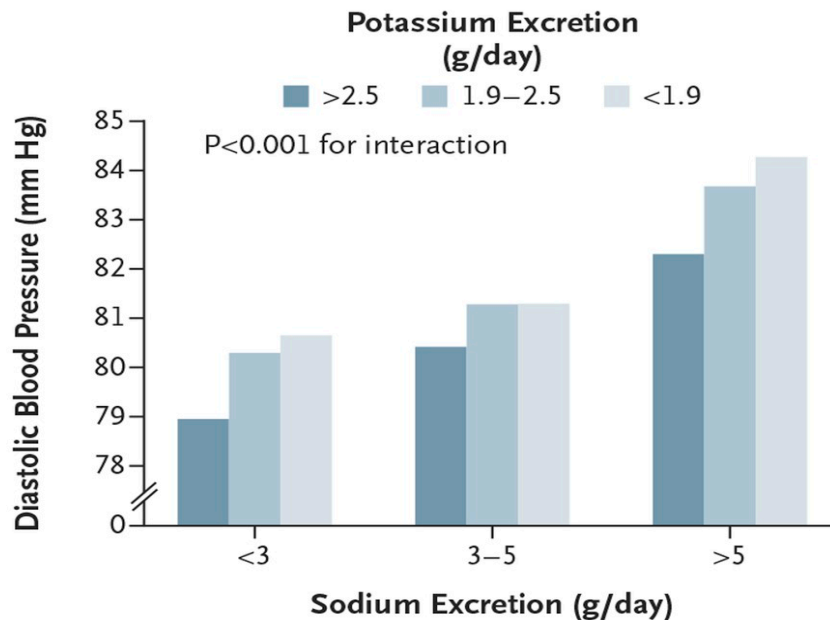
**Changes
in SBP
and DBP
for Every
1-g
Increase
in
Sodium
Excretion**

Mean SBP and DBP According to Sodium and Potassium Excretion

A



B



ORIGINAL ARTICLE

O'Donnell M et al. N Engl J Med
2014;371:612–623

Urinary Sodium and Potassium Excretion, Mortality, and Cardiovascular Events

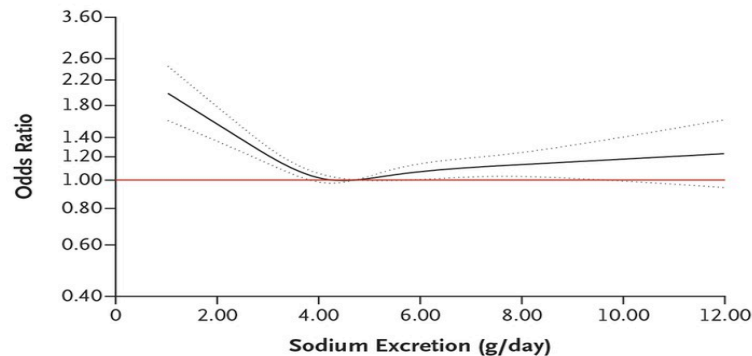
Martin O'Donnell, M.B., Ph.D., Andrew Mente, Ph.D., Sumathy Rangarajan, M.Sc.,
Matthew J. McQueen, M.B., Ph.D., Xingyu Wang, Ph.D., Lisheng Liu, M.D.,
Hou Yan, Ph.D., Shun Fu Lee, Ph.D., Prem Mony, M.D., Anitha Devanath, M.D.,
Annika Rosengren, M.D., Patricio Lopez-Jaramillo, M.D., Ph.D., Rafael Diaz, M.D.,
Alvaro Avezum, M.D., Ph.D., Fernando Lanas, M.D., Khalid Yusoff, M.B., B.S.,
Romaina Iqbal, Ph.D., Rafal Ilow, Ph.D., Noushin Mohammadifard, M.Sc.,
Sadi Gulec, M.D., Afzal Hussein Yusufali, M.D., Lanthe Kruger, Ph.D.,
Rita Yusuf, Ph.D., Jephath Chifamba, M.Phil., Conrad Kabali, Ph.D.,
Gilles Dagenais, M.D., Scott A. Lear, Ph.D., Koon Teo, M.B., Ph.D.,
and Salim Yusuf, D.Phil., for the PURE Investigators*

Study Overview

- In a large study in 17 countries, an estimated sodium intake either higher or lower than the average estimated sodium intake was associated with increased risk of CV events.
- A higher-than-average potassium intake was associated with reduced risk.

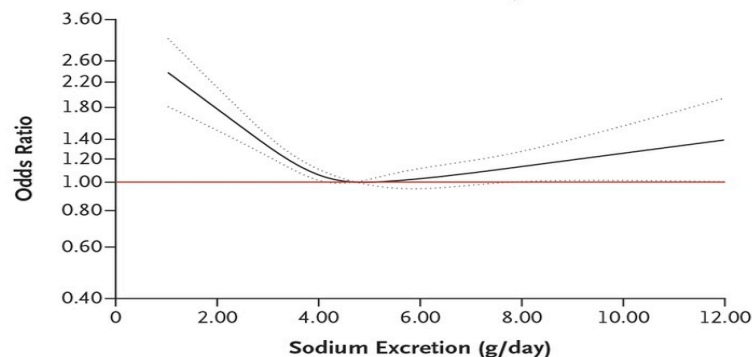
Estimated 24-Hr Urinary Sodium Excretion with Risk of Death and Major CV Events

A Estimated Sodium Excretion and Risk of Death or Cardiovascular Events



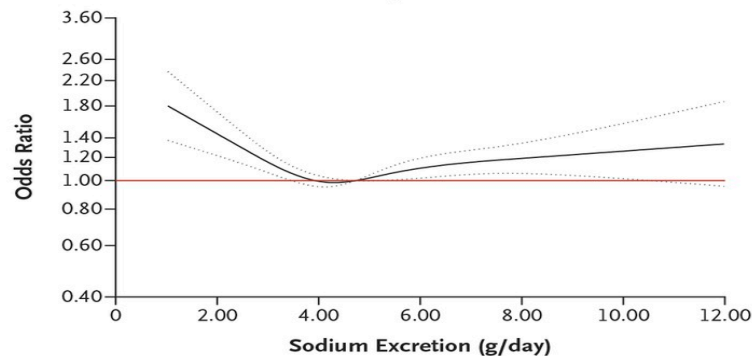
No. of Events	101	1,023	1,437	597	126	25
No. at Risk	1817	30,124	46,663	18,395	3885	756

B Estimated Sodium Excretion and Risk of Death from Any Cause



No. of Events	68	642	826	340	79	16
No. at Risk	1817	30,124	46,663	18,395	3885	756

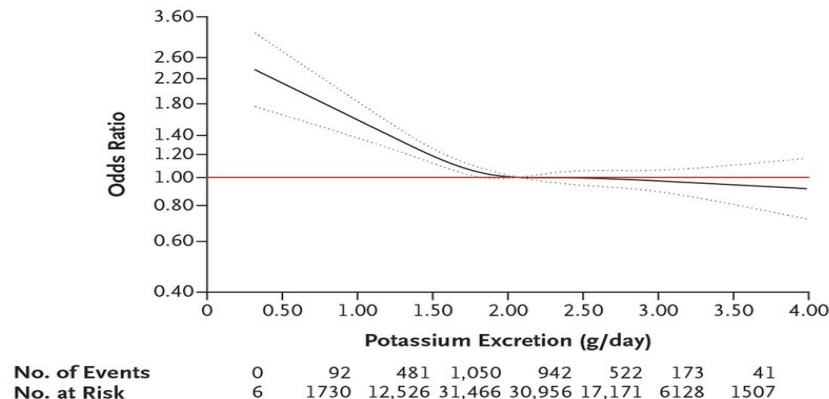
C Estimated Sodium Excretion and Risk of Major Cardiovascular Events



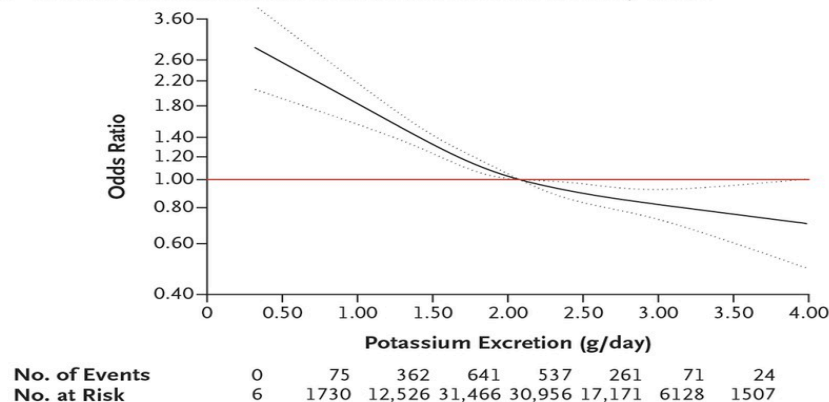
No. of Events	57	602	869	369	75	13
No. at Risk	1817	30,124	46,663	18,395	3885	756

Estimated 24-Hr Urinary Potassium Excretion with Risk of Death and Major CV Events

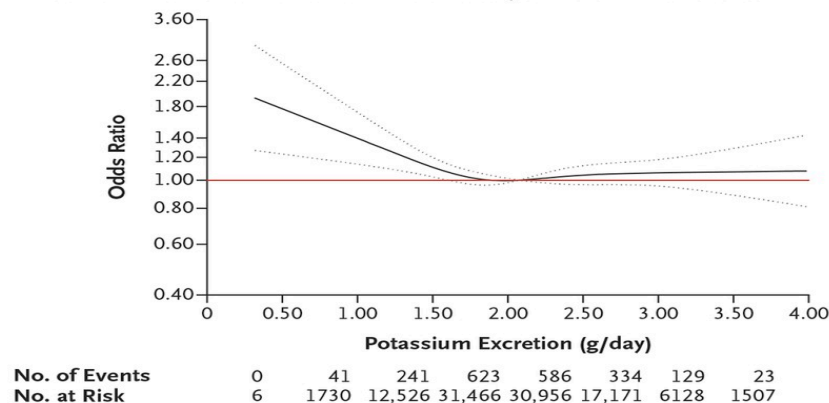
A Estimated Potassium Excretion and Risk of Death or Cardiovascular Events



B Estimated Potassium Excretion and Risk of Death from Any Cause



C Estimated Potassium Excretion and Risk of Major Cardiovascular Events



O'Donnell et al. N Engl J Med 2014;371:612-23.

Conclusions

- Estimated sodium intake between 3 g per day and 6 g per day was associated with a lower risk of death and CV events than either a higher or lower estimated intake.
- As compared with estimated potassium excretion less than 1.50 g per day, higher potassium excretion was associated with a lower risk of death and CV events.

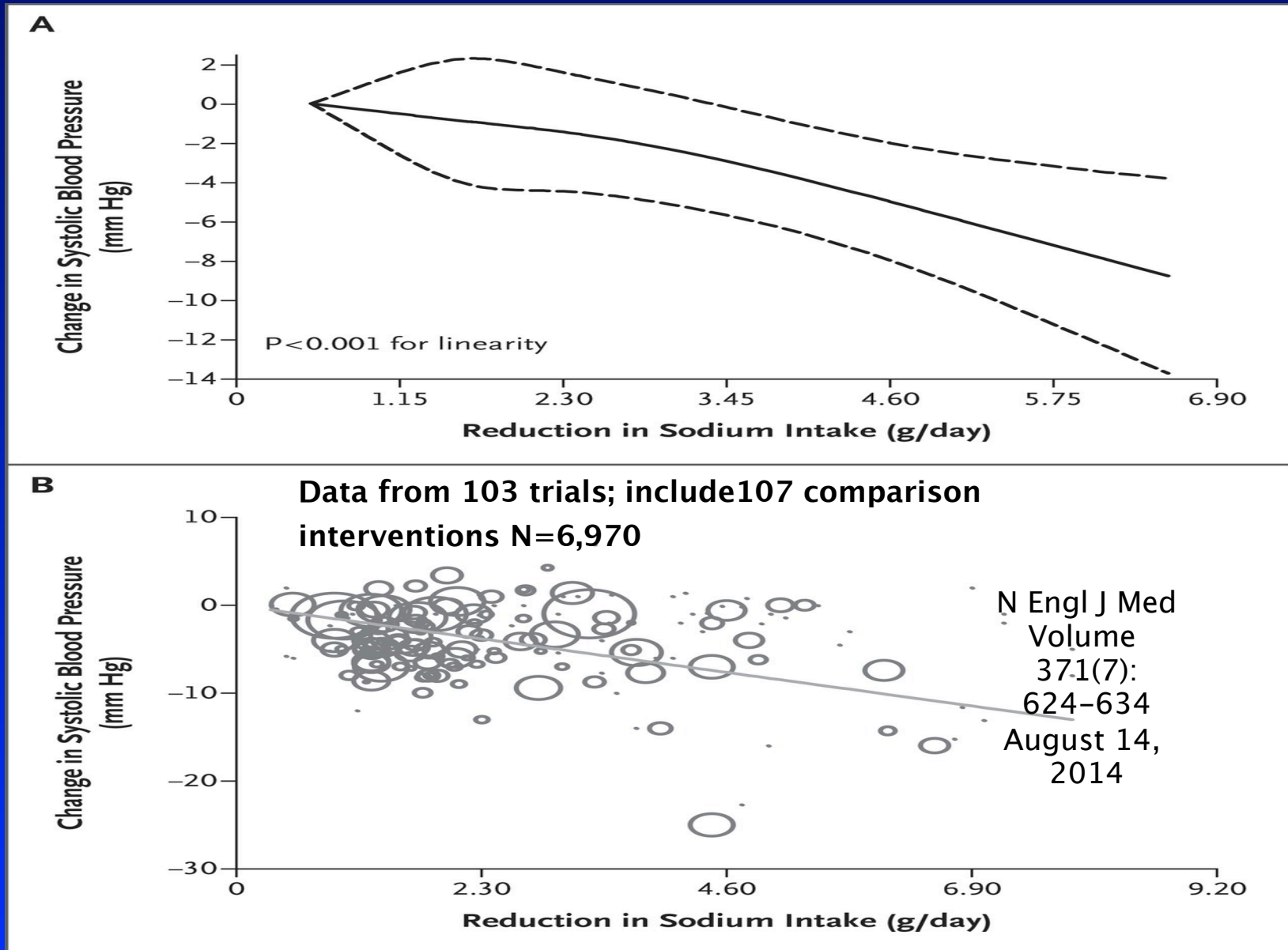
ORIGINAL ARTICLE

Mozaffarian,D. et al N Engl J Med 371(7):624–634 August 14, 2014

Global Sodium Consumption and Death from Cardiovascular Causes

Dariusz Mozaffarian, M.D., Dr.P.H., Saman Fahimi, M.D., Gitanjali M. Singh, Ph.D.,
Renata Micha, R.D., Ph.D., Shahab Khatibzadeh, M.D., M.P.H.,
Rebecca E. Engell, B.A., Stephen Lim, Ph.D., Goodarz Danaei, Ph.D.,
Majid Ezzati, Ph.D., and John Powles, M.B., B.S., for the Global Burden
of Diseases Nutrition and Chronic Diseases Expert Group (NUTRICODE)

Effects of Reduced Sodium Intake on SBP



Conclusions

- In this modeling study, 1.65 million deaths from cardiovascular causes that occurred in 2010 were attributed to sodium consumption above a reference level of 2.0 g per day.

Original Article

Ferdinand, K. et al *Hypertension*. 2014

Effects of the Once-Weekly Glucagon-Like Peptide-1 Receptor Agonist Dulaglutide on Ambulatory Blood Pressure and Heart Rate in Patients With Type 2 Diabetes Mellitus

Keith C. Ferdinand, William B. White, David A. Calhoun, Eva M. Lonn, Philip T. Sager, Rocco Brunelle, Honghua H. Jiang, Rebecca J. Threlkeld, Kenneth E. Robertson, Mary Jane Geiger

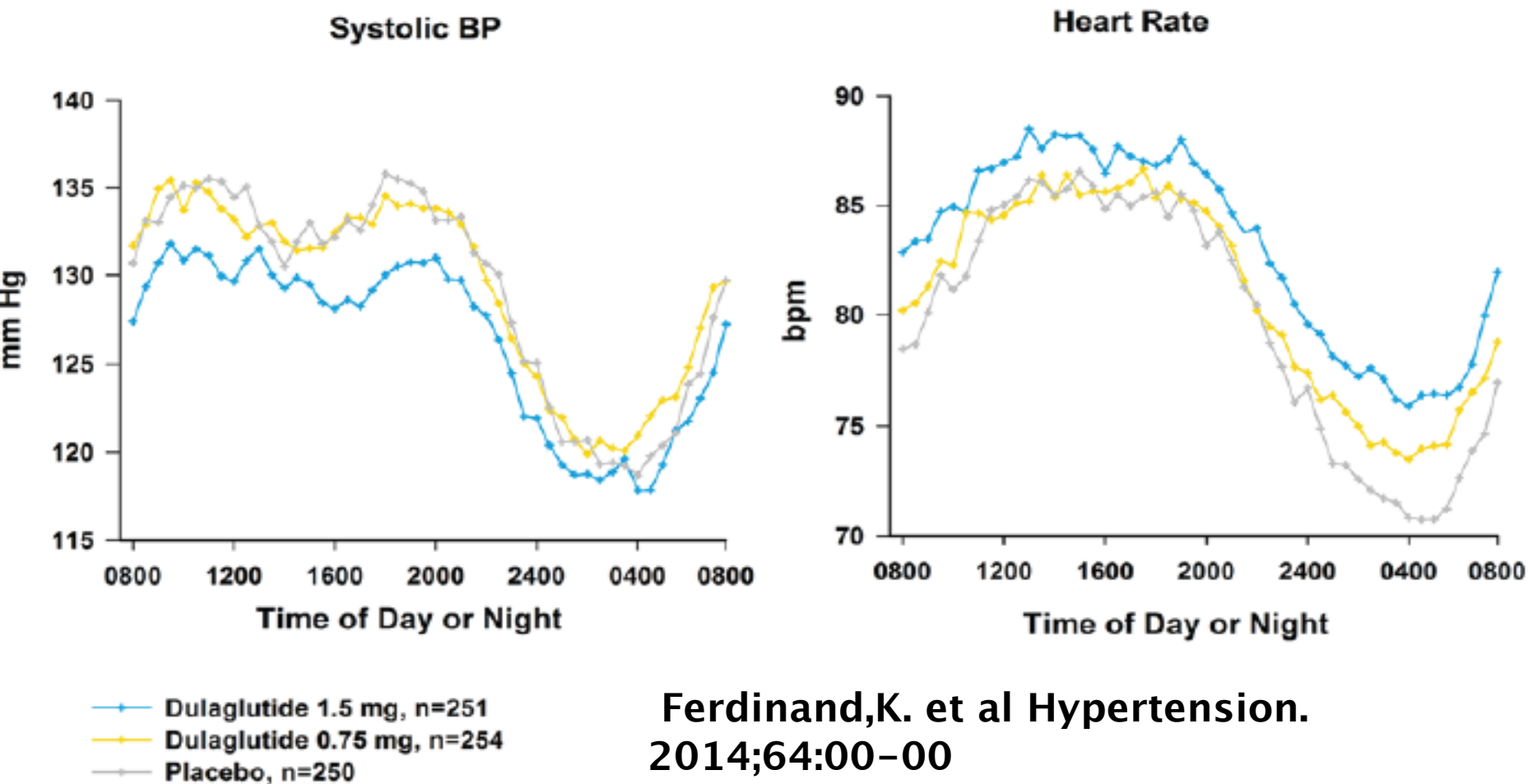
Abstract—Glucagon-like peptide-1 receptor agonists, used to treat type 2 diabetes mellitus, are associated with small reductions in systolic blood pressure (SBP) and increases in heart rate. However, findings based on clinic measurements do not adequately assess a drug's 24-hour pharmacodynamic profile. The effects of dulaglutide, a once-weekly glucagon-like peptide-1 receptor agonist, on BP and heart rate were investigated using ambulatory BP monitoring. Patients (n=755; 56±10 years; 81% white; 48% women), with type 2 diabetes mellitus, taking ≥1 oral antihyperglycemic medication, with a clinic BP between 90/60 and 140/90 mmHg were randomized to dulaglutide (1.5 or 0.75 mg) or placebo subcutaneously for 26 weeks. Ambulatory BP monitoring was performed at baseline and at 4, 16, and 26 weeks. The primary end point was change from baseline to week 16 in mean 24-hour SBP, a tree gatekeeping strategy compared the effects of dulaglutide to placebo. Both doses of dulaglutide were noninferior to placebo for changes in 24-hour SBP and diastolic blood pressure, and dulaglutide 1.5 mg significantly reduced SBP (least squares mean difference [95% confidence interval]), −2.8 mmHg [−4.6, −1.0]; $P\leq 0.001$). Dulaglutide 0.75 mg was noninferior to placebo (1.6 bpm; [0.3, 2.9]; $P\leq 0.02$) for 24-hour heart rate (least squares mean difference [95% confidence interval]), but dulaglutide 1.5 mg was not (2.8 bpm [1.5, 4.2]). Dulaglutide 1.5 mg was associated with a reduction in 24-hour SBP and an increase in 24-hour heart rate. The mechanisms responsible for the observed effects remain to be clarified. (*Hypertension*. 2014;64:00-00.) • [Online Data Supplement](#)

Key Words: blood pressure monitoring, ambulatory ■ blood pressure ■ dulaglutide ■ glucagon-like peptide-1 ■ heart rate ■ hypertension ■ type 2 diabetes mellitus

Effects of Dulaglutide on Ambulatory BP and HR

- What is New?
- This was a large, randomized placebo-controlled ABPM study designed to assess the effects of dulaglutide, a glucagon-like peptide-1 receptor (GLP-1) agonist, on BP and HR

Figure 1. Effects of dulaglutide and placebo on ambulatory systolic blood pressure (BP) and heart rate during 24 hours. Least squares mean values are shown for systolic BP and heart rate.



