CODING SEXUAL MEDICINE

Susan Kellogg Spadt PhD,CRNP,IF, FCST

Director: Female Sexual Medicine

Academic Urology Center for Pelvic Medicine

Bryn Mawr, Pa

Professor: OBGYN

Drexel University College of Medicine

Professor: Human Sexuality

Widener University

E-mail: doctorkellogg@yahoo.com

DISCLOSURES

- Speaker / Ad Board
 - Shionogi
 - Neogyn
 - Novo Nordisk
 - Sprout
 - Semprae

OBJECTIVES

 Identify appropriate codes used in the treatment of female sexual dysfunction

 Utilize ICD and CPT codes in practice to optimize reimbursement

NOTE:

Every reasonable effort has been made to ensure the accuracy of information in this presentation. However, the ultimate responsibility for compliance with Medicare rule and regulations lies within the provider of services.

DIAGNOSIS CODES

DSM-5=

Mental, Behavioral and Neurodevelopmental Disorders

 V_{S}

ICD-10=
Symptoms, Signs and Ill-Defined
Conditions

DSM-IV-TR

DSM-5

Hypoactive Sexual
Desire Disorder
Female Sexual Arousal
Disorder
Female Orgasmic
Disorder
Dyspareunia
Vaginismus

Female Sexual Interest/Arousal Disorder Female Orgasmic Disorder Genito-pelvic pain/penetration Disorder

DSM-5 REVISIONS

- Sexual aversion deleted
- Dyspareunia/ vaginismus merged:
- Genito-pelvic pain/penetration disorder GPPPD
- Desire and arousal merged: FSIAD
- Must experience condition 75-100% of the time
- Minimum duration of 6 months
- Disorder causes "significant distress"
 - "Interpersonal difficulty" removed
- The disorder NOT better explained by:
 - o nonsexual mental disorder
 - consequence of severe relationship distress
 - other significant stressors
- Specifiers severity scale: mild, moderate or severe.

CODING ICD-10-CM OCTOBER 2015!

ICD-10-CM

- First character alphabetic:
- E codes 'Endocrine, Nutritional and Metabolic Diseases'
- F codes 'Mental, Behavioral, and Neurodevelopmental Disorders'
- o L codes 'Diseases of the Skin and Subcutaneous Tissue'
- o M codes 'Diseases of the Musculoskeletal System and Connective Tissue'
- o N codes 'Diseases of the Genitourinary System'
- R codes 'Symptoms, Signs and Abnormal Clinical and Laboratory Findings'

INTEREST/AROUSAL DISORDERS

Hypoactive Sexual Desire Disorder 302.71 Low libido 799.81

ICD-10

Hypoactive Sexual Desire Disorder F52.0 Low libido R68.82

Psychosexual Dysfunction, NEC 302.71

ICD-10

Sexual Aversion Disorder F52.1

Inhibited Sexual Excitement 302.71 Symptoms Associated with Female Genital Organs, NEC 625.8

ICD-10

Female Sexual Arousal Disorder F52.22* Vaginal Dryness (other specified conditions a/w female genital organs) N94.89

Female Orgasmic Disorder 302.73

ICD-10

Female Orgasmic Disorder F52.31

ADDITIONAL CODES TO SUPPORT LABWORK:

Symptomatic menopausal states

627.2 N95.1

Premenstrual tension syndromes

625.4 N94.3

Fatigue

780.79 R53.83

Endocrine disorder, unspecified (low T)

259.9 E34.9

PAIN DISORDERS

Dyspareunia 625.0

Pelvic congestion syndrome 625.5

ICD-10

Dyspareunia not due to a substance or known physiological condition F52.6

Dyspareunia N94.1

Vaginismus 625.1

ICD-10

Vaginismus not due to a substance or known physiological condition F52.5

Vaginismus N94.2

ADDITIONAL PAIN CODES

Vulvodynia

625.70 N94.818/9

Vulvar Vestibulitis

625.71 N94.810

Atrophic Vaginitis

627.3 N95.2

Pelvic/Perineal Pain

625.9 R10.2

Pain in joint, pelvic region and thigh 719.45 M25.559

ADDITIONAL CODES TO SUPPORT PHYSICAL THERAPY:

Weak PFMs

618.89

N81.89

Muscular Wasting and Disuse Atrophy

728.2

M62.50

Generalized Muscle Weakness

728.87

M62.81

Levator Spasm

781.0

R25.2

Spasm of Muscle

728.85

M62.838

Lumbago

724.0

M54.5

Unspecified Disorder of Muscle, Ligament or Fascia

728.9

M62.9

OFFICE VISITS (BASED ON TIME IF > 50% COUNSELING):

Follow up: New:

Level 1: 5min 10min

Level 2: 10min 20min

Level 3: 15min 30min

Level 4: 25min 45min

Level 5: 40min 60min

CPT CODES

Wet Prep 87210 pH 83986 Genital Culture (specimen handling) 99000 Trigger Point Injections <3 muscles 20552 3+ muscles 20553 Colposcopy Vulva 56820 Vulva with biopsy 56821 Entire vagina with cervix if present 57420 Entire vagina with cervix if present with biopsy 57421 Biopsy Vulva/perineum 56605 Additional lesions of vulva/perineum 56606 Vagina 57100 Extensive biopsy of vagina requiring suturing 57105 Perineometry (biofeedback) 90911

Modifiers

- 22: Increased Procedural Service requiring work substantially greater than typically required
- 23: Unusual Anesthesia: Occasionally, a procedure, which usually requires either no anesthesia or local anesthesia, because of unusual circumstances must be done under general anesthesia.
- 24: Unrelated evaluation and management (E/M) service by the same provider* during a postoperative period
- 25: Significant, separately identifiable evaluation and management (E/M) service by the **same provider*** on the day of a procedure
- 26: Professional Component refers to certain procedures that are a combination of a physician component and a technical component. Using modifier 26 identifies the physician's component.
- 50: bilateral procedures performed during the same session on an anatomical site
- 51: Multiple surgeries performed on the same day, during the same surgical session and/or Diagnostic Imaging Services Subject to the Multiple Procedure Payment Reduction that are provided on the same day, during the same session by the same provider
- 52: Reduced Service reports a partially reduced or eliminated service or procedure
- 53: Provider elected to terminate a surgical or diagnostic procedure due to the patient's well-being.

REFERENCES

- -Basson R, et al. 2000. Report of the international consensus development conference on female sexual dysfunction: definitions and classifications. Journal of Urol.ogy; 163:888-893 / 1998 AFUD Consensus Panel -ICD-9-CM professional edition. USA: Elsevier/American Medical Association; 2013.
 - -ICD-10-CM The complete official draft code set. USA: American Medical Association; 2014.
 - -Ishak W, Tobia G. 2013. DSM-5 Changes in Diagnostic Criteria of Sexual Dysfunctions. Reproductive System & Sexual Disorders; 2:2

Special thanks to Brooke Faught for her assistance with slides

SPECIAL THANKS TO YOU FOR YOUR ATTENTION!