Ferdinand, K. et al Hypertension.
2014;64:00–00

Effects of Dulaglutide on ABPM and HR

- What is Relevant?
- Both doses of dulaglutide were noninferior to placebo for changes in 24-hour SBP and DBP.
- Dulaglutide 1.5 mg significantly ↓ SBP ($P \leq 0.001$).
- The 0.75-mg dose was noninferior to placebo for 24-hour HR.
- Dulaglutide 1.5 mg was associated with a small ↑ in 24-hour HR.

Summary

Dulaglutide did not adversely affect blood pressure and may have some benefit. The relevance of a small increase in mean heart rate, while likely not detrimental, remains to be determined.

Sitagliptin Use in Patients With Diabetes and Heart Failure

A Population-Based Retrospective Cohort Study

Daniala L. Weir, BSc,*† Finlay A. McAlister, MD, MSc,† Ambikaipakan Senthilselvan, PhD,*
Jasjeet K. Minhas-Sandhu, MSc,† Dean T. Eurich, PhD*†

ABSTRACT

OBJECTIVES The study objective was to evaluate the effects of sitagliptin in patients with type 2 diabetes (T2D) and heart failure (HF).

BACKGROUND There is uncertainty in the literature about whether dipeptidyl peptidase (DPP)-4 inhibitors cause harm in patients with HF and T2D.

Sitagliptin Use with DM and HF Population-Based Retrospective Cohort Study

- OBJECTIVES: evaluate effects of sitagliptin in patients with T2D and HF
- Data from national commercially insured U.S. claims database
- Incident HF with metformin or sulfonylurea and sitagliptin
- N=7,620
- Subsequent sitagliptin compared with not using sitagliptin in the 90-day period

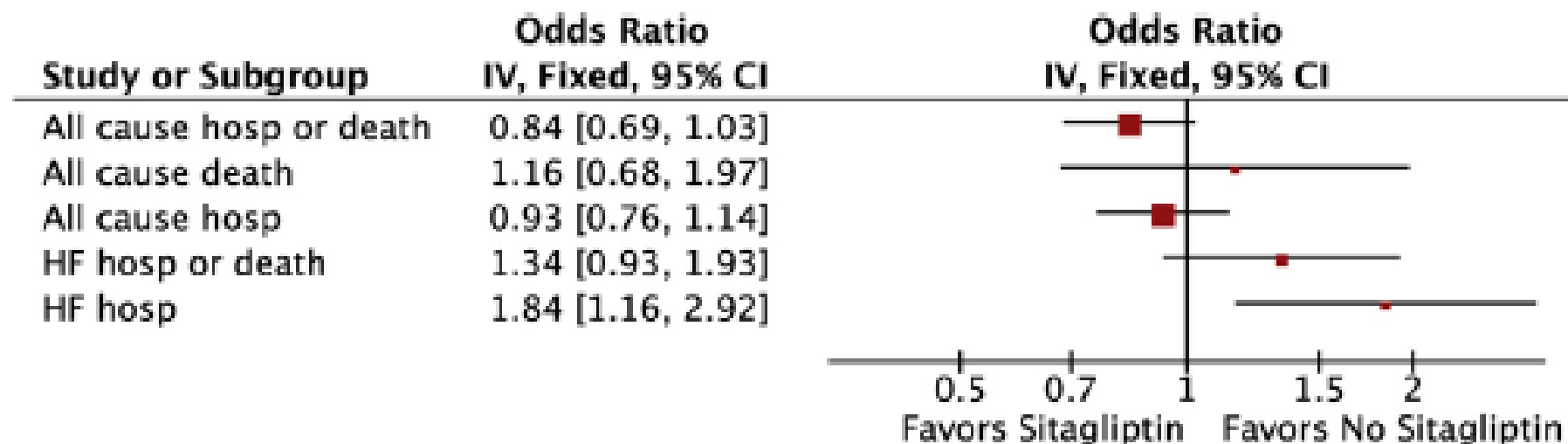


FIGURE 3 Forest Plot of Primary and Secondary Endpoints According to Sitagliptin Use

Primary and secondary endpoints after incident HF were evaluated according to sitagliptin use versus nonuse 90 days before each outcome. CI = confidence interval; HF = heart failure; hosp = hospitalization; IV = interval.

Sitagliptin Use with DM and HF Population-Based Retrospective Cohort Study

- CONCLUSIONS: Sitagliptin use was not associated with an increased risk of all-cause hospitalizations or death, but was associated with an increased risk of HF-related hospitalizations among patients with T2D with pre-existing HF.

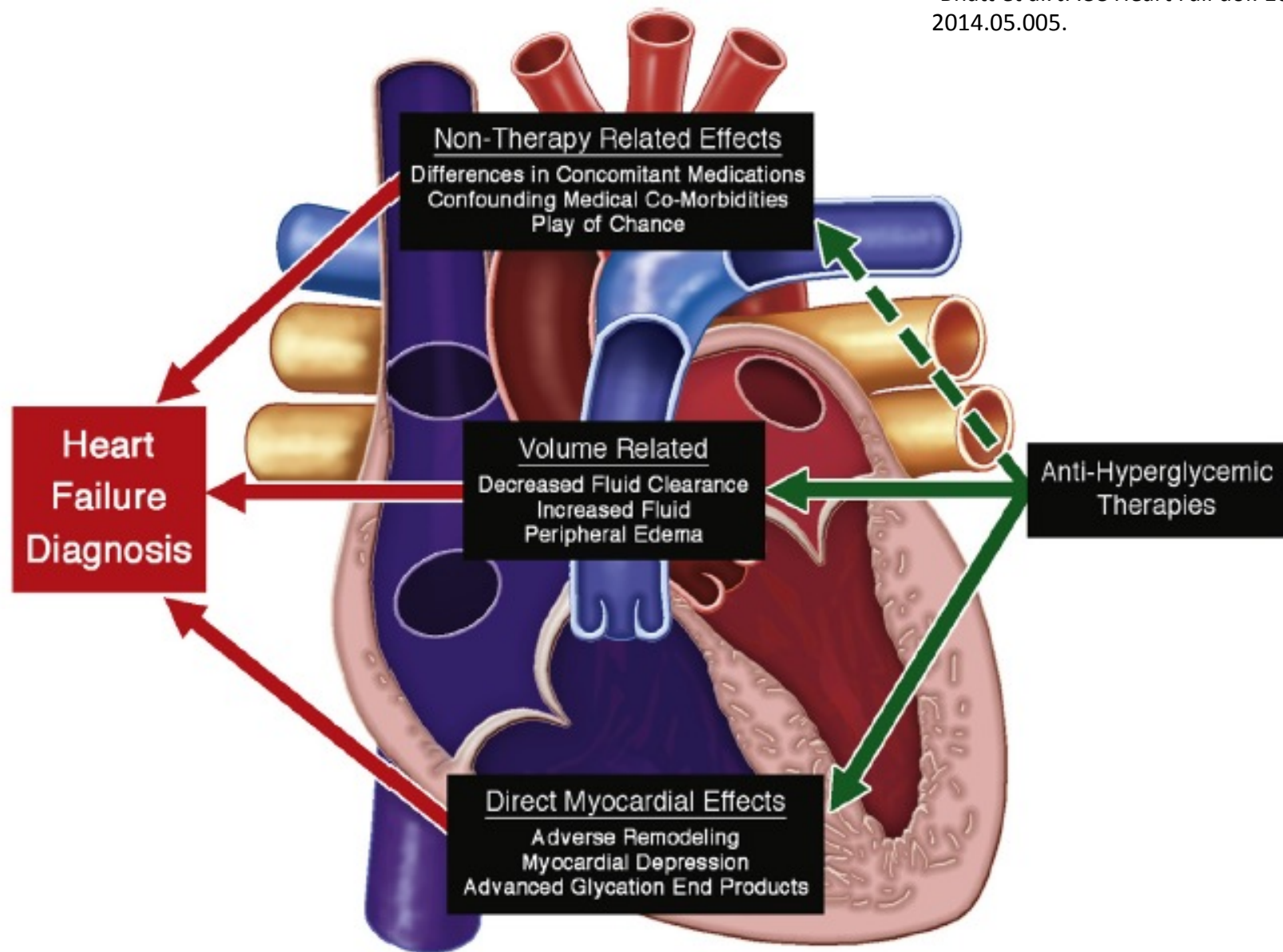


FIGURE 1 Antihyperglycemic Therapies and Heart Failure

Potential explanations for the association between antihyperglycemic therapies and heart failure seen in trial and registry analyses.

Thank You!

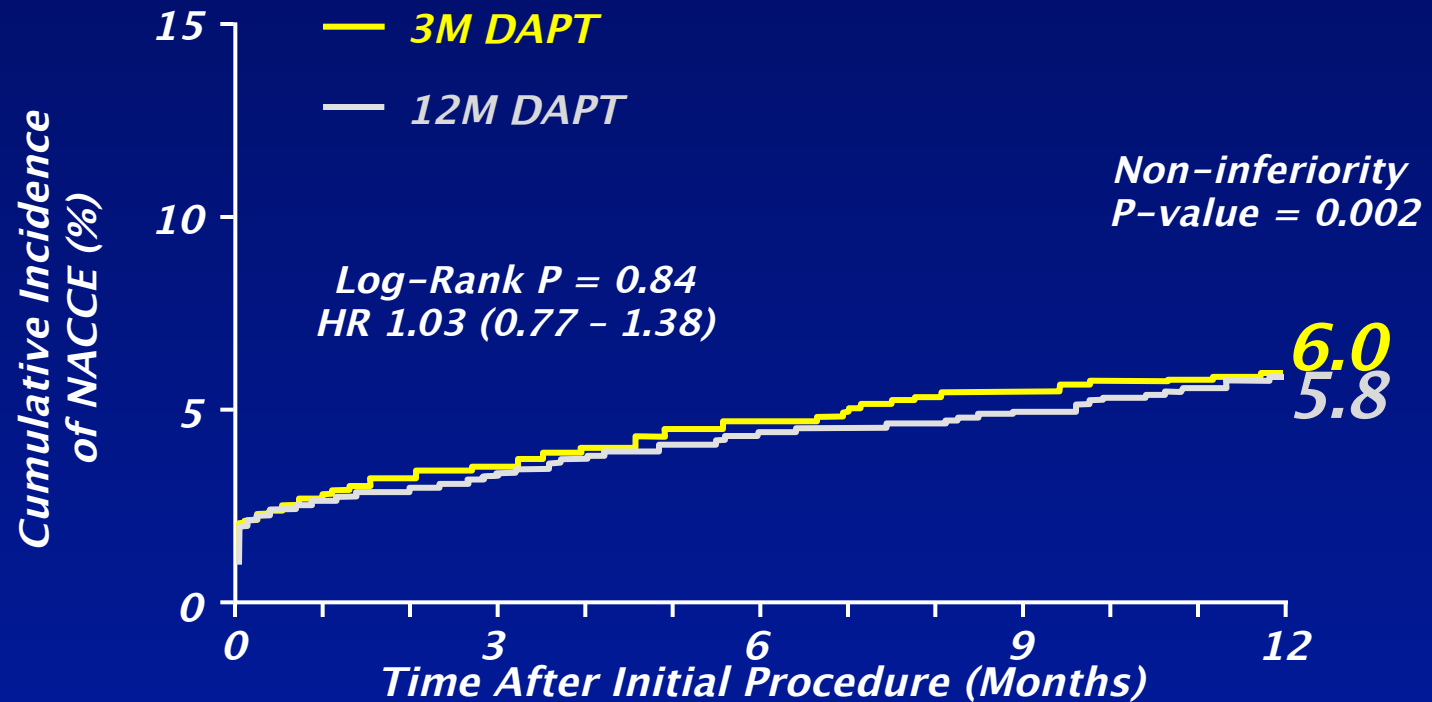


Late-Breaking Clinical Trials & FDA Update

Thrombosis

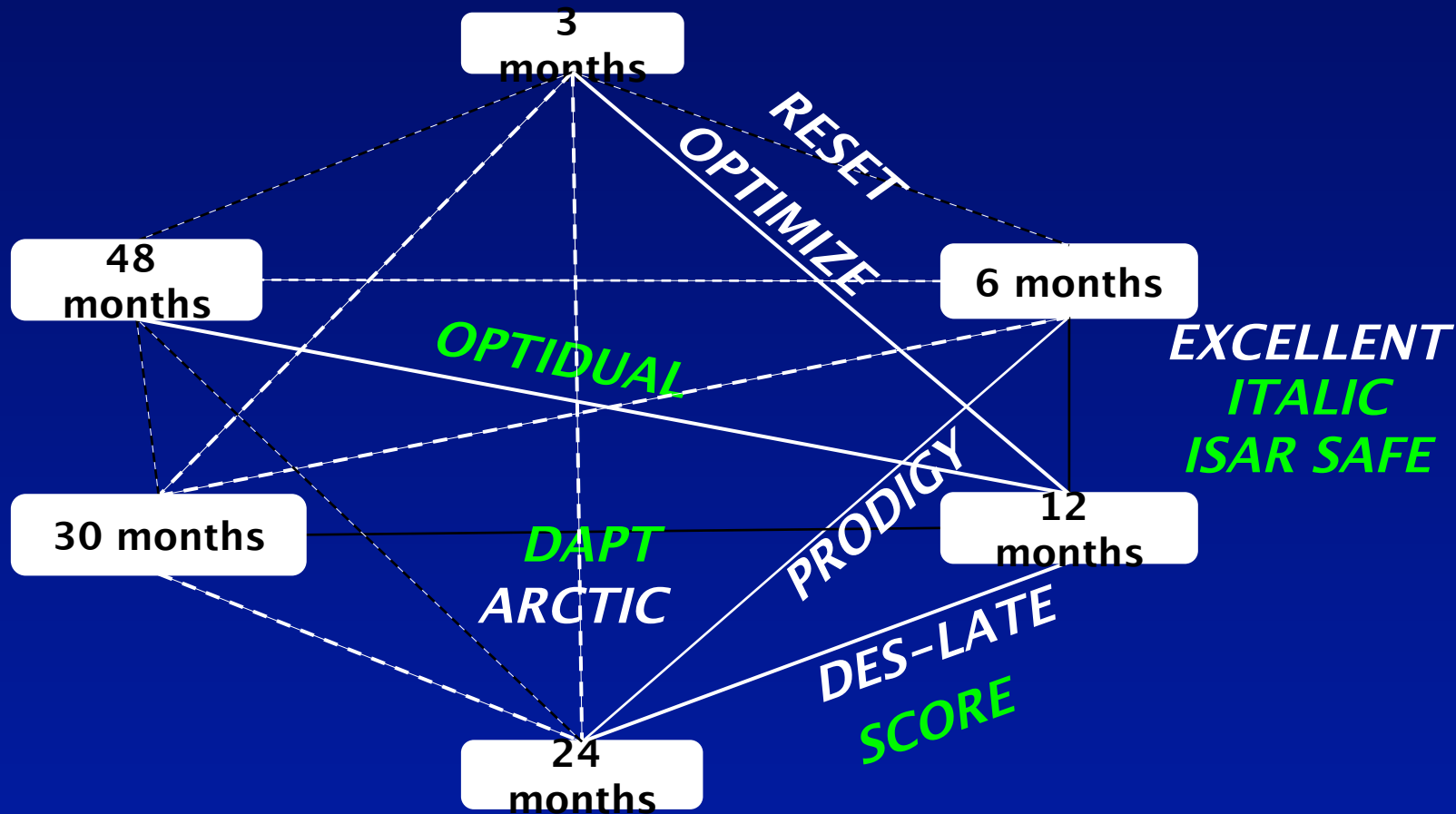
Deepak L. Bhatt, MD, MPH
Executive Director of Interventional Cardiovascular
Program, BWH Heart and Vascular Center
Professor of Medicine, Harvard Medical School
Boston, Massachusetts

OPTIMIZE Trial: NACCE at 1 Year (All-Cause Death, MI, Stroke, Major Bleeding)



Month	0	1	3	6	12
No. at risk	156	1520	150	146	138
No. events	3	25	4	8	4
No. at risk	155	1514	149	146	138
No. events	6	25	7	6	1
No. events	16	25	11	16	22

Trials of DAPT: Duration



*Ongoing trials in
green*

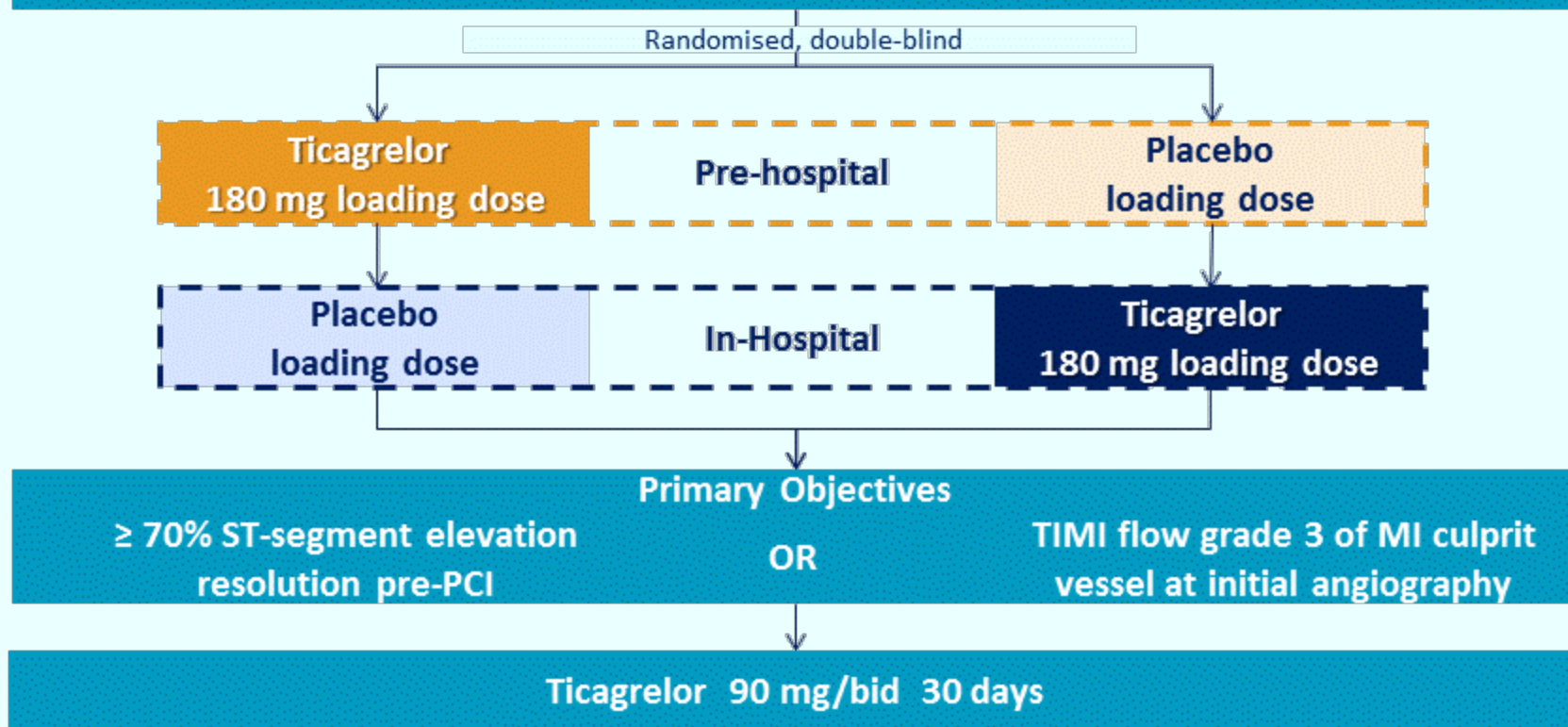


Atlantic
Population

Study Population and Design

- Documented evidence of STEMI
- Planned for angioplasty (PCI)
- onset of ischaemic symptoms within 6 h
- initially managed by ambulance physician/personnel; also concerning patients not pre-treated for STEMI in emergency rooms of non-PCI hospitals

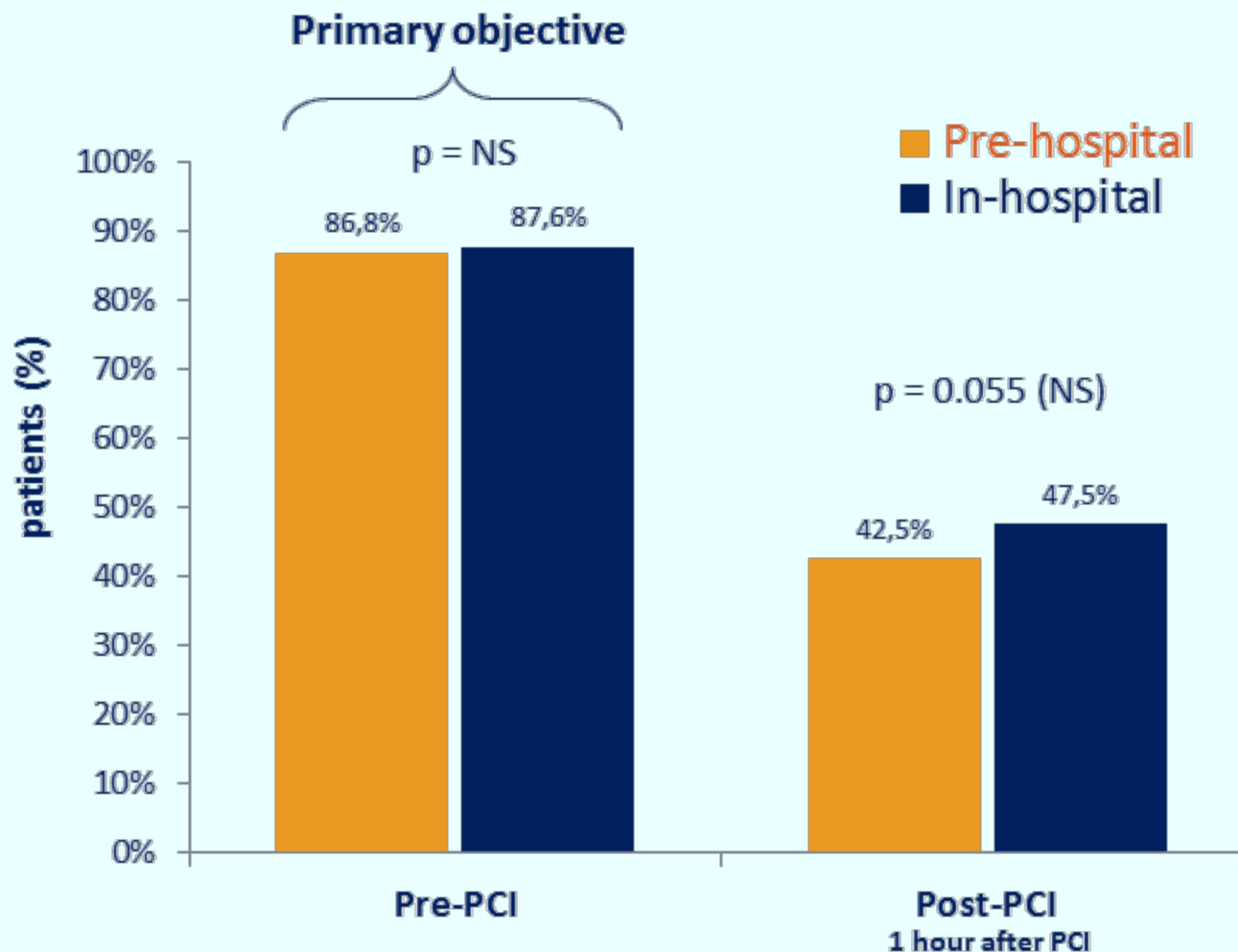
STE-ACS planned for PCI (N = 1862)





1st Co-Primary Endpoint

No ST-segment resolution ($\geq 70\%$)

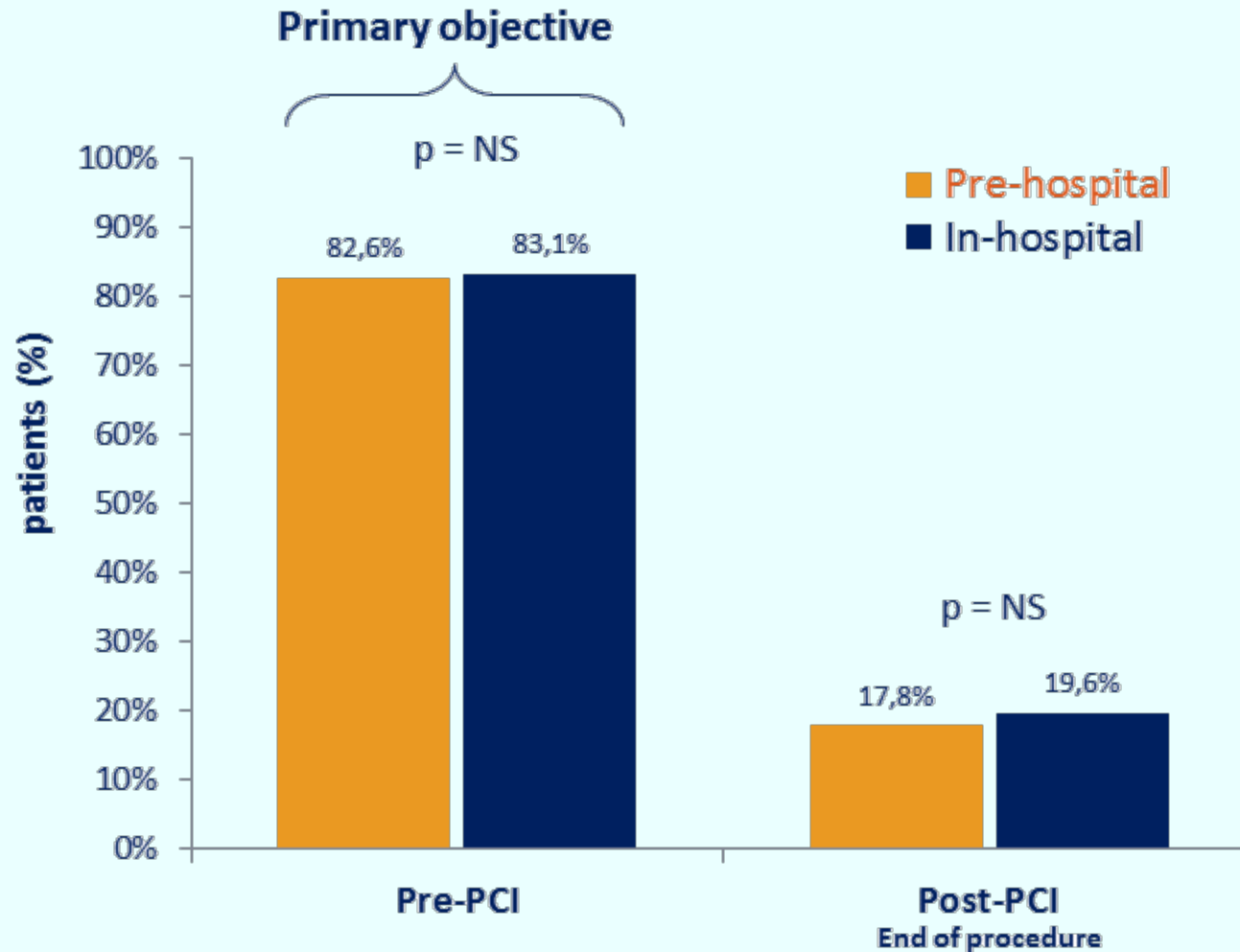


PCI=percutaneous coronary intervention



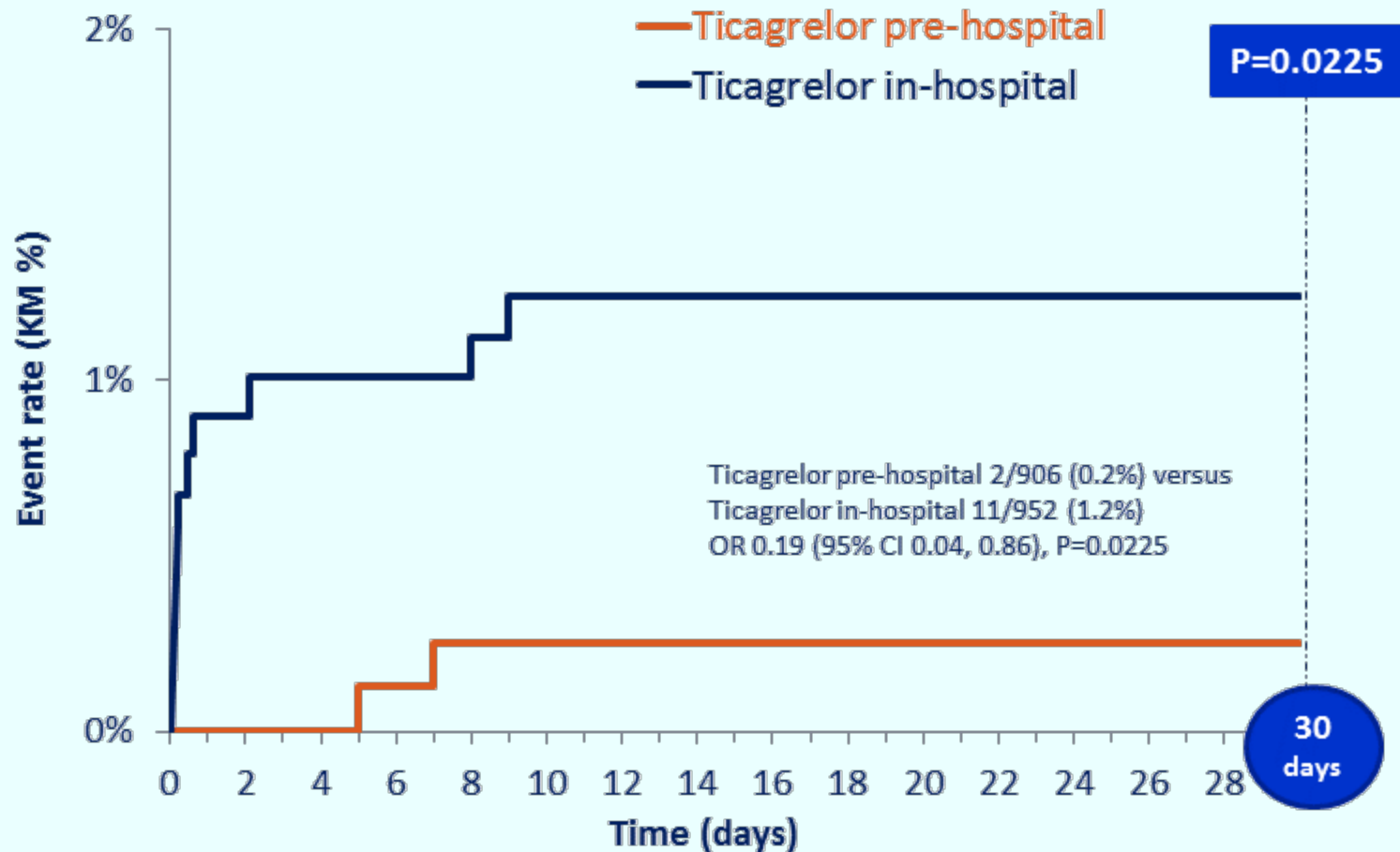
2nd Co-Primary Endpoint

No TIMI 3 flow in infarct-related artery

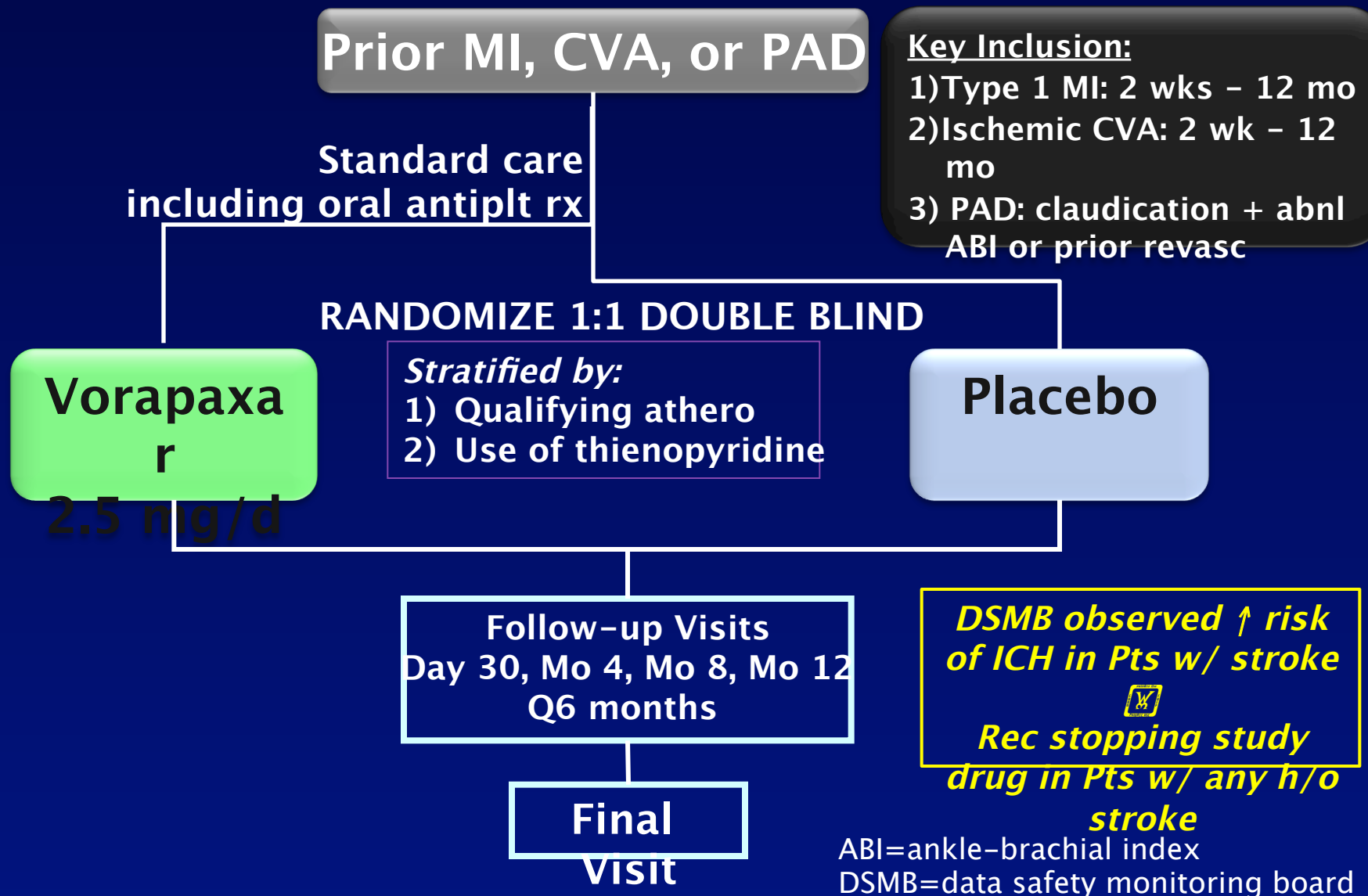




Definite Stent Thrombosis Up to 30 Days

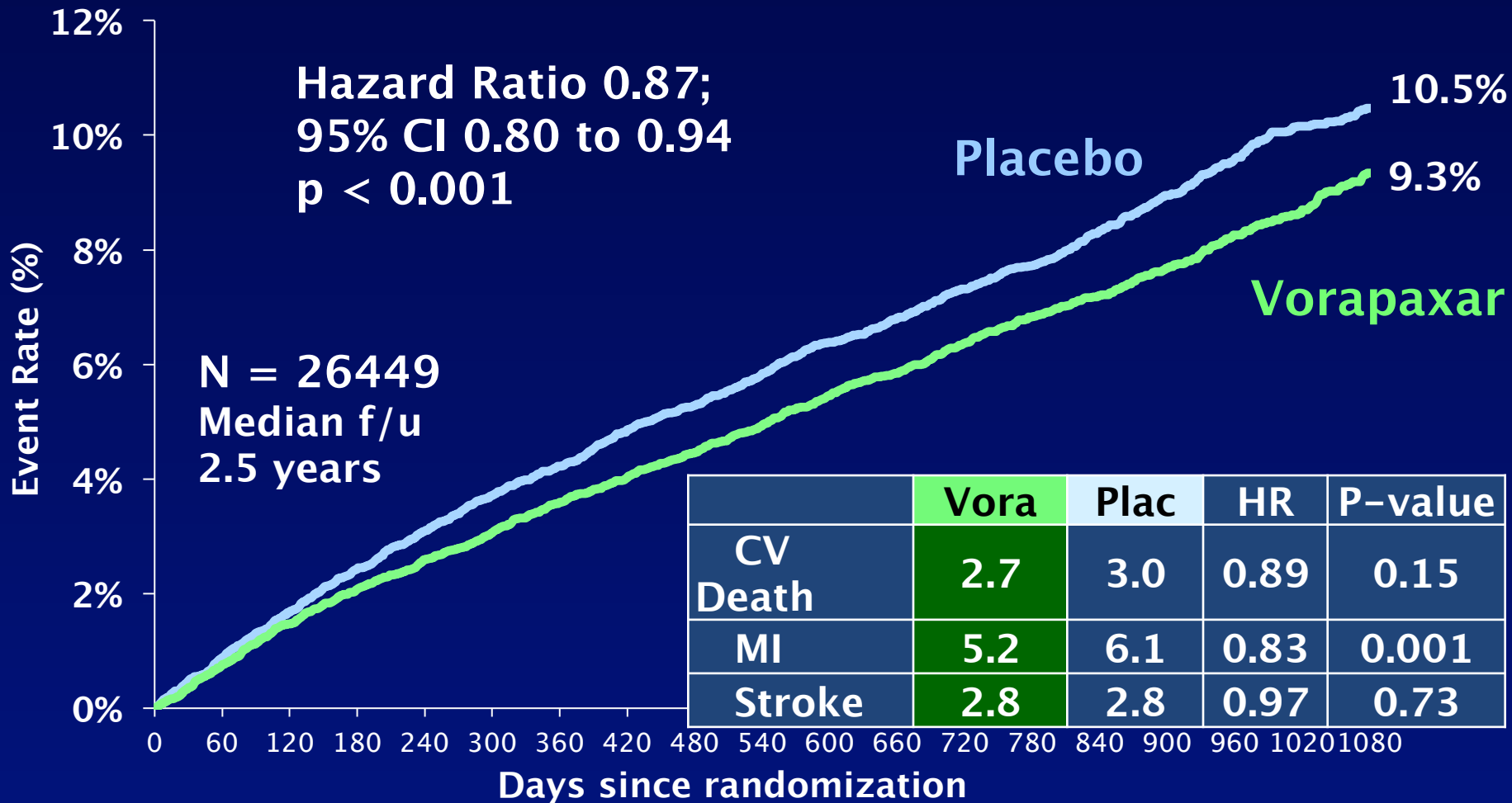


Trial Design

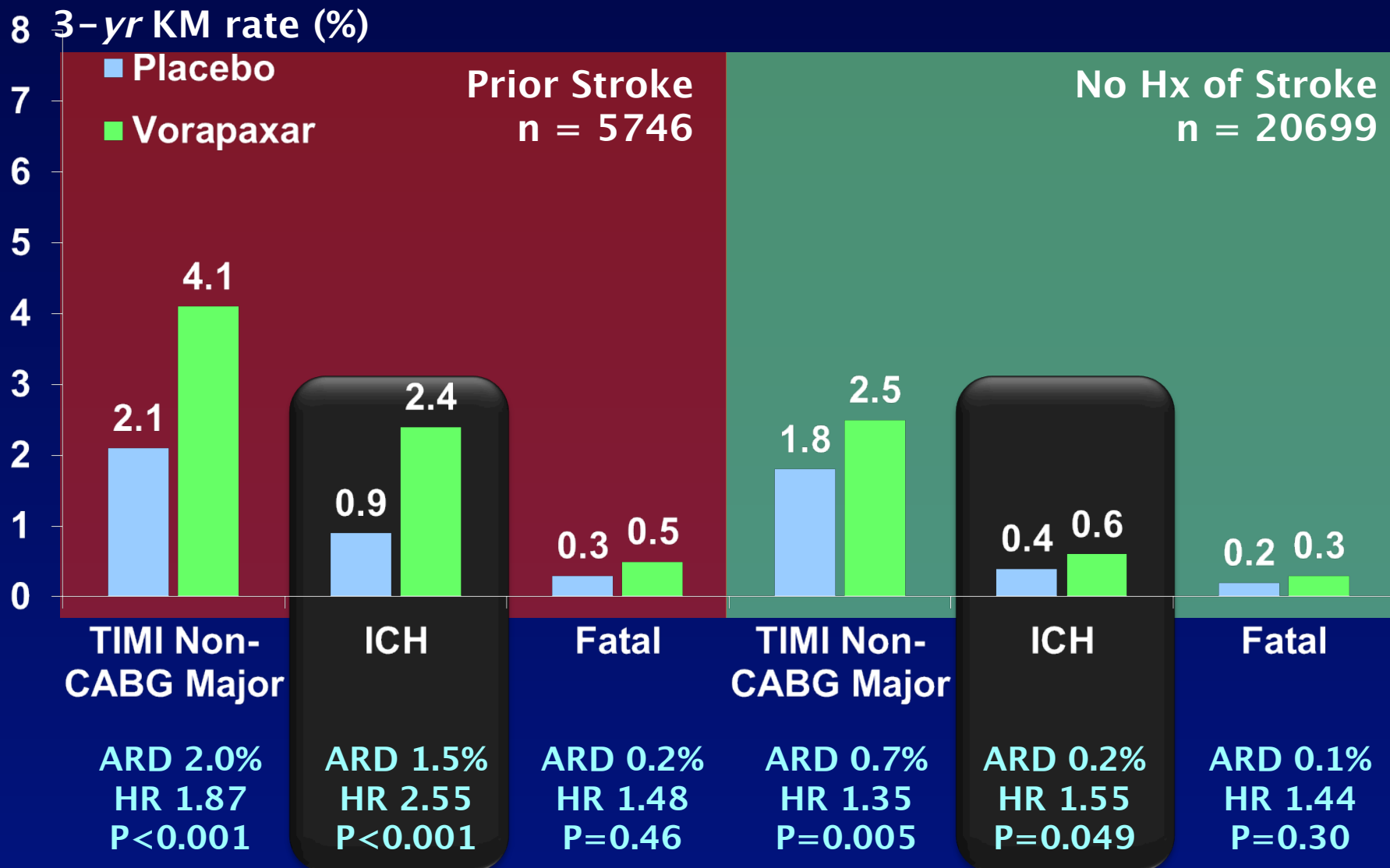


Primary Efficacy Evaluation

CV Death, MI, or Stroke

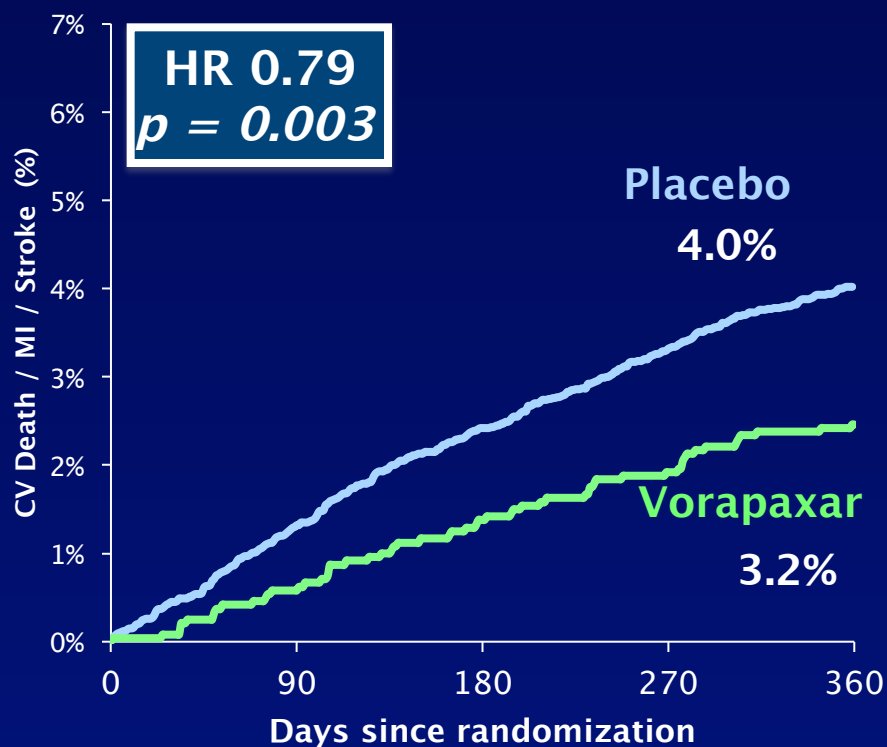


Major Bleeding Endpoints

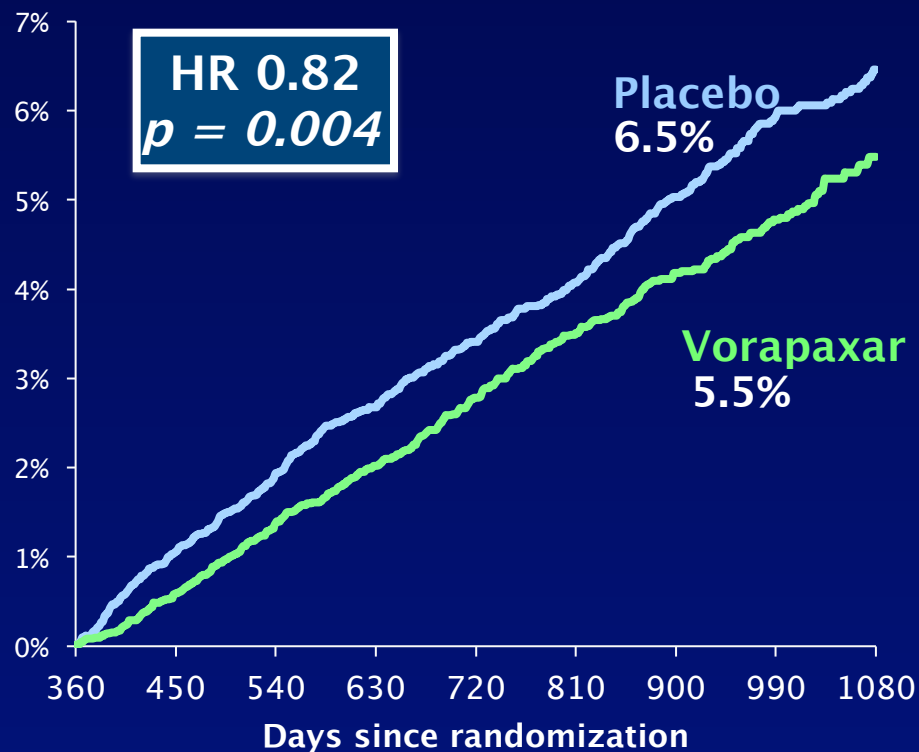


Efficacy, Early and Late *Prior MI Cohort*

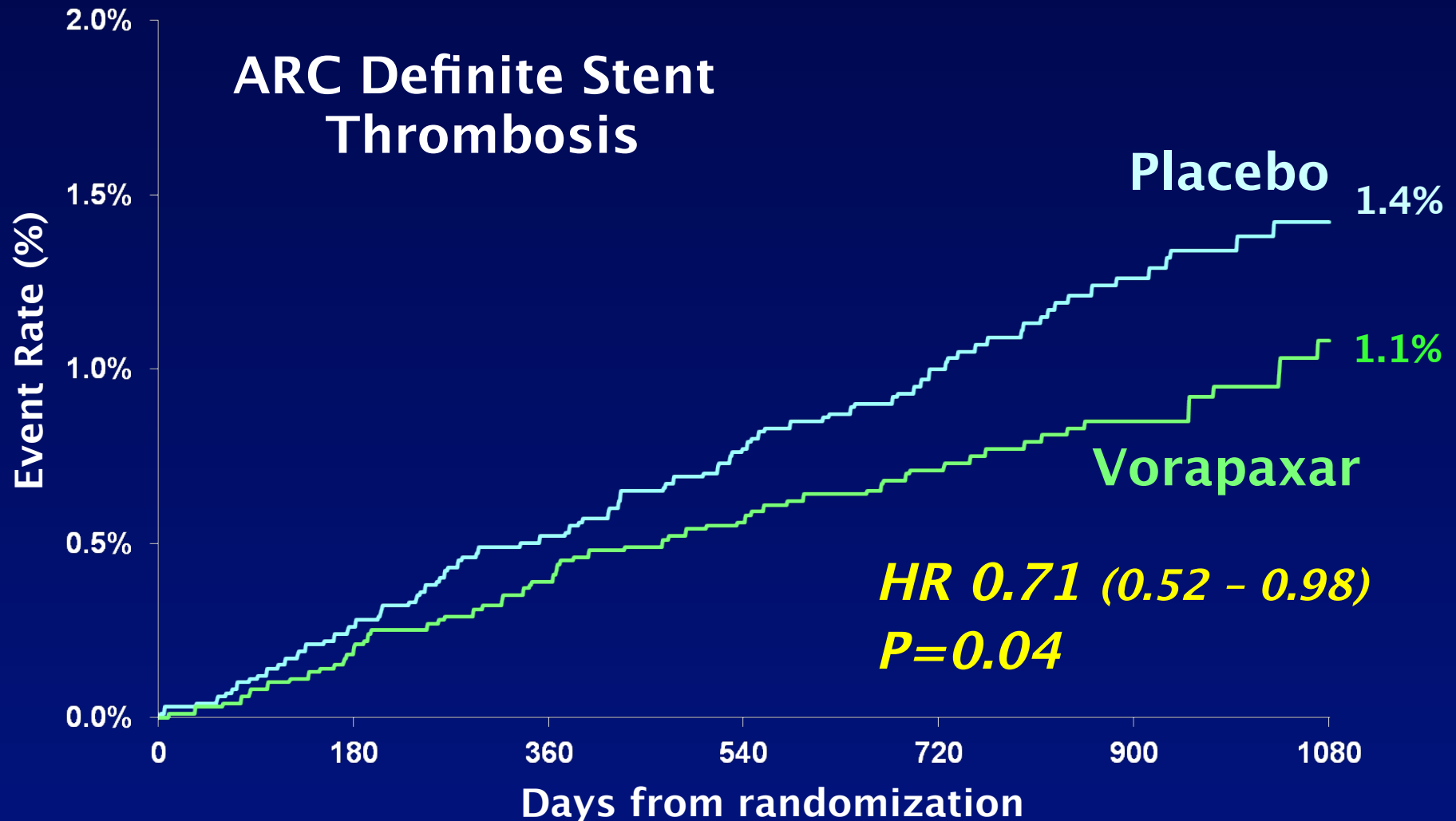
Days 0 to 360



Days 360 to 1080

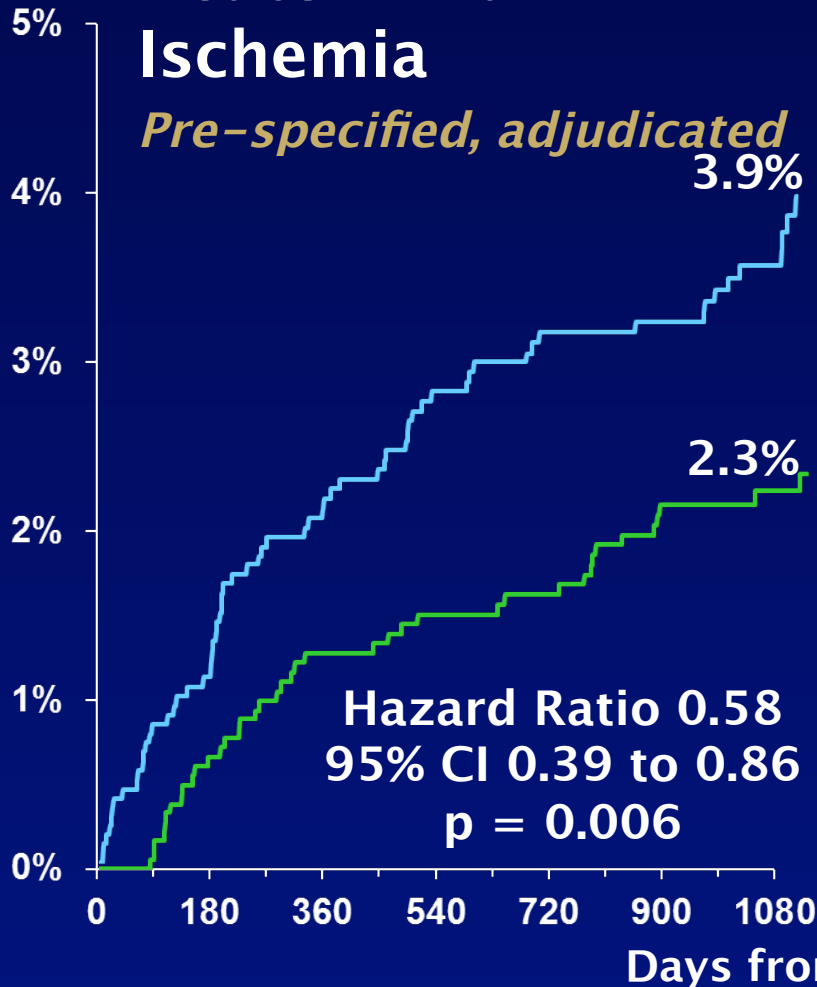


Stent Thrombosis by Randomized Treatment

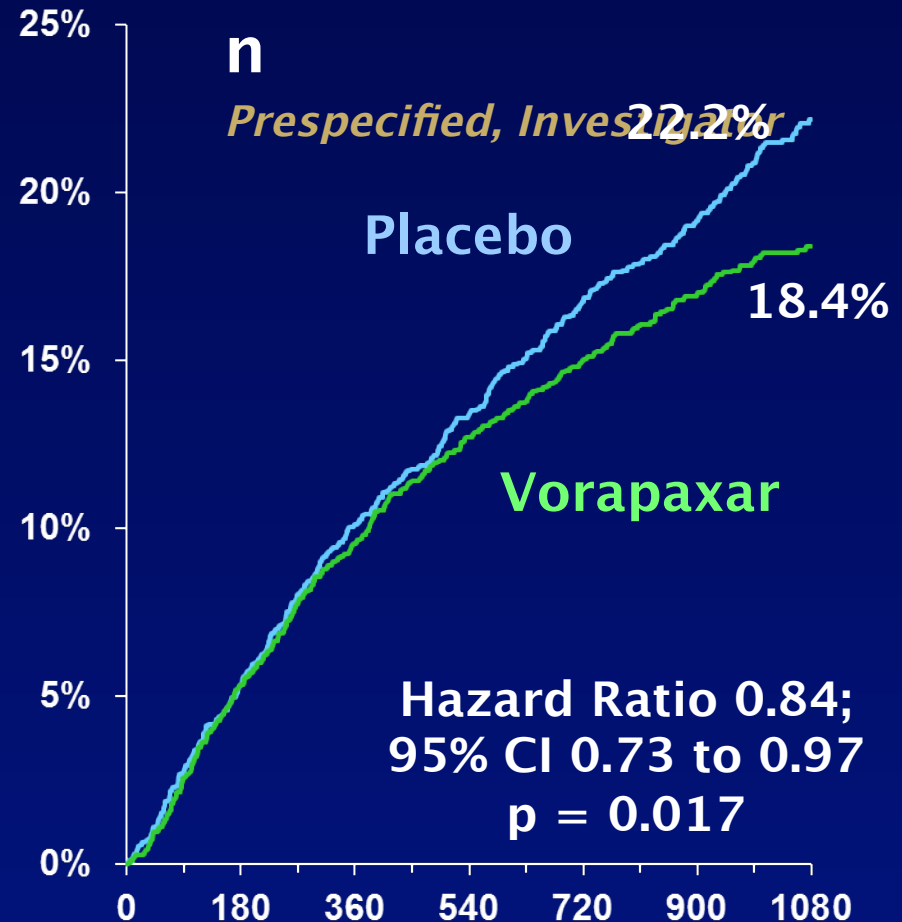


Vorapaxar and Limb Vascular Efficacy

Hospitalization for Acute Limb Ischemia N = 3767



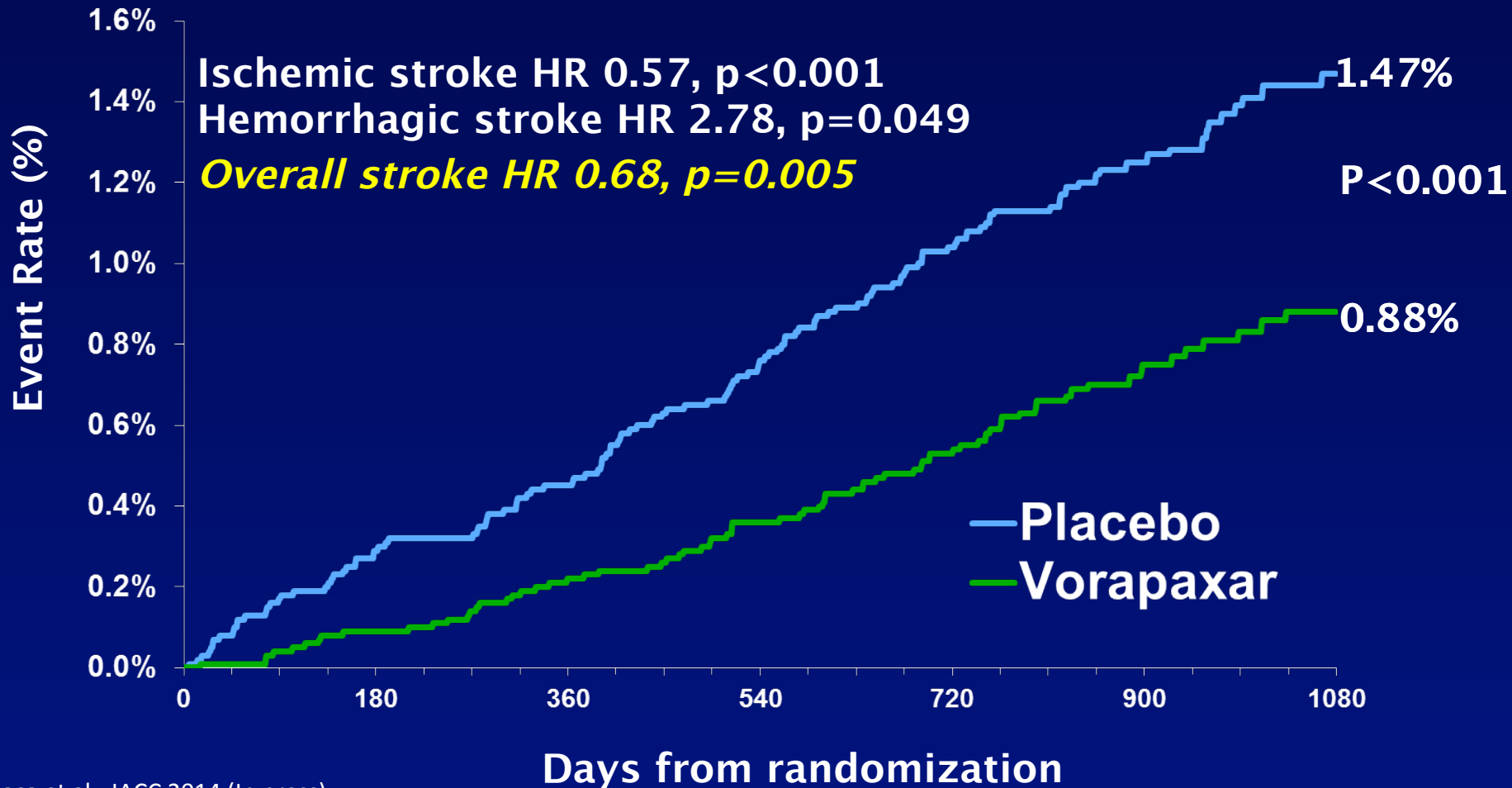
Peripheral Revascularization n



Incidence of New Ischemic Stroke

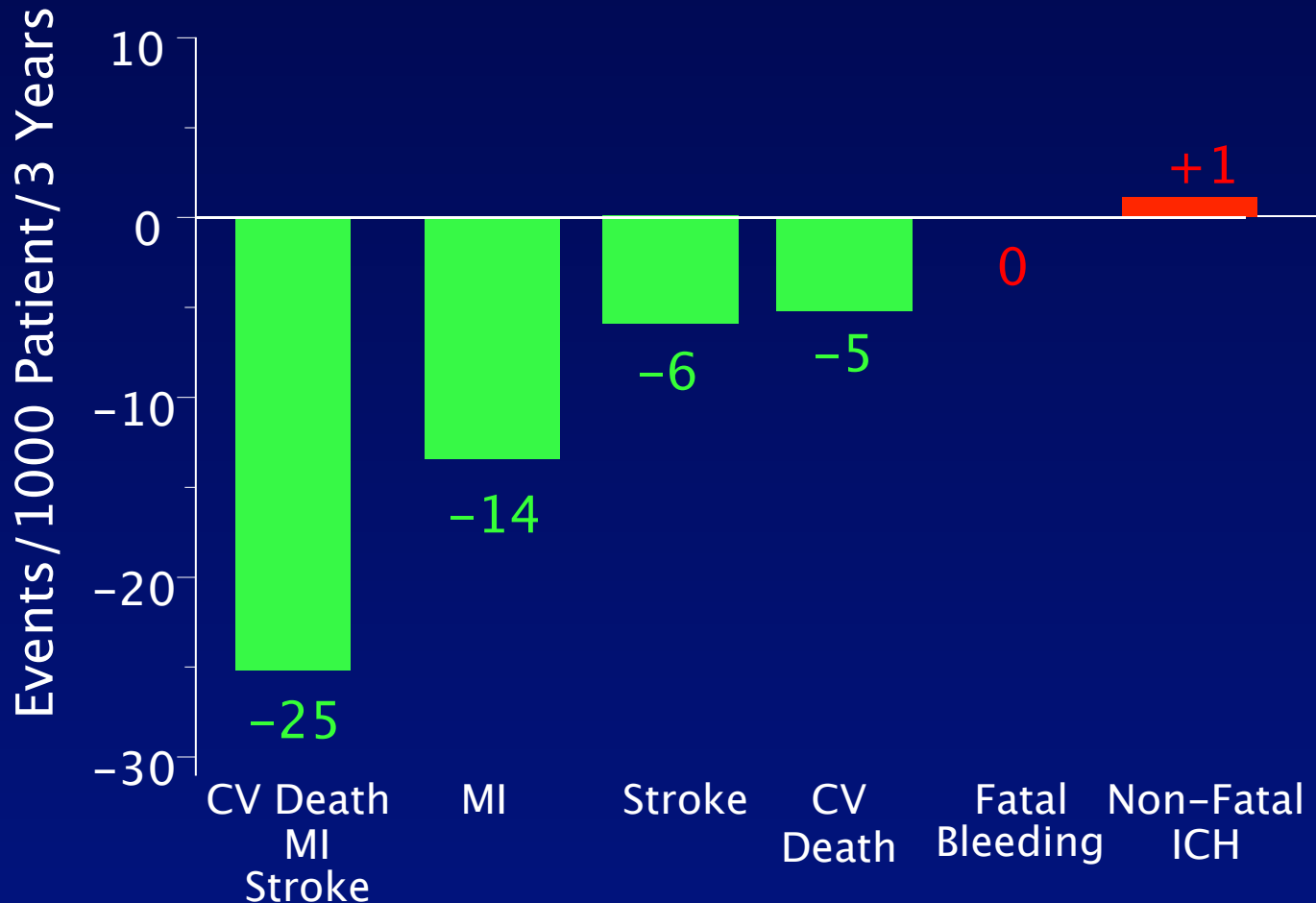
Patients without history of Stroke/TIA

N = 20,170



Patients with Prior MI and No Hx of Stroke or TIA

**Risk Differences for 1000 Patients per 3 years– Vora
First Serious (Irreversible) Events vs. PBO**



Study Design

21,105 PATIENTS
AF on electrical recording within last 12 months
Intended oral anticoagulant
 $\text{CHADS}_2 \geq 2$

RANDOMIZATION
1:1:1 randomization is stratified by CHADS_2 score 2-3 versus 4-6 and need for edoxaban dose reduction*

Double-blind, Double-dummy

**Low-dose
Edoxaban**
30* mg QD

**High-dose
Edoxaban**
60* mg QD

**Warfarin
(INR 2.0-3.0)**

*Dose reduced by 50%:
- CrCl 30-50 mL/min
- Weight ≤ 60 kg
- Strong P-gp
inhibitor

1° Efficacy EP = Stroke or SEE
2° Efficacy EP = Stroke or SEE or CV mortality
1° Safety EP = Major Bleeding (ISTH criteria)

Non-inferiority
Upper 97.5% CI < 1.38

Primary Efficacy and Safety Results (2.8 years median f/u)

Stroke/SEE: Noninferiority Analysis (mITT, On Treatment)

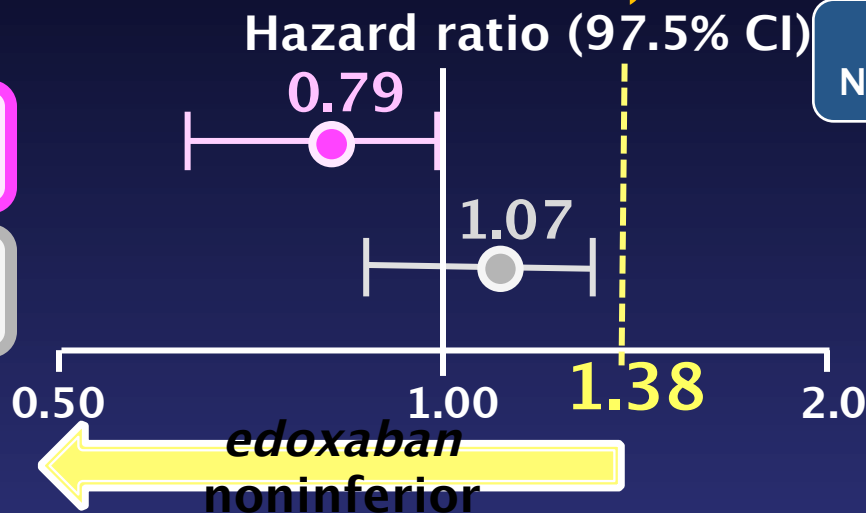
Warfarin TTR 68.4%

Edoxaban 60* mg
QD

vs warfarin

Edoxaban 30* mg
QD

vs warfarin



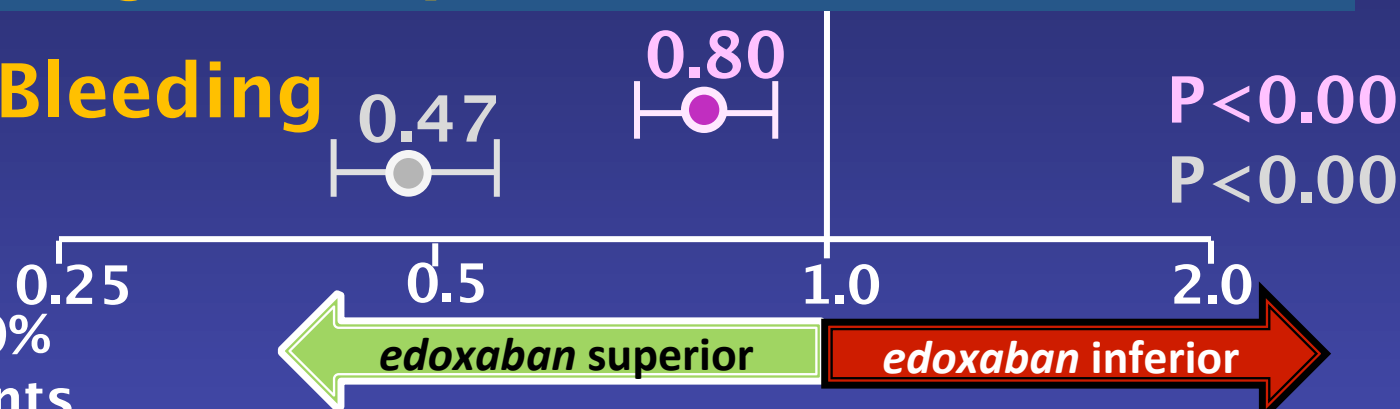
P Values
Non-inferiority

$P < 0.0001$ Superiority

$P = 0.005$ $P = 0.44$

Major Bleeding: (Safety Cohort, On Treatment)

ISTH Major Bleeding

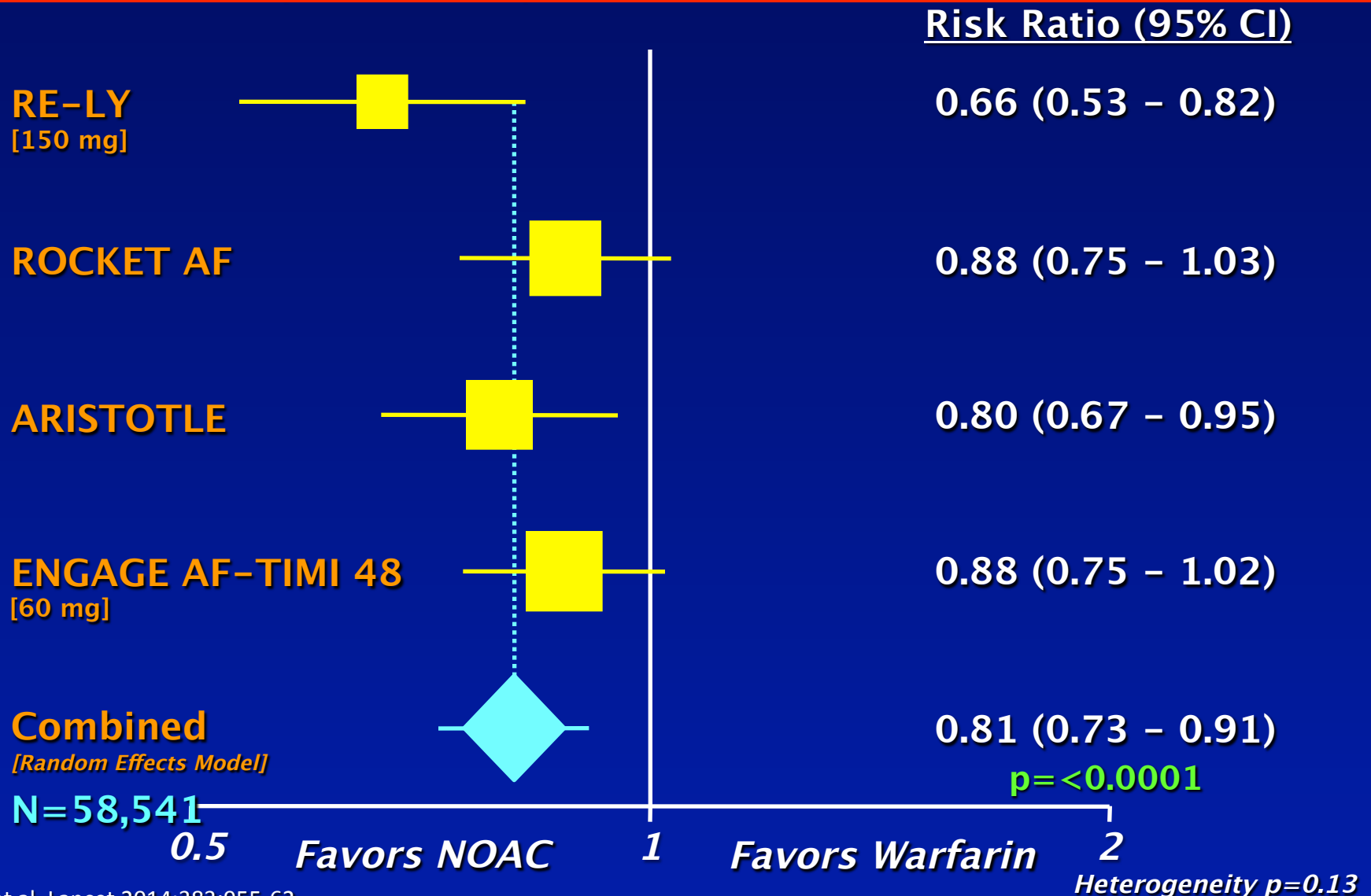


$P < 0.00$

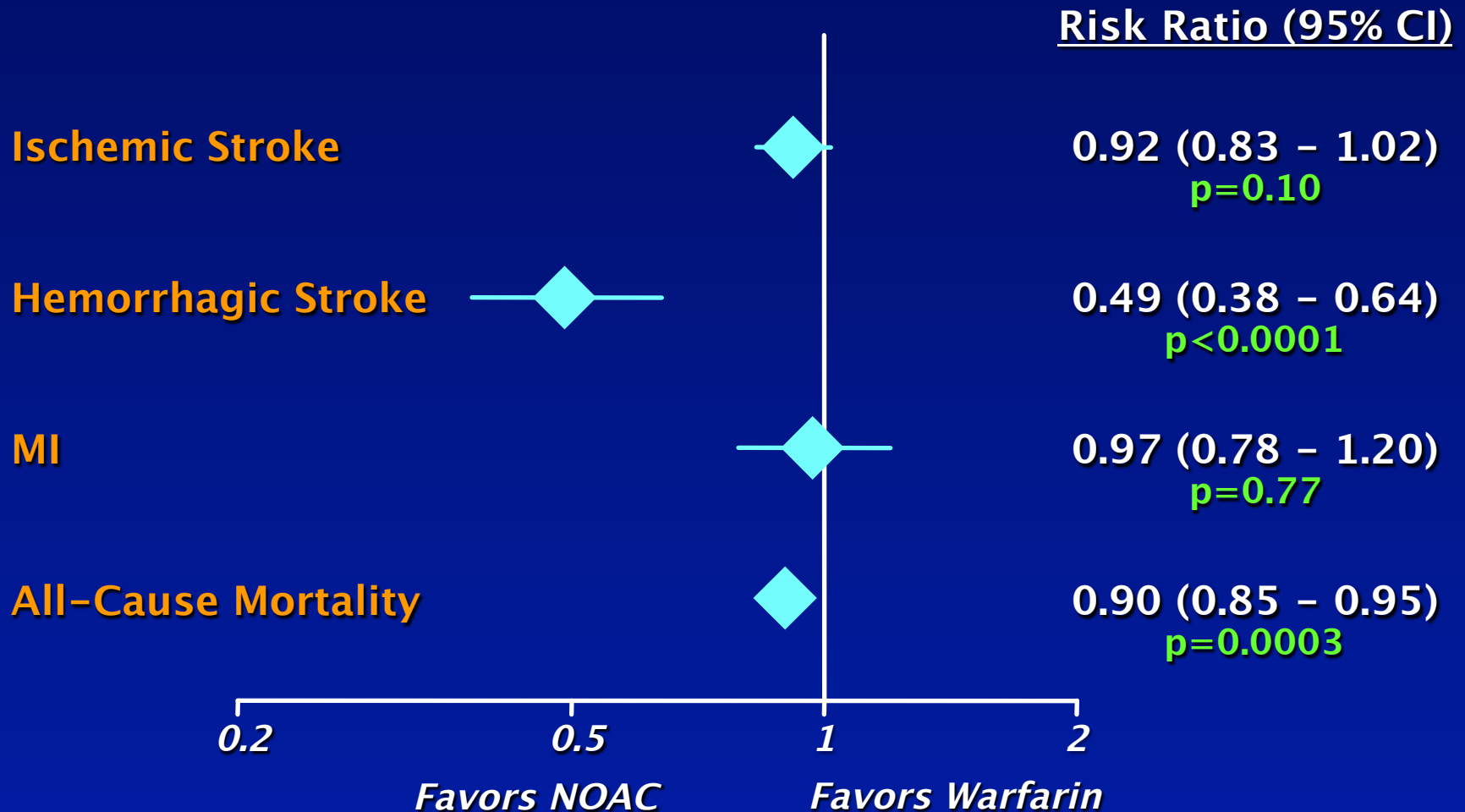
$P < 0.00$

* Dose reduced 50%
in selected patients

All Novel Oral Anticoagulants (NOAC): Stroke or SEE

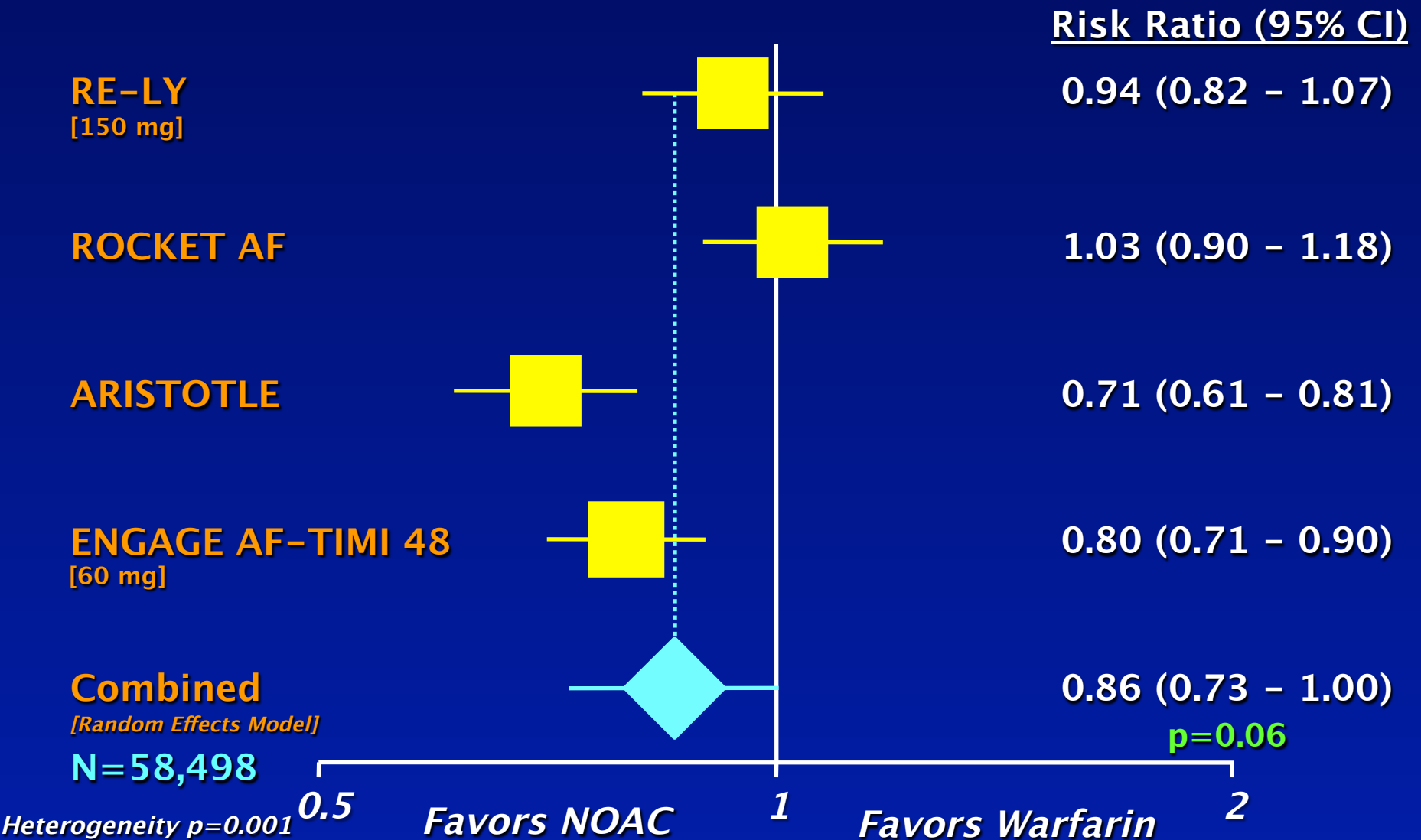


Secondary Efficacy Outcomes

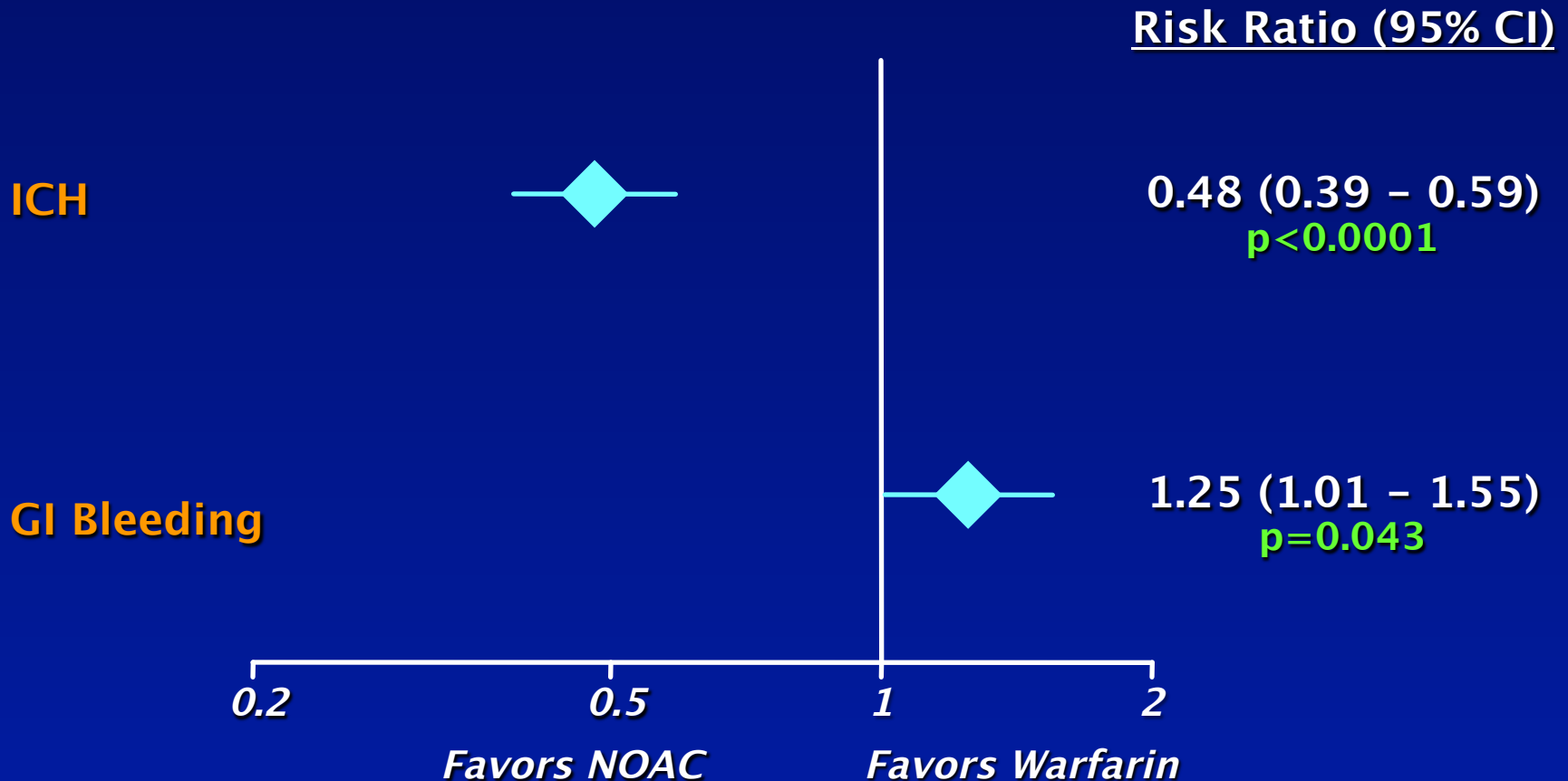


Heterogeneity $p=NS$ for all outcomes

All NOACS: Major Bleeding



Secondary Safety Outcomes



Heterogeneity

ICH, $p = 0.22$

GI Bleeding, $p = 0.009$

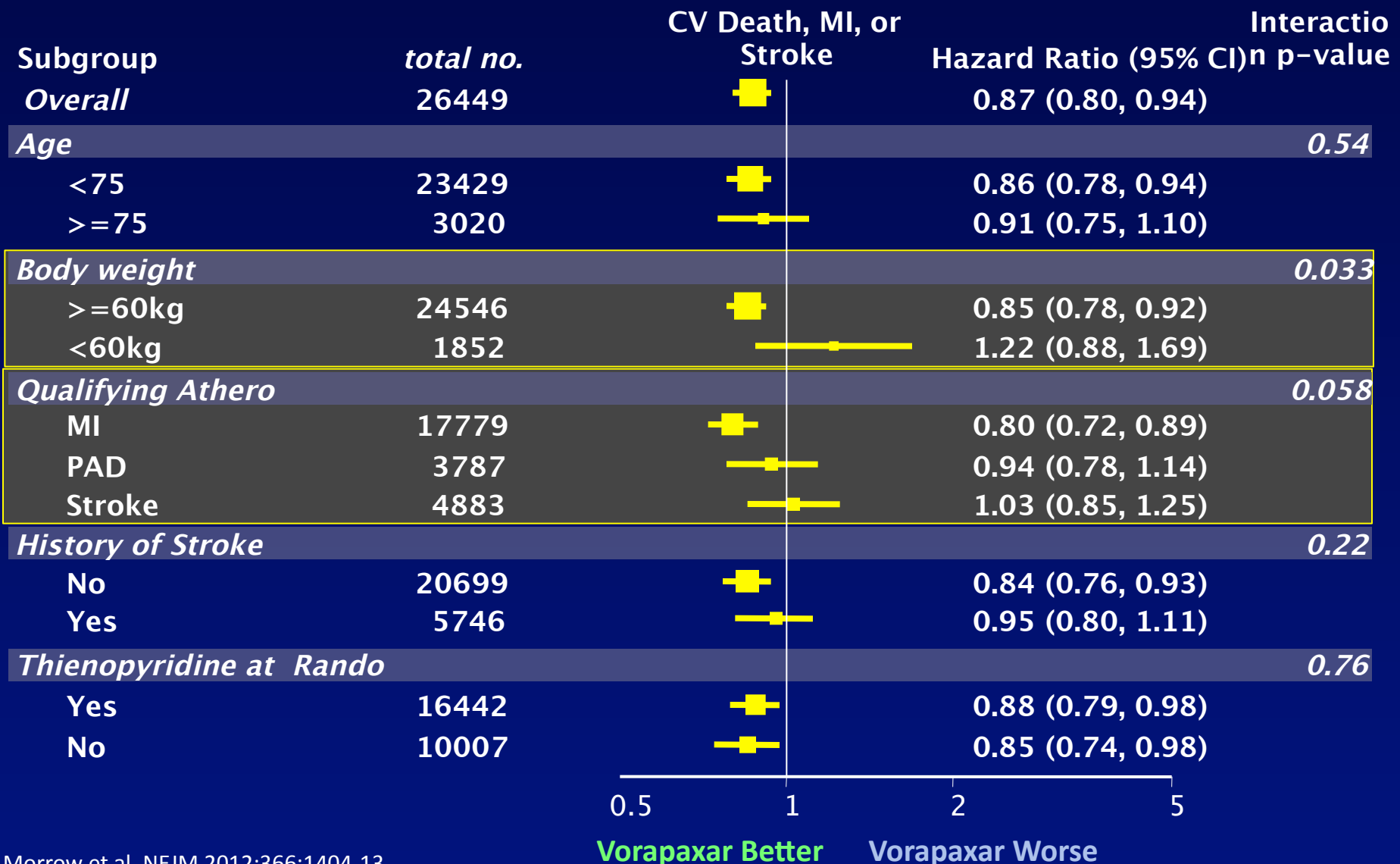
New Trial Data

- **OPTIMIZE** – Shorter DAPT may be OK w/ low risk pts, 2nd gen drug-eluting stent (DES)
- **ATLANTIC** – Ticagrelor pretreatment may reduce stent thrombosis
- **Vorapaxar** – Now approved for post-MI patients, PAD patients
- **ENGAGE AF TIMI 48** – Edoxaban appears very promising
- **NOAC Meta-Analysis** – NOACs superior to warfarin in afib

Background Therapy

		Placebo (N = 13224)	Vorapaxar (N = 13225)
<i>Antiplatelet Therapy, %</i>			
Qualifying MI	Aspirin	98	98
	Thienopyridine	78	78
PAD	Aspirin	88	88
	Thienopyridine	37	37
Stroke	Aspirin	81	81
	Thienopyridine	24	24
	Dipyridamole	19	20
<i>Other Medications at Enrollment</i>			
Lipid-lowering agent (%)		92	91
ACEI or ARB (%)		75	74
Beta-blocker (qualifying MI)		84	84

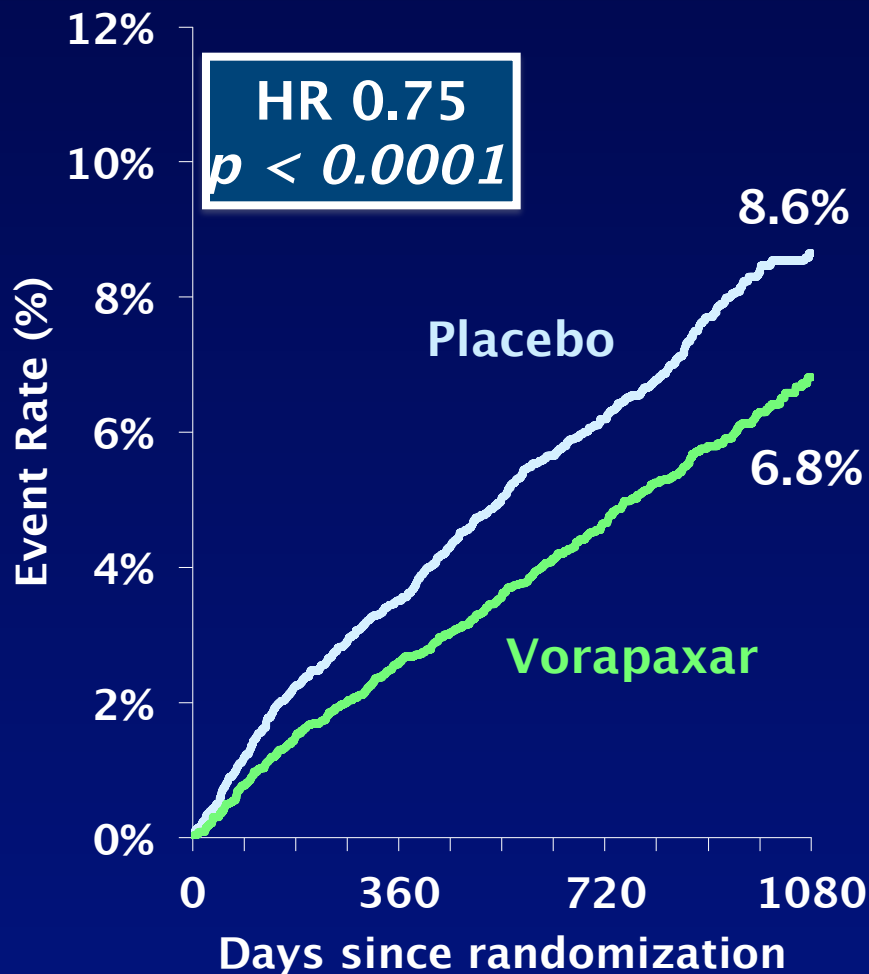
CV Death, MI, or Stroke in Major Subgroups



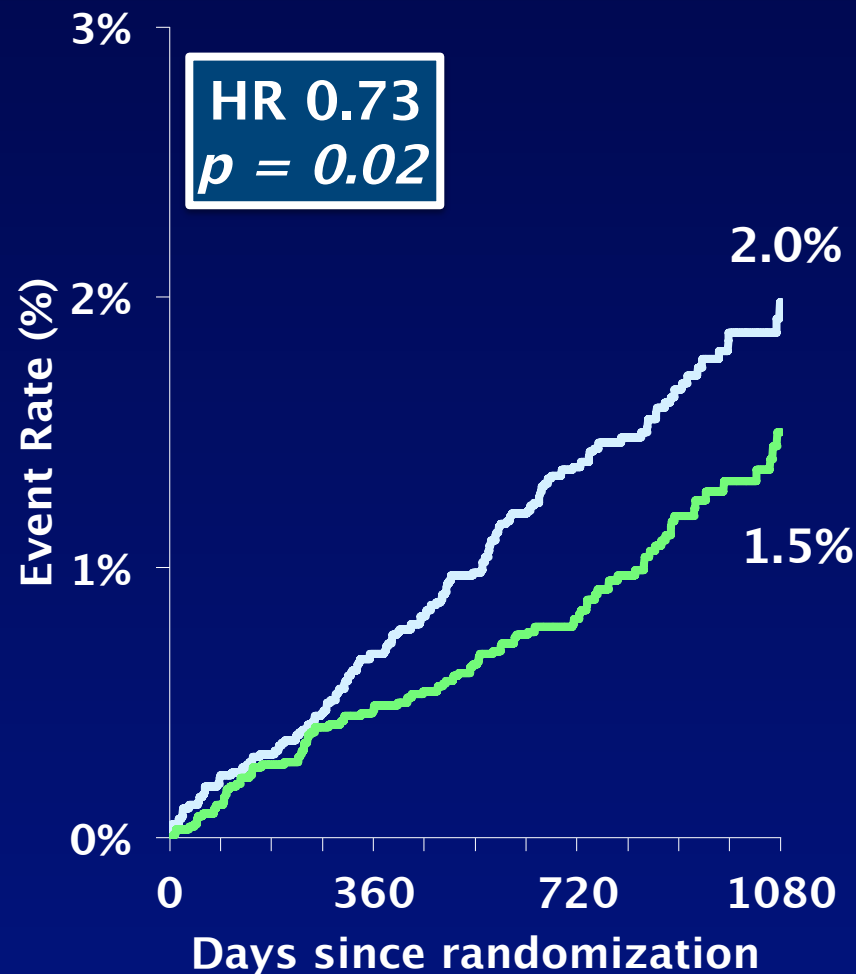
Primary Efficacy Evaluation

Low Bleeding Risk Cohort* (N= 14,909)

CV Death, MI, or Stroke

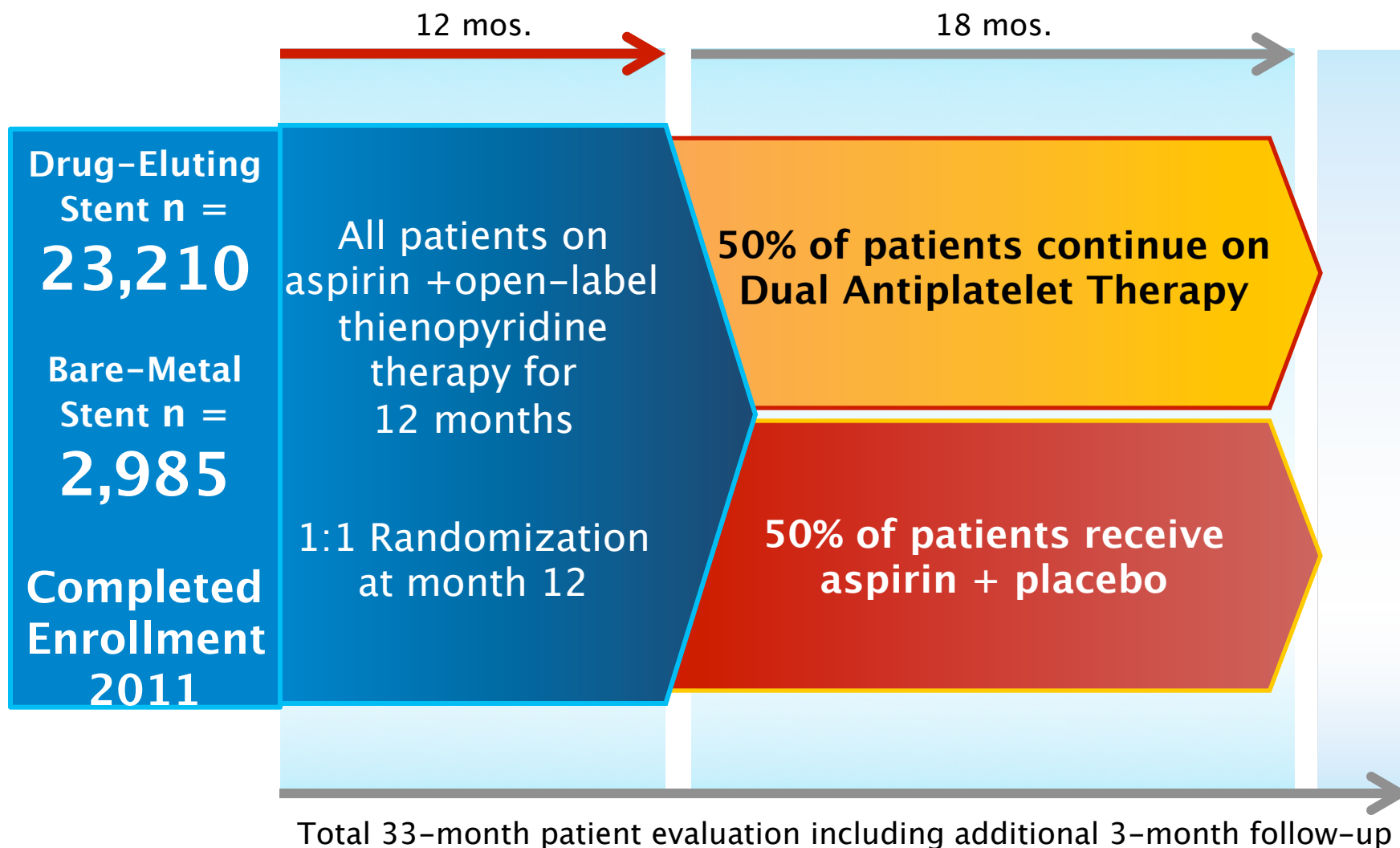


CV Death



*Age <75 y, no h/o stroke/TIA, wt ≥60 kg

DAPT: Design



PEGASUS – TIMI 54

$N \sim 21,000$

Stable pts with history of MI 1–3 yrs prior
+ ≥ 1 additional atherothrombosis risk

factor*

* Age ≥ 65 yrs, diabetes, 2nd prior MI, multivessel CAD, or chronic non-end stage renal dysfunction

RANDOMIZE
DOUBLE BLIND

Planned treatment with ASA 75 – 150 mg &
Standard background care

Ticagrelor
90 mg bid

Ticagrelor
60 mg bid

Placebo

Follow-up Visits
Q4 mos for 1st yr, then Q6 mos

Min 12 mos and median 26 mos follow-up
Event-driven trial

Primary Efficacy Endpoint: CV Death, MI, or
Stroke

Primary Safety Endpoint: TIMI Major Bleeding

THEMIS

Design and main eligibility criteria

*Type 2 diabetes; men and women ≥ 50 years
 ≥ 6 months glucose-lowering drug treatment
At high risk for CV events*
No previous MI or stroke
No planned use of ADP receptor antagonist
or planned revascularisation*

*Low-dose ASA background
therapy based on individual risk*

** At high risk of CV events
defined as history of PCI
or CABG or angiographic
evidence of $\geq 50\%$ lumen
stenosis of at least 1
coronary artery*

Ticagrelor

Placebo

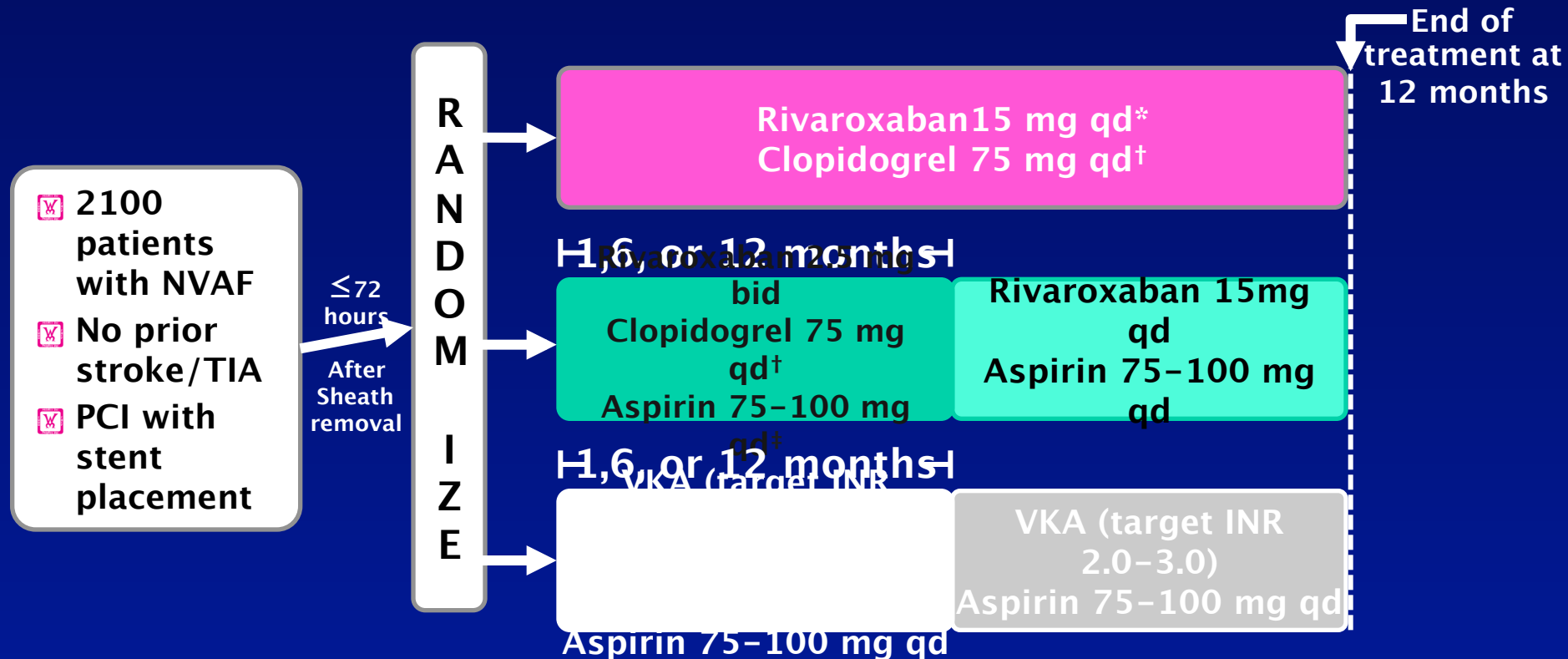
Event driven study; 750 CV events required. 2 years mean follow-up. (n=17 000)

Primary endpoint : Composite of CV death, MI or stroke

Secondary endpoint: Composite of all-cause death, MI or stroke; CV death; All-cause death

Primary safety: TIMI Major bleeding

Rivaroxaban Use in Patients with AF Undergoing PCI: PIONEER AF-PCI



- Primary endpoint: TIMI major, minor, and bleeding requiring medical attention
- Secondary endpoint: CV death, MI, stroke, and stent thrombosis

Rivaroxaban dosed at 10 mg once daily in patients with CrCl of 30 to <50 mL/min.

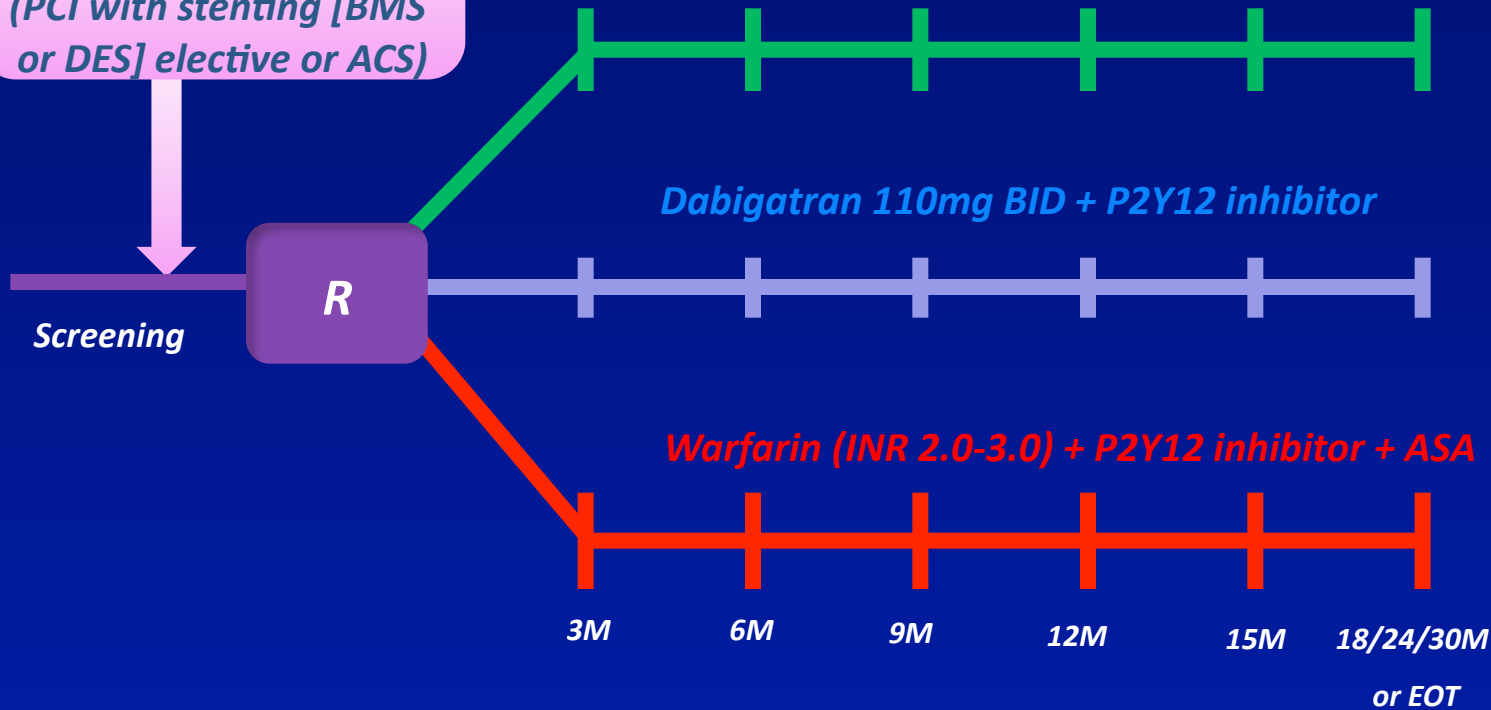
†Alternative P2Y₁₂ inhibitors: 10 mg once-daily prasugrel or 90 mg twice-daily ticagrelor.

‡Low-dose aspirin (75–100 mg/d).

RE-DUAL PCI: Study in NVAF Patients Undergoing PCI

Worldwide Event Driven Trial

Paroxysmal, persistent,
or permanent NVAF
(PCI with stenting [BMS
or DES] elective or ACS)



1° End Point

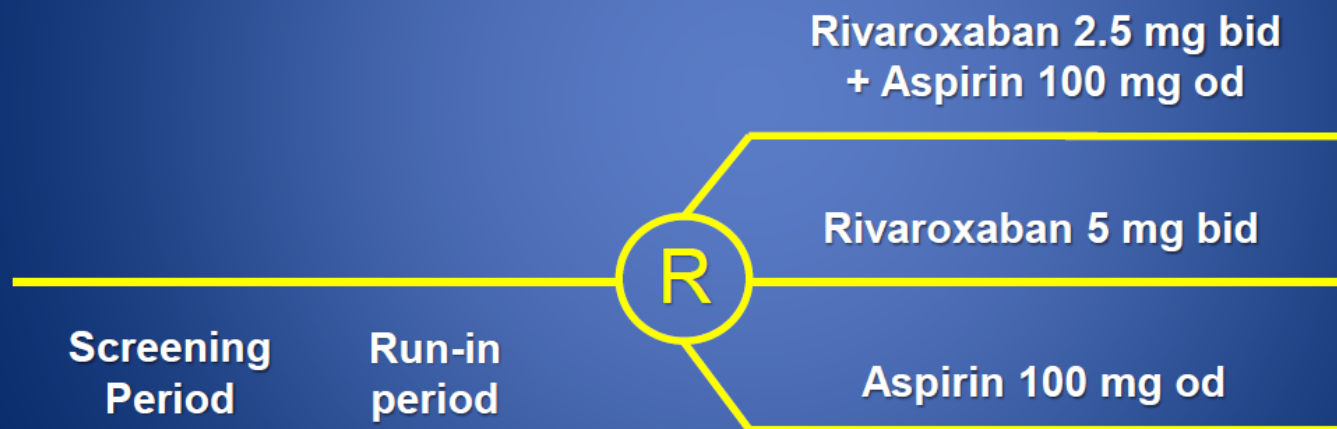
Thrombotic
Event Rate
(Death + MI +
Stroke/SE)

Plus

Clinically Relevant
Bleeding Rate
(ISTH Major)

COMPASS

Rivaroxaban on top of aspirin and versus aspirin
in patients with coronary and/or peripheral artery disease



Primary outcome: MI, Stroke, CV death (n=2,200)
Mean follow up: 3-4 years



BRIGHAM AND
WOMEN'S HOSPITAL

| Heart & Vascular Center |

Thank You!

Deepak L. Bhatt, MD, MPH
*Executive Director of Interventional
Cardiovascular Programs,
BWH Heart & Vascular Center
Professor of Medicine,
Harvard Medical School
1 (857) 307-1992
dbhatt@partners.org*



www.brighamandwomens.org/heart

Late-Breaking Clinical Trials & FDA Update

Lipids

Christie M. Ballantyne, MD

Center for Cardiovascular Disease Prevention

Methodist DeBakey Heart & Vascular Center

Baylor College of Medicine

Houston, Texas

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2. PCSK9 inhibitors
3. CETP inhibitors
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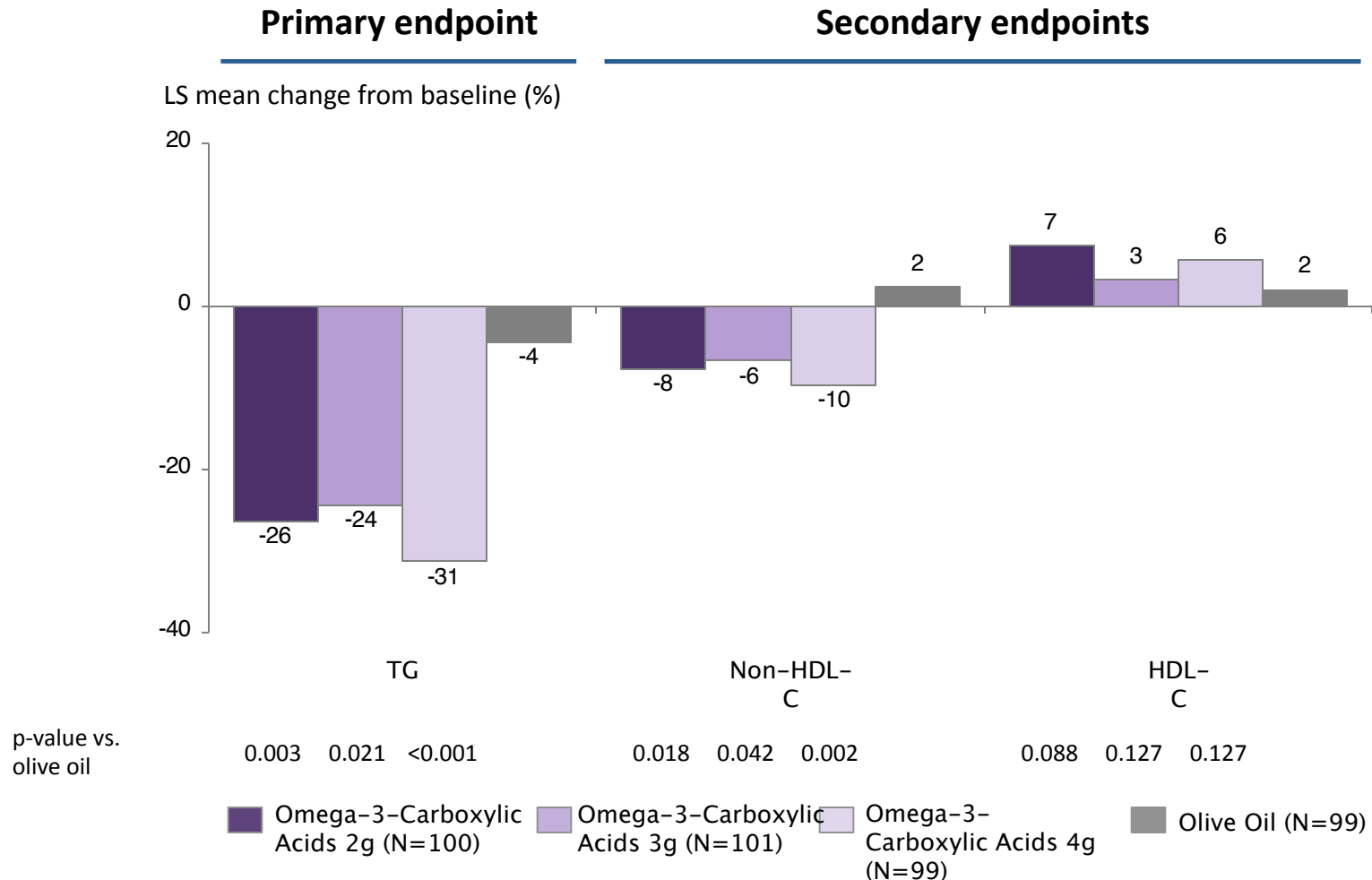
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PCSK9 Inhibitor Race to the Market

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Drug Firms Buy \$67.5 Million Voucher to Speed FDA Review

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By RON WINSLOW and JOSEPH WALKER CONNECT

Updated July 30, 2014 7:21 p.m. ET

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PCSK9 Inhibitors in Development

Investigational Product	Company	Stage of Development
Monoclonal antibodies		
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Evolocumab (AMG 145)	Amgen	Phase III
Bococizumab (PF-0490615, RN316)	Pfizer (Rinat)	Phase III
MPSK 3169A (RG7652)	Genentech (Roche)	Phase II–terminated
LY3015014	Lilly	Phase I
PCSK9 synthesis inhibitor/siRNA		
Alnylam	ALN-PCS02	Phase I
Bristol–Myers Squibb/ Adnexus	BMS-962476 (Adnectin)	Phase I
Small molecule		
Serometrix	SX-PCK9	Preclinical

CETP Outcome Trials

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LpPLA₂ Outcome Trials of Darapladib vs Placebo

- **STABILITY**¹

- 15,828 patients with stable CHD; median follow-up 3.7 years
- No significant differences in **primary endpoint** (time to CV death, MI, or stroke; **9.7% vs 10.4%, HR 0.94, 95% CI 0.85–1.03, P=.20**), individual components, or all-cause mortality
- Additional secondary endpoints reduced with darapladib: major coronary events (9.3% vs. 10.3%; HR 0.90; 95% CI 0.82–1.00; P=0.045) and total coronary events (14.6% vs. 16.1%; HR 0.91; 95% CI 0.84–0.98; P = 0.02)

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- 13,026 patients post ACS; median follow-up 2.5 years
- No differences in **primary endpoint** of major coronary events (CHD death, MI, or urgent coronary revascularization; **16.3% vs 15.6%, HR 1.00, 95%CI 0.91–1.09, P=.93**) or secondary endpoints

- **Conclusion:** In CHD patients treated with guideline-recommended medical therapy, addition of darapladib did not

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ETC-1002

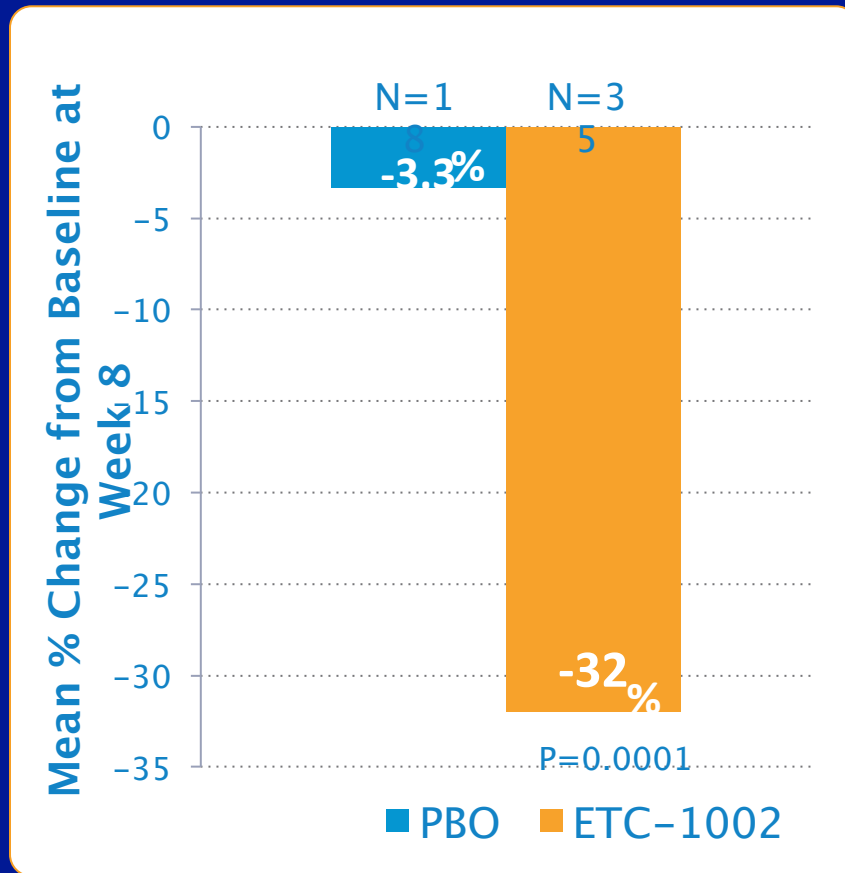
Pharmacologic Properties

- Oral, once-daily small molecule
- Half-life: 15-24 hours
- Target organ: Liver
 - Minimal metabolism in preclinical and clinical studies
 - Primary biliary and minimal kidney excretion
- No competitive liver uptake with statins (e.g. OATP1B1)
- MOA: Inhibits ATP-citrate lyase (ACL) and activates AMP-activated protein kinase (AMPK)

ETC-1002-006 Efficacy in statin intolerant patients

LDL-C Mean Change From Baseline to Week 8

LDL-C



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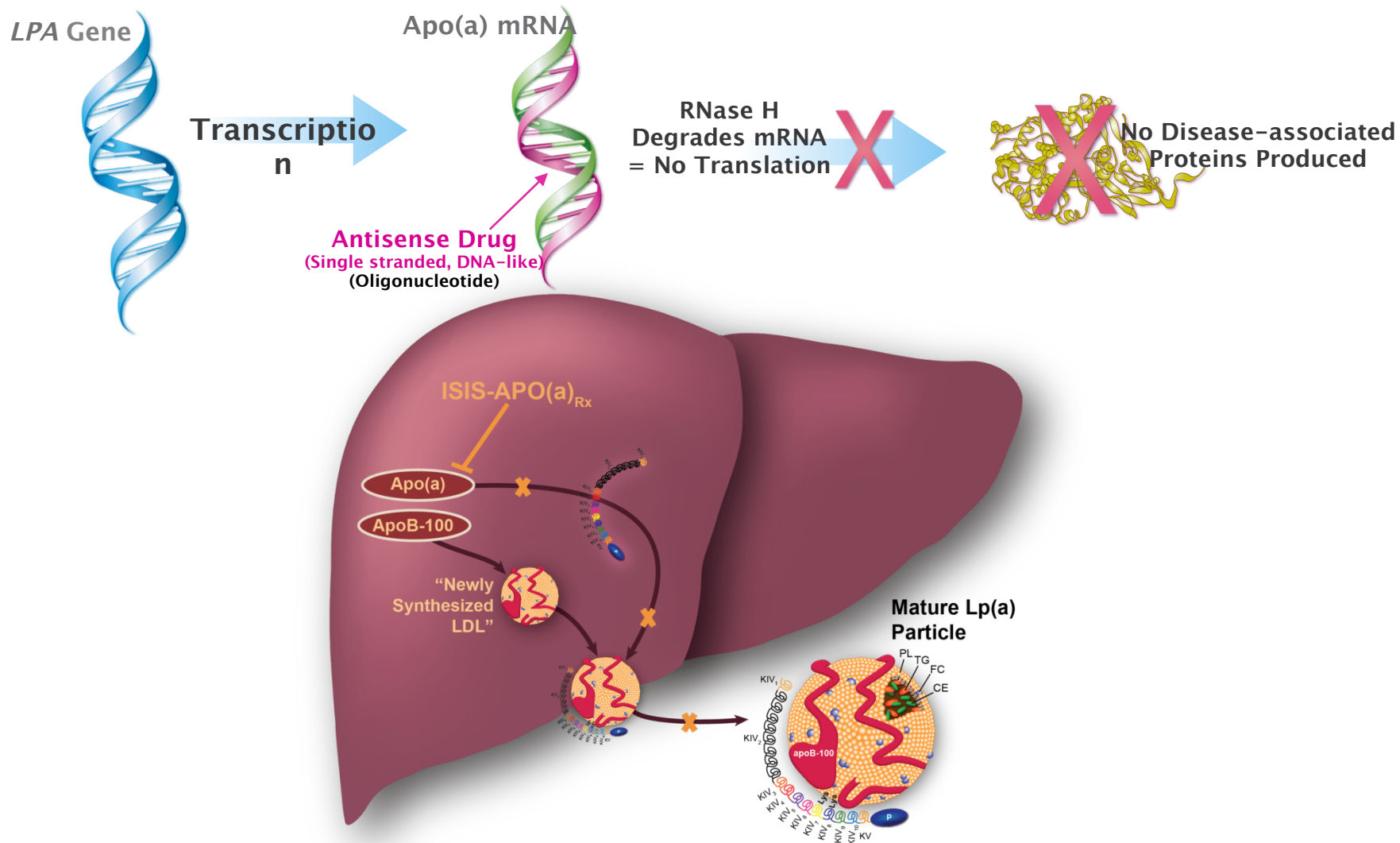
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Treatment Emergent Occurrences	Number (%) of Patients	
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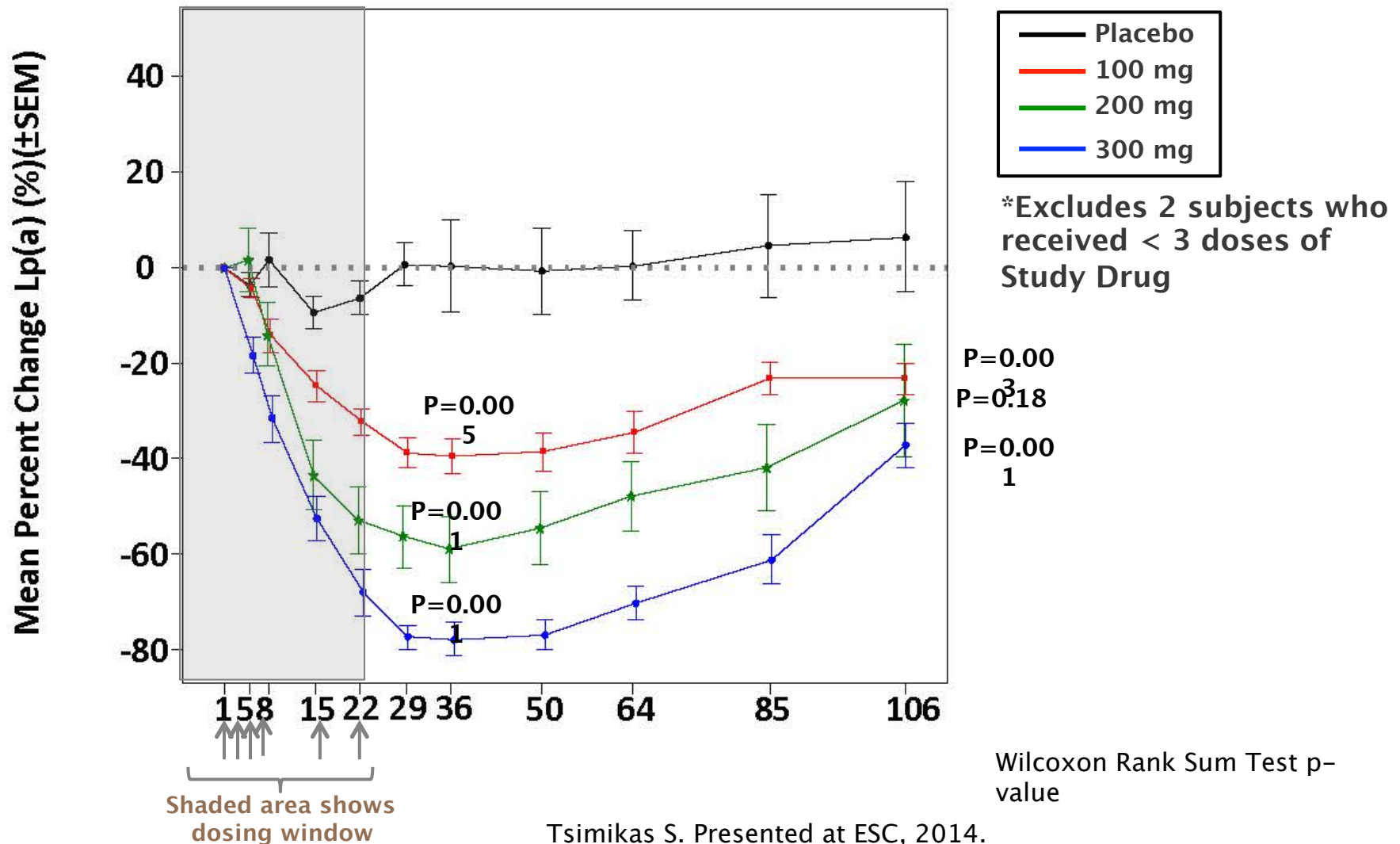
ISIS-APO(a)_{Rx}

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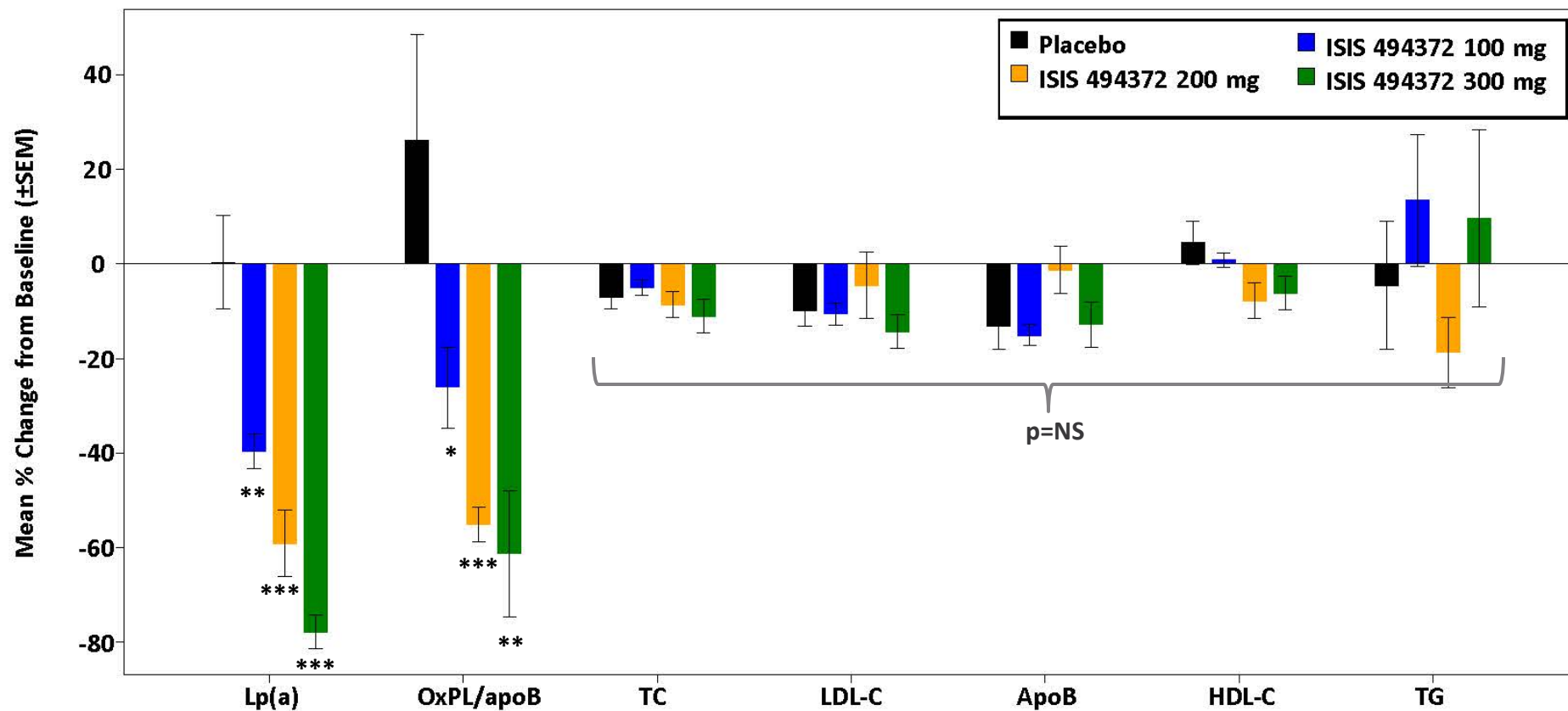


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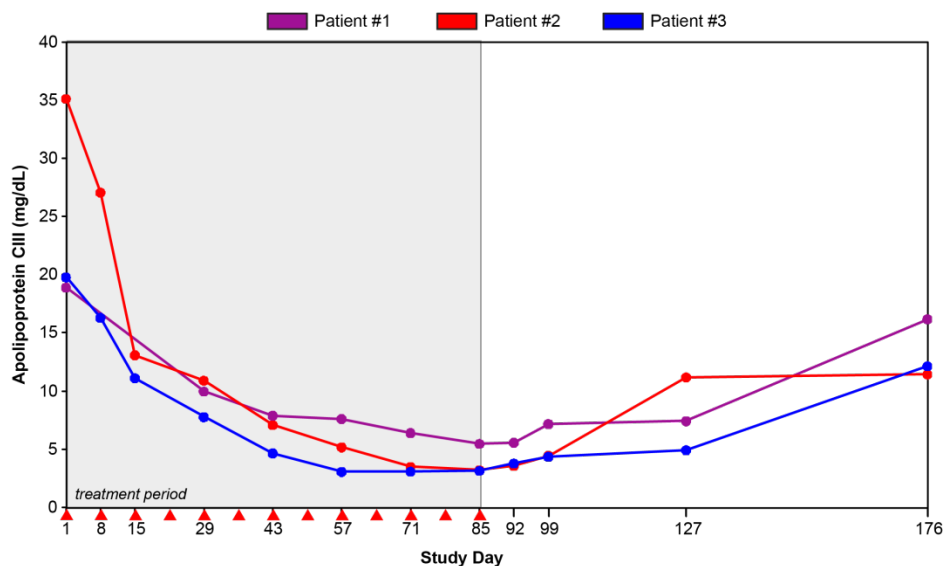


* p=0.02
** p \leq 0.008
*** p=0.001

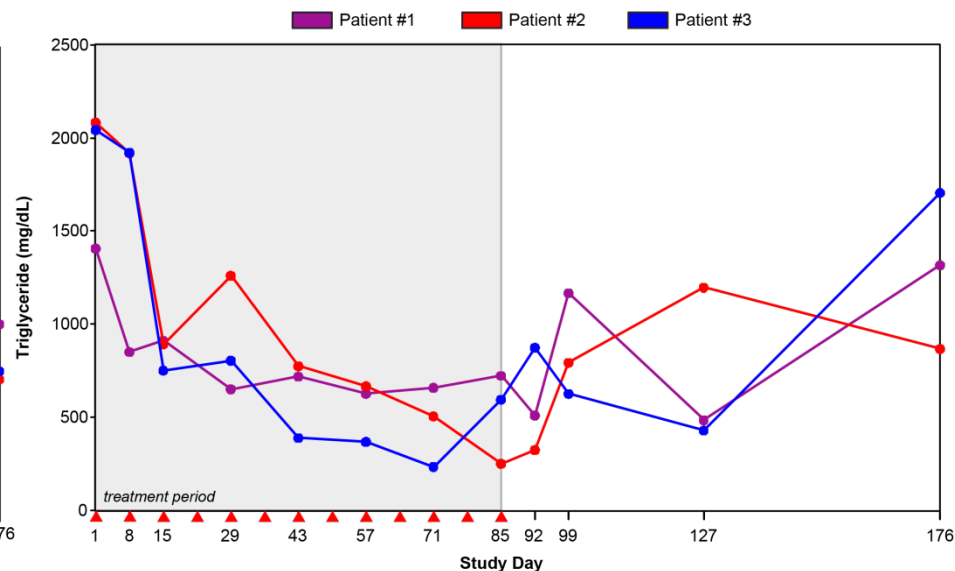
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	2	35.1	3.4	-31.7	-90.4
	3	19.8	3.5	-16.3	-82.5

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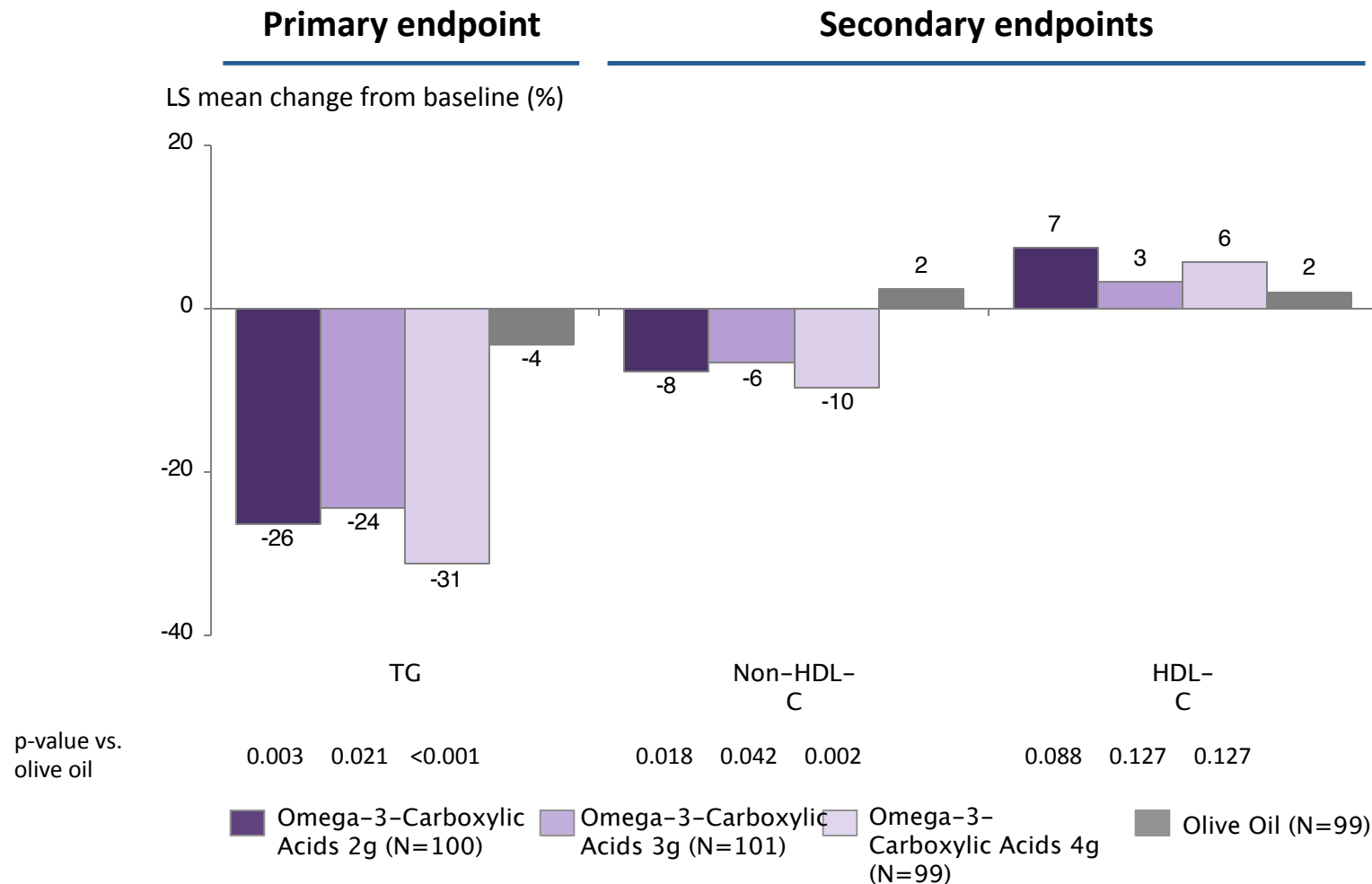
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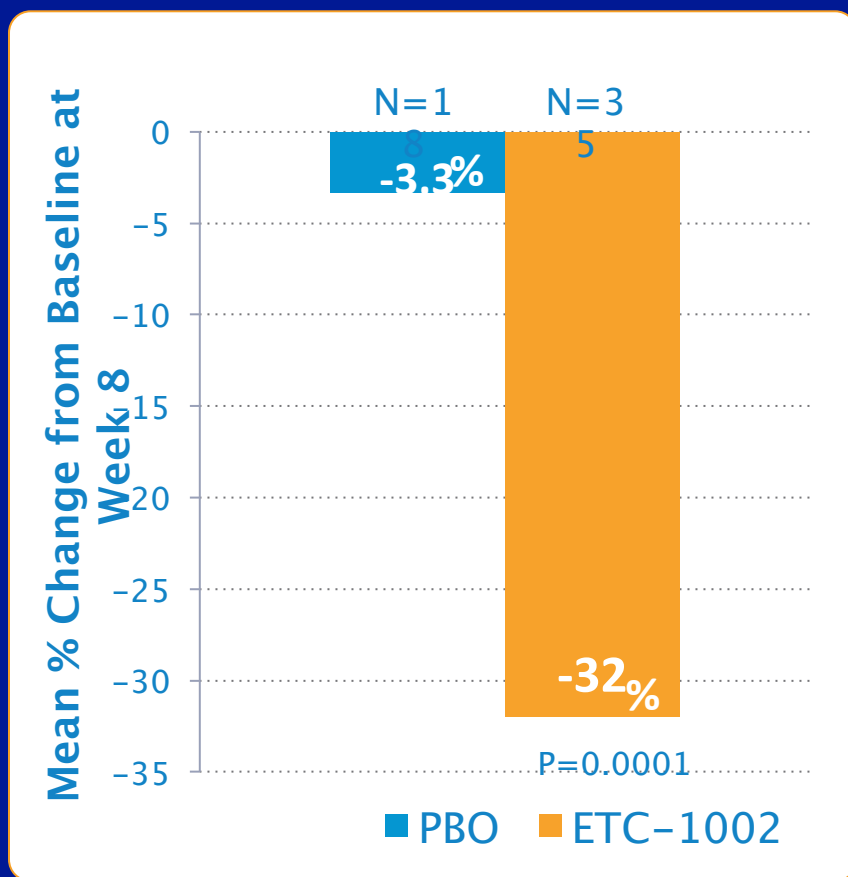
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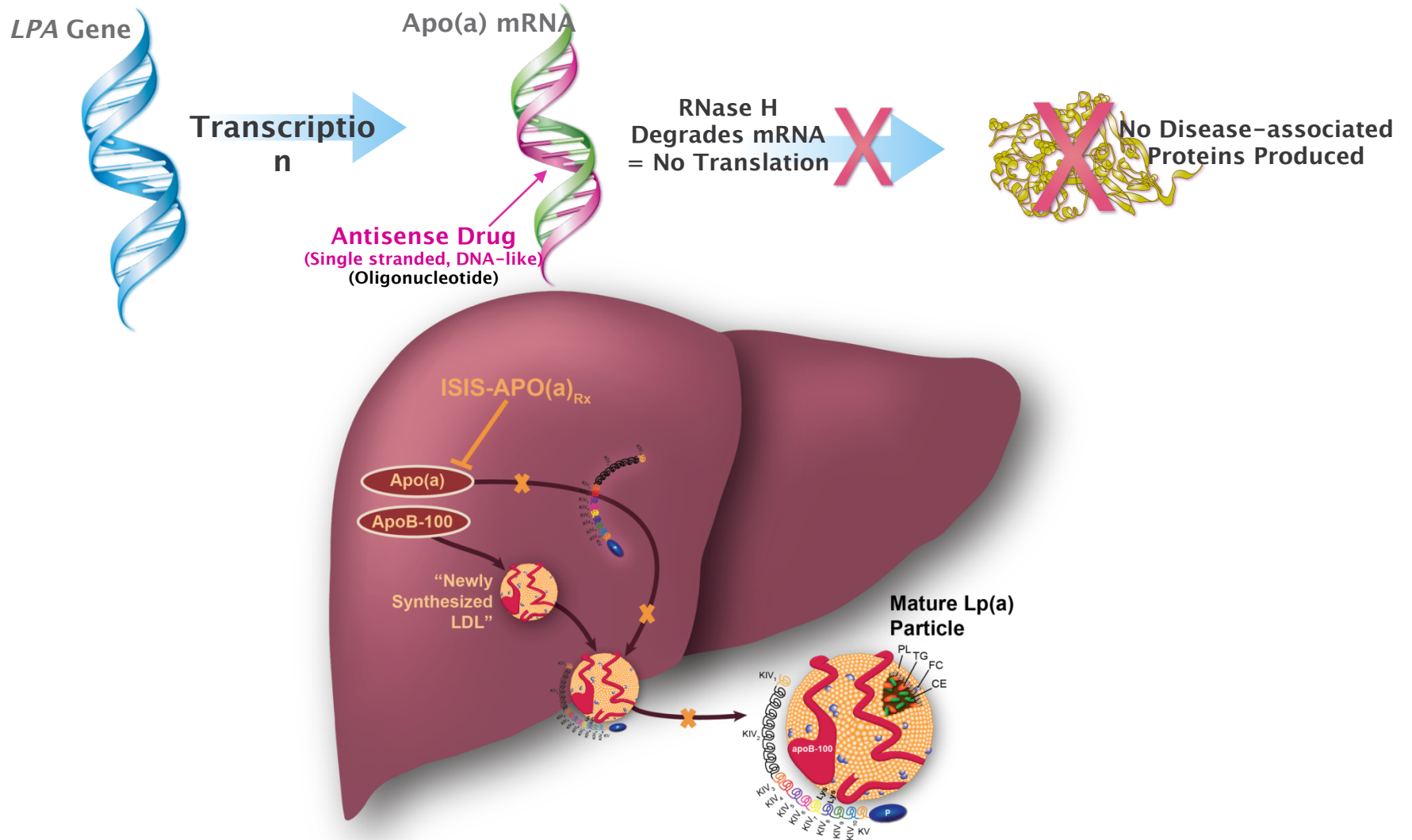
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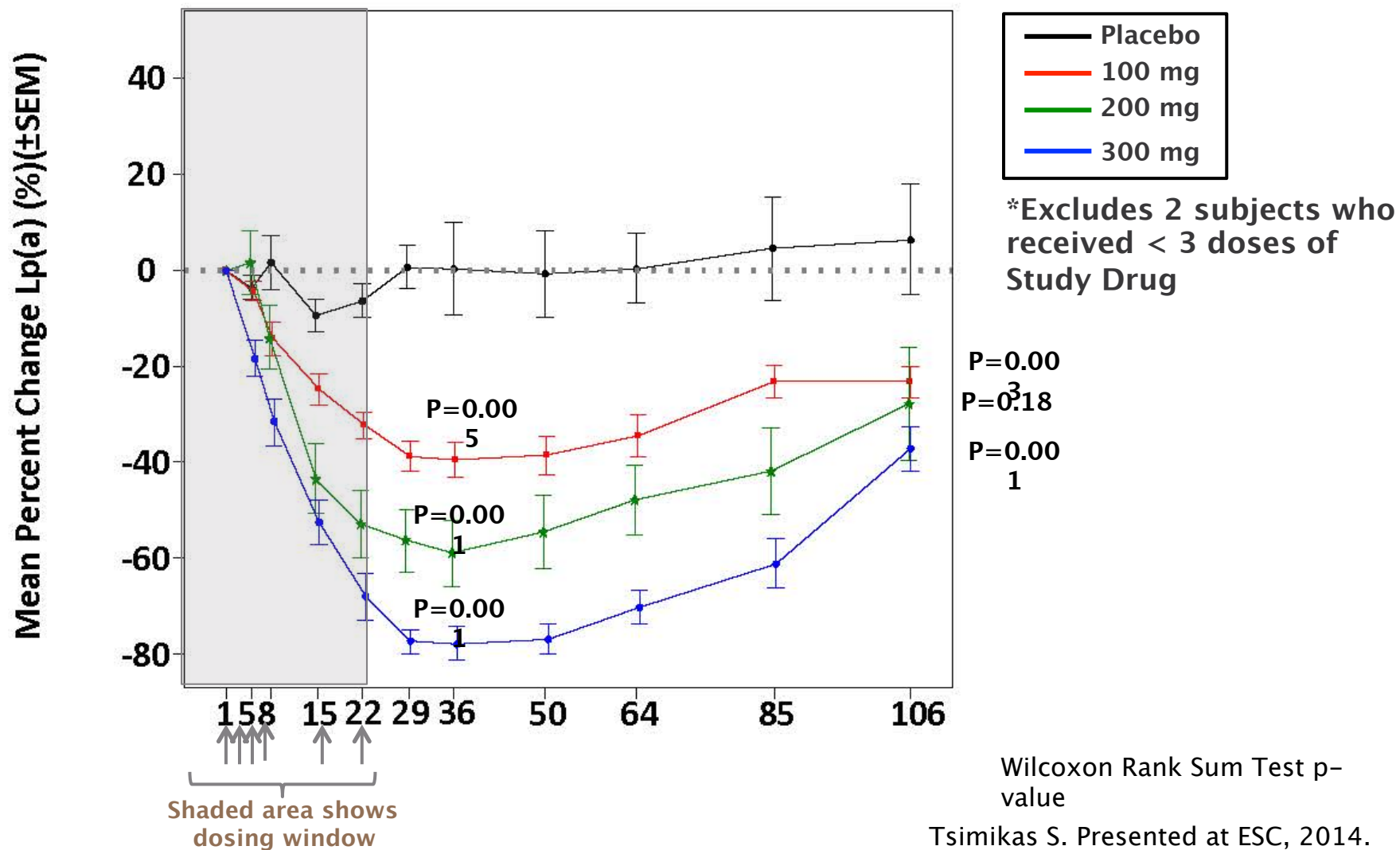
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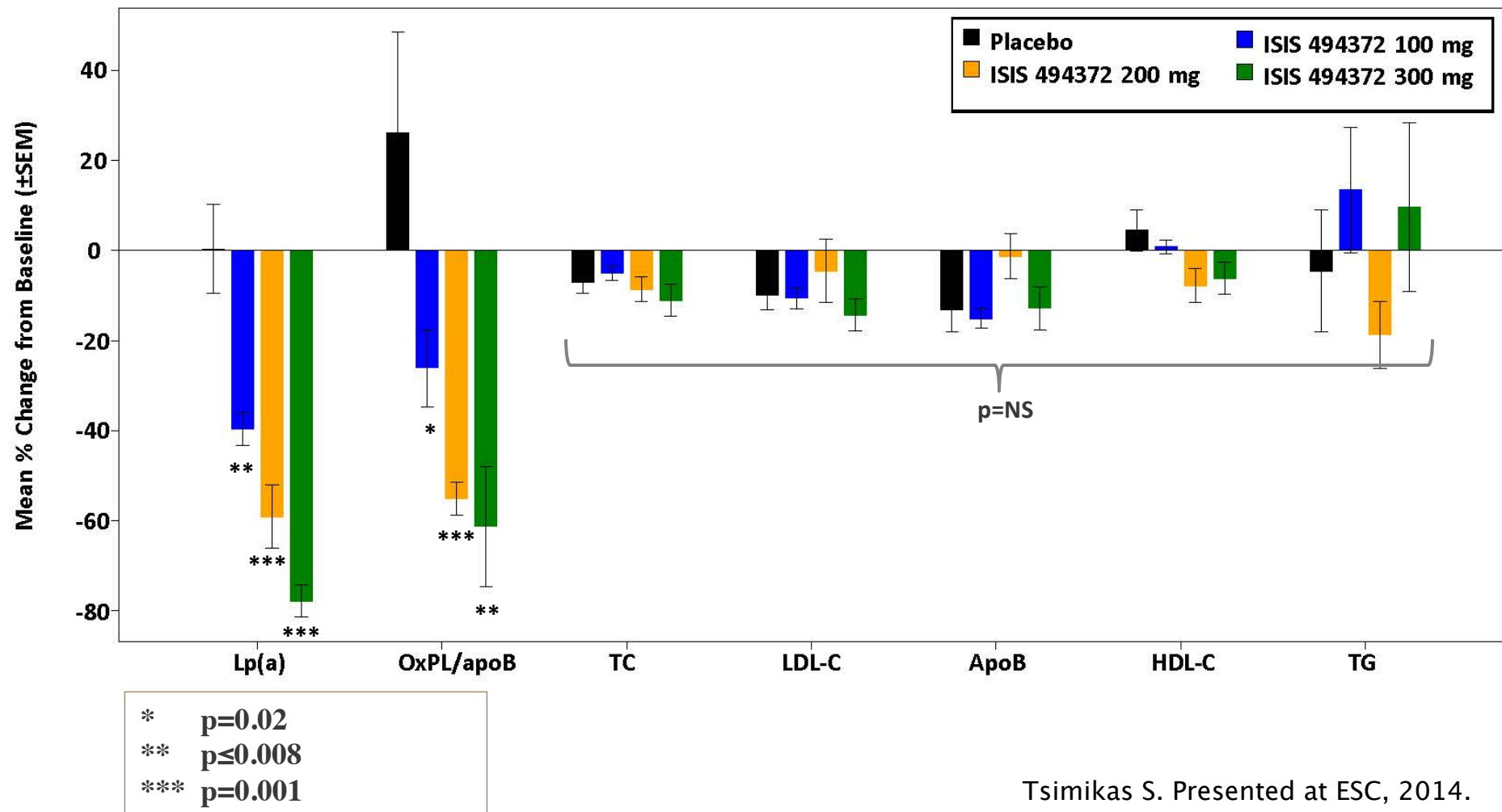


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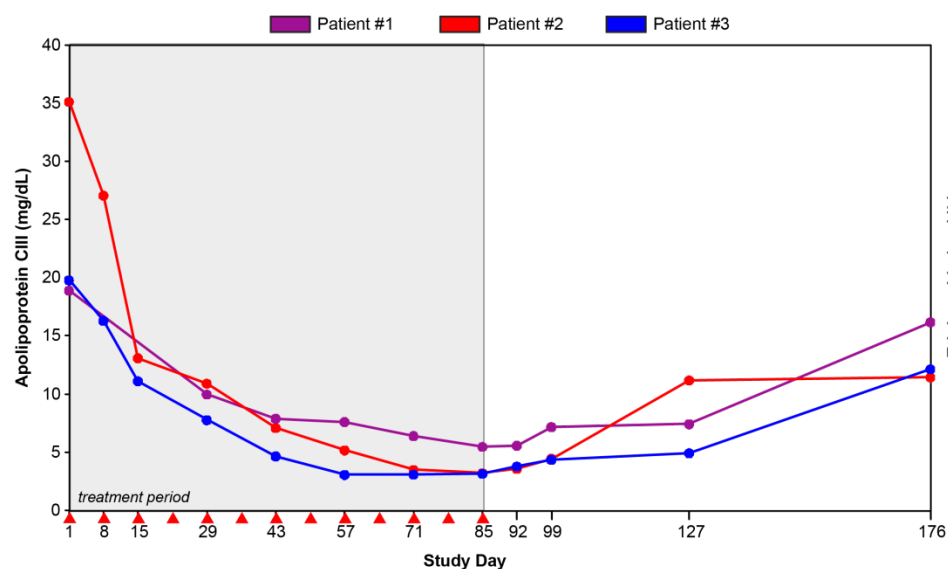


Tsimikas S. Presented at ESC, 2014.

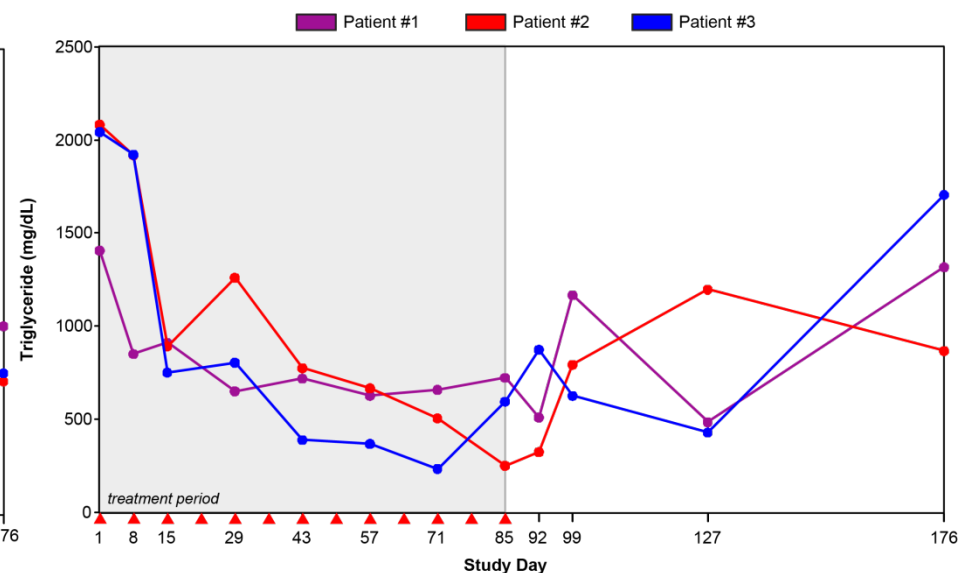
